



**Youth Suicide Prevention  
Community of Practice, Third Meeting –  
Special Populations in Youth Suicide  
Prevention: Rural and LGBTQ Youth**

**Wednesday, March 28, 2012  
10:30 to 11:30 a.m. Eastern Standard Time**

**Featured Speakers:**

**Barri Faucett and Nathan Belyeu**

**Moderator: Erica Streit-Kaplan**

**On your telephone please dial:**

**1-866-835-7973**

*The webcast will begin shortly. Your phone line is currently muted.*



# Meeting Orientation Slide

- If you are having any technical problems joining the webinar please contact the Adobe Connect at **1-800-422-3623**.
- Type any additional questions or comments into the text box on the middle left hand side of your screen.
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# Introductions

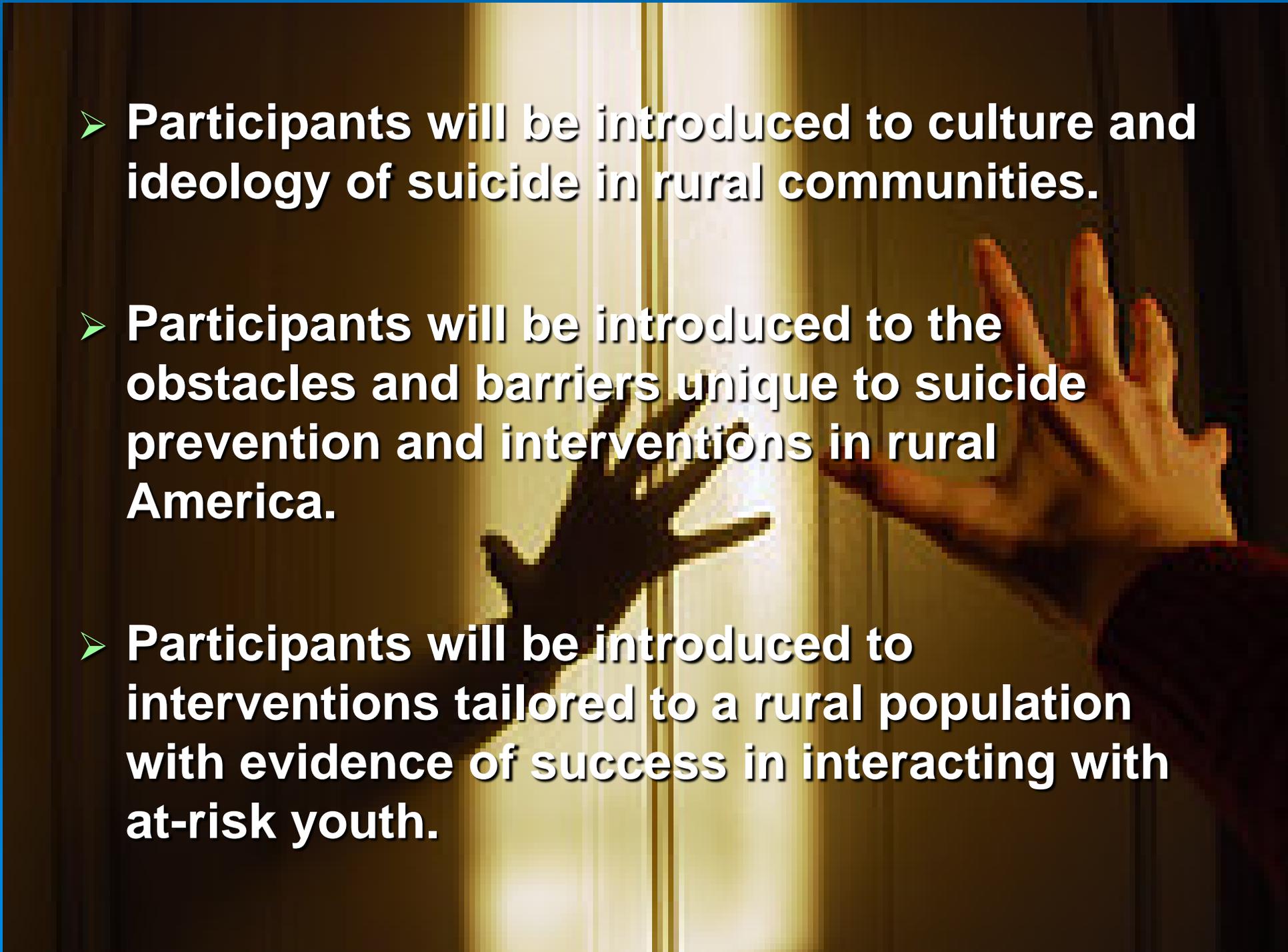
- Minnesota
- Missouri
- Nebraska
- North Carolina
- North Dakota
- Oklahoma
- Puerto Rico
- Tennessee
- Virginia
- West Virginia
- *Other partners*

