

<b>Prevention Strategies by Developmental Stage (Infancy through Adolescence) and Ecological Context</b> <b>Children's Safety Network (CSN) National Injury and Violence Prevention Resource Center</b> <b>National Child Death Review Resource Center</b>					
Ecological Context	Infant (age <1)	Toddler & Preschool Years (ages 1-4)	Childhood (ages 5-9)	Tween (10-14)	Adolescence (ages 15-19)
Individual		<ul style="list-style-type: none"> <li>Participate in fire safety education programs (i.e. I Spot Something Hot)</li> <li>Tell a parent or an adult if touched inappropriately by another person (across all ages)</li> </ul>	<ul style="list-style-type: none"> <li>Learn fire safety (i.e. stop, drop &amp; role )</li> <li>Learn respect for others and self</li> </ul>	<ul style="list-style-type: none"> <li>Stranger Danger Awareness</li> <li>On-line Safety awareness</li> <li>Learn not to bully others &amp; be a good bystander</li> </ul>	<ul style="list-style-type: none"> <li>Learn CPR</li> <li>Mentor younger kids</li> <li>Negotiate safe driving agreements with parents</li> <li>Take a safe baby-sitting class.</li> </ul>
		<ul style="list-style-type: none"> <li>Learn pedestrian safety - Hold hand when crossing street, look both ways, don't play behind cars</li> <li>Use child restraints (i.e., safety seats &amp; booster seats)</li> <li>Learn what to do in an emergency (911, get parent, follow instructions from teachers/parents)</li> </ul>	<ul style="list-style-type: none"> <li>Use seat belts</li> <li>Wear properly fitted safety gear (i.e., motorcycle helmets, bicycle helmets, ATV helmets, gloves, leather, boots, etc.)</li> <li>Participate in alcohol and other illegal drug education.</li> </ul>		
		<ul style="list-style-type: none"> <li>Wear appropriate, properly fitted exercise and sports gear including</li> <li>Use properly fitted bicycle helmets</li> <li>Use Personal Floatation Devices when boating</li> <li>Bullying prevention – learn respect for others</li> </ul>			
Family	<ul style="list-style-type: none"> <li>Prevent Choking (i.e.no toy or items small enough to fit through toilet paper tube)</li> <li>Water safety (i.e., supervise bathing,</li> <li>Ensure safe sleep (i.e., safe cribs, back to sleep, separate sleep environment)</li> <li>Do not shake babies</li> <li>Parenting classes</li> <li>Learn infant CPR</li> </ul>	<ul style="list-style-type: none"> <li>Teach safe pedestrian safety – hold hand when crossing street, look both ways, not to play behind cars)</li> <li>Teach what to do in an emergency (911, get parent, follow instructions from teachers/parents)</li> </ul>	<ul style="list-style-type: none"> <li>Use booster seats</li> <li>Provide safe routes to school</li> </ul>	<ul style="list-style-type: none"> <li>Mandate seat belts use</li> <li>Monitor computer use</li> </ul>	<ul style="list-style-type: none"> <li>Support home-school partnership programs to promote parental involvement</li> <li>Enforce zero tolerance alcohol policies</li> <li>Support graduated drivers licensing programs with parent support provisions</li> <li>Implement GDL laws in your community</li> </ul>

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Family (con't)	<ul style="list-style-type: none"> <li>• Use approved, correctly installed child restraints (i.e., safety seats &amp; booster seats)</li> <li>• Provide a safe home environment (lower water temperatures, remove poisonous plants, install smoke and CO alarms, padded furniture corners, cabinet locks, decrease fall hazards; use window guards, remove access to firearms, fire safe clothing, poisons/prescriptions/alcohol )</li> <li>• Become familiar with the CPSC Playground Safety Guidelines (should go across to all ages)</li> <li>• Develop and practice fire safety and disaster plans (across all ages)</li> <li>• Do not leave children in cars alone</li> </ul>		<ul style="list-style-type: none"> <li>•</li> </ul>		<ul style="list-style-type: none"> <li>• Learn about Graduated Driver's Licensing and how to implement it.</li> </ul>
	<ul style="list-style-type: none"> <li>• Create safe home &amp; community play areas that are age appropriate.</li> <li>• Educate for dog bite prevention – do not approach unknown dogs.</li> <li>• Train children to dial 9-1-1 in an emergency and know what to tell the operator.</li> </ul>			<ul style="list-style-type: none"> <li>• Learn about signs of suicidal ideation and where to get help.</li> <li>• Provide information about teen dating violence prevention</li> <li>• Teach dangers of prescription medications and keep out of reach</li> </ul>	
			<ul style="list-style-type: none"> <li>• Provide and use properly fitting safety gear (i.e. helmets, knee pads, wrist and shin guards, etc.)</li> <li>• Be involved with the school in creating a safe school environment</li> <li>• Maintain oversight of computer use to reduce cyber-bullying and other forms of harassment</li> <li>• Advocate for training on cyber bullying and its prevention</li> <li>• Know the signs of concussion and who to contact for assessment</li> <li>• Limit exposure to media violence</li> </ul>		
		<ul style="list-style-type: none"> <li>• Provide properly fitted bicycle helmets/require use whenever riding</li> <li>• Require use of personal floatation devices when boating</li> <li>• Do not bully others and be a good bystander</li> </ul>			
	<ul style="list-style-type: none"> <li>• Reduce access to poisons and prescription medications and clearly post the 1-800- 222-1222 poison control center number.</li> <li>• Install 4-sided fencing on pools (house is not considered one side)</li> <li>• Install working smoke alarms and carbon monoxide detectors (check monthly)</li> <li>• Keep all guns unloaded and locked and away from access from all family members in the home</li> <li>• Contact policy-makers to help with safety measures</li> </ul>				

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Community	<ul style="list-style-type: none"> <li>• Increase access to prenatal and postnatal services</li> <li>• Increase access to parenting skills training</li> <li>• Provide home visit services to high risk families</li> </ul>	<ul style="list-style-type: none"> <li>• Provide early childhood enrichment programs</li> </ul>	<ul style="list-style-type: none"> <li>• Develop school policies to prevent injuries and violence</li> <li>• Teach by-stander interventions</li> <li>• Require use of protective gear in sports including mouth guards, eye protection &amp; joint protectors</li> </ul>	<ul style="list-style-type: none"> <li>• Train health care professionals in identification and referral of high-risk youth</li> </ul>	<ul style="list-style-type: none"> <li>• Provide mentoring for high-risk youth</li> <li>• Provide education to promote healthy relationships and decrease dating violence</li> <li>• Provide Safe babysitting courses</li> <li>• Provide young worker safety training to students and businesses.</li> <li>• Enforce GDL laws</li> </ul>
	<ul style="list-style-type: none"> <li>• Conduct home hazard assessment and recommend safety changes</li> <li>• Require childcare to follow safety standards and guidelines</li> <li>• Provide infant and booster seat installation sites.</li> <li>• Provide grandparent training in new safety issues such as poisoning, drowning, car seat use, etc.</li> </ul>		<ul style="list-style-type: none"> <li>• Participate in “Safe Routes to School” programs</li> <li>• Provide after-school and recreational programs to extend adult supervision</li> <li>• Create safe havens for children on high-risk routes to and from school</li> <li>• Conduct school-based education to increase use of passenger restraints, seats, and non-use of cell phones for talking and texting</li> <li>• Create a bully free environment in schools and community</li> <li>• Train school nurses, administrators and other school personnel about injury and violence prevention</li> <li>• Require training for coaches, teachers and school health personnel related to concussions (move to community)</li> <li>• Provide social development training in anger management, social skills, and problem-solving</li> </ul>		
		<ul style="list-style-type: none"> <li>• Provide information about teen dating violence prevention programs</li> <li>• Provide gatekeeper training in suicide prevention</li> <li>• Teach conflict resolution/mediation</li> <li>• Include youth in planning and implementing safety interventions</li> </ul>			
	<ul style="list-style-type: none"> <li>• Support Smart Growth initiatives</li> <li>• Institute traffic calming measures</li> <li>• Provide safe pedestrian and bike paths separate from motorized traffic</li> <li>• Provide safe playground and sports facilities. Comply with CPSC Guidelines</li> <li>• Encourage all families to have safety plans</li> <li>• Support Poison Control Center</li> <li>• Provide suicide prevention education for health professionals</li> <li>• Work with policy makers to develop safety measures</li> </ul>				

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Social-Cultural	<ul style="list-style-type: none"> <li>• Adopt recommendations for safe sleep</li> <li>• Require new parents take parenting classes</li> </ul>				<ul style="list-style-type: none"> <li>• Enforce laws prohibiting illegal transfers of guns to youth</li> <li>• Support restrictions on access to alcohol</li> <li>• Support GDL laws and their enforcement</li> <li>• Support enforcement of DWI laws</li> </ul>
	<ul style="list-style-type: none"> <li>• Adopt and enforce child safety seat laws</li> <li>• Enforce product safety standards</li> <li>• Upgrade older playground equipment to ensure safe design</li> </ul>		<ul style="list-style-type: none"> <li>• Support passage and enforcement of bicycle and motorcycle helmet laws</li> <li>• Restrict use of ATV's</li> <li>• Enforce speed limits in vicinity of schools and play areas</li> <li>• Reduce levels of media violence</li> </ul>		
	<ul style="list-style-type: none"> <li>• Support increased use of passenger restraints, seats and non-use of cell phones for texting and talking</li> <li>• Require 4 – sided pool fencing Post life guards at public swimming areas (community)</li> <li>• Enforce spa and pool safety standards (community)</li> <li>• Assure that all education materials and programs are culturally, ethnically and linguistically appropriate to the community</li> <li>• Learn and respect community differences</li> <li>• Require emergency departments to collect injury data in an aggregate form</li> <li>• Mandate use of sprinklers in new or remodeled homes and businesses, and multilevel housing</li> <li>• Become aware of the economic costs of injuries and the savings of implementing prevention measures.</li> <li>• Support Poison Control Centers</li> <li>• Make cars no phone zones</li> <li>• Require suicide prevention education for health providers</li> <li>• Determine methods for agencies to share data for the purpose of prevention (protecting confidentiality)</li> </ul>				

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