# Adolescent Suicide Prevention and Intervention Efforts in Rural Communities

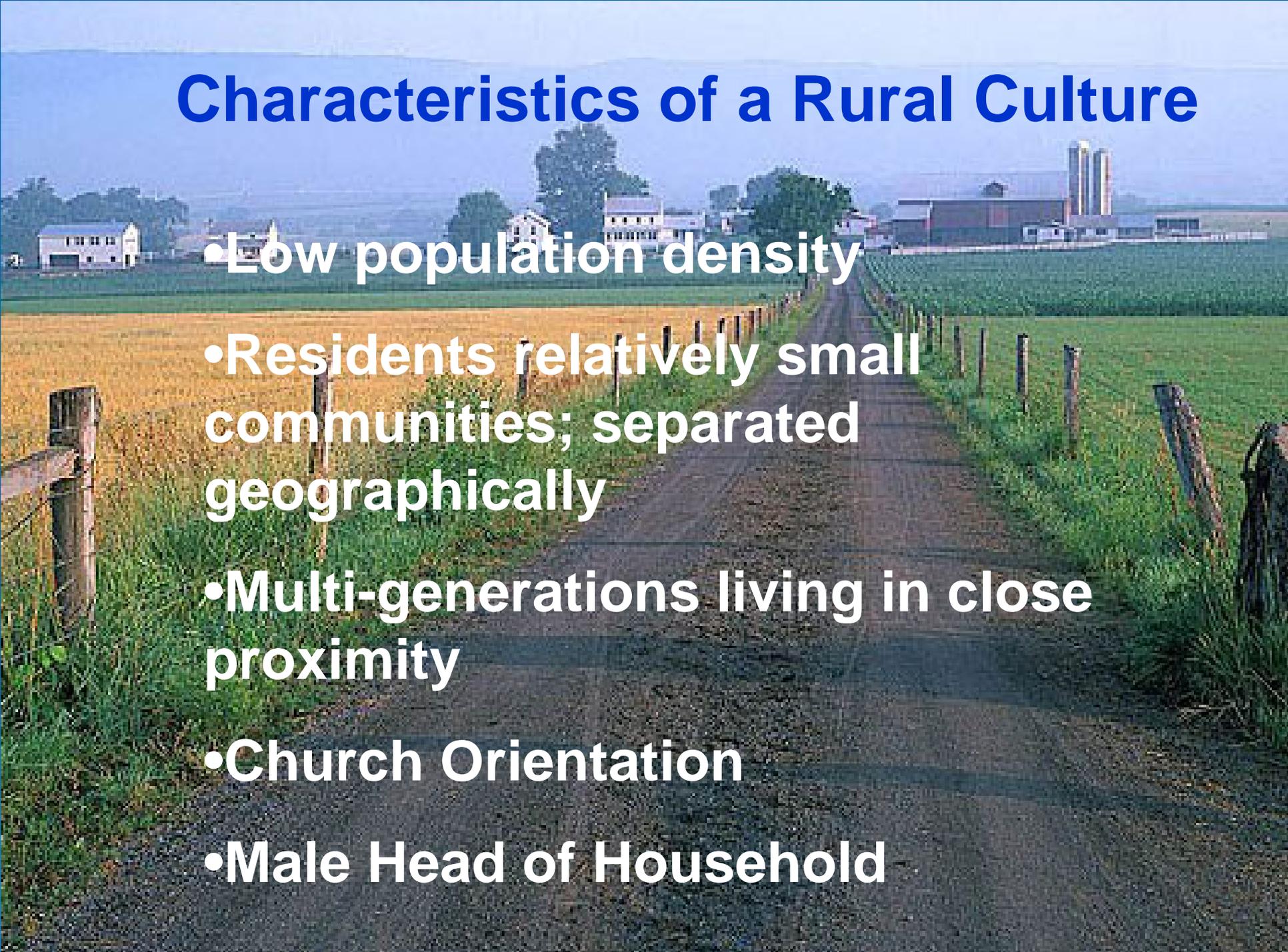


**Barri Sky Faucett, MA**

**ASPEN Project  
Director**

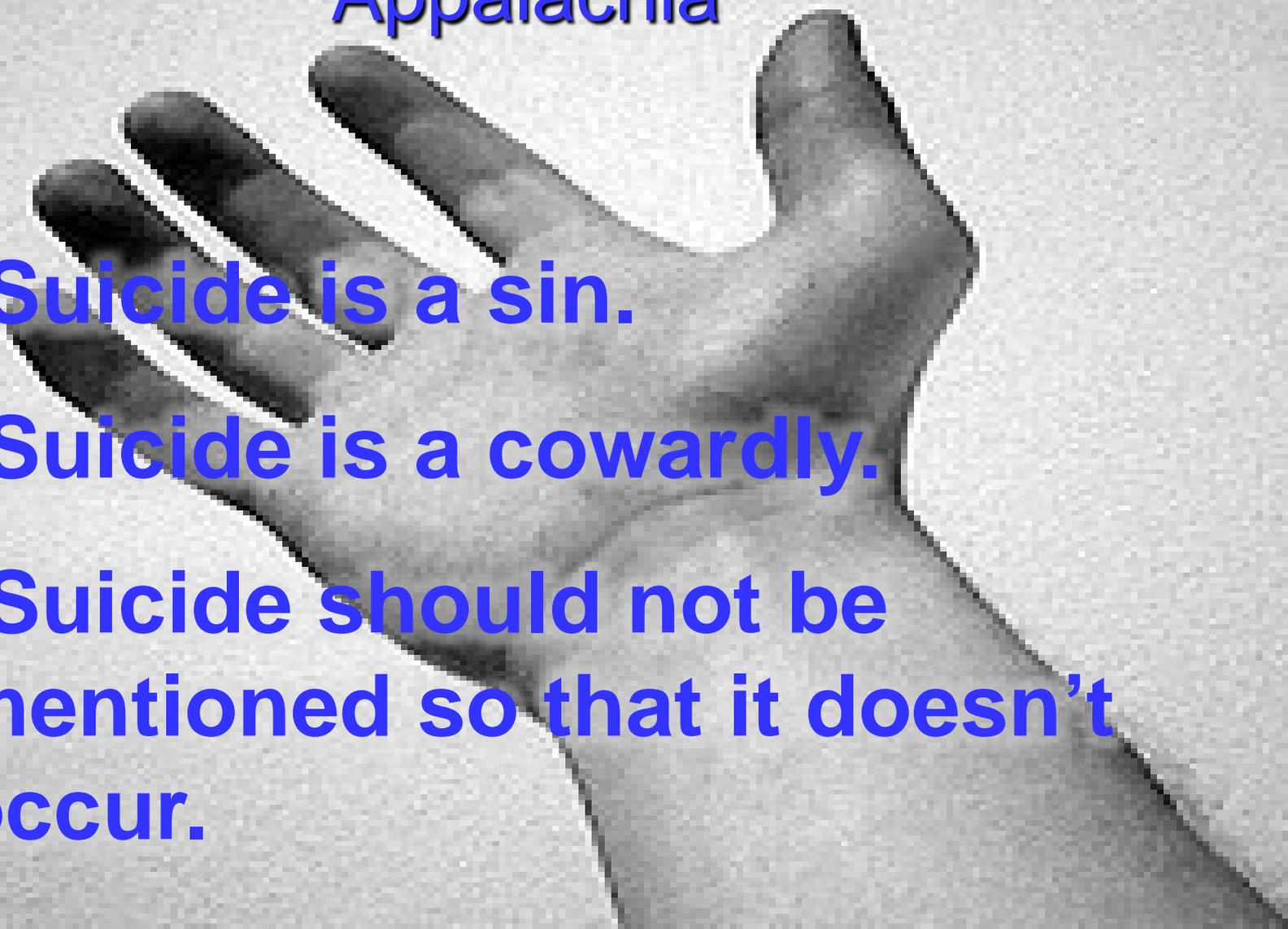
- 
- **Participants will be introduced to culture and ideology of suicide in rural communities.**
  - **Participants will be introduced to the obstacles and barriers unique to suicide prevention and interventions in rural America.**
  - **Participants will be introduced to interventions tailored to a rural population with evidence of success in interacting with at-risk youth.**

# Characteristics of a Rural Culture

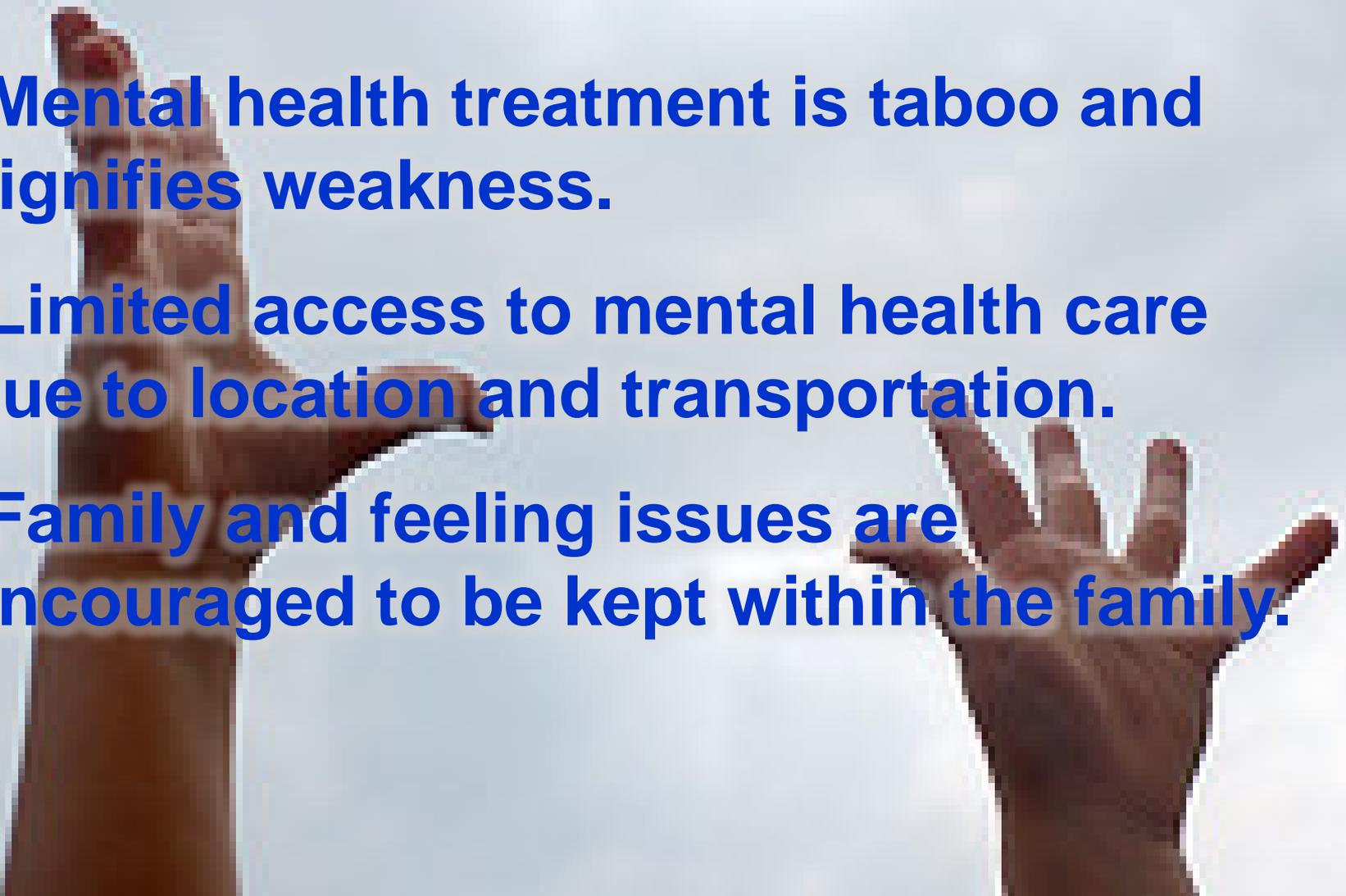
A photograph of a rural landscape. In the foreground, a dirt road with a wooden fence on the left and a wire fence on the right leads into the distance. The road is flanked by green grass and weeds. In the middle ground, there are several farm buildings, including a large white barn and a smaller house. In the background, there are rolling hills under a clear blue sky.

- Low population density
- Residents relatively small communities; separated geographically
- Multi-generations living in close proximity
- Church Orientation
- Male Head of Household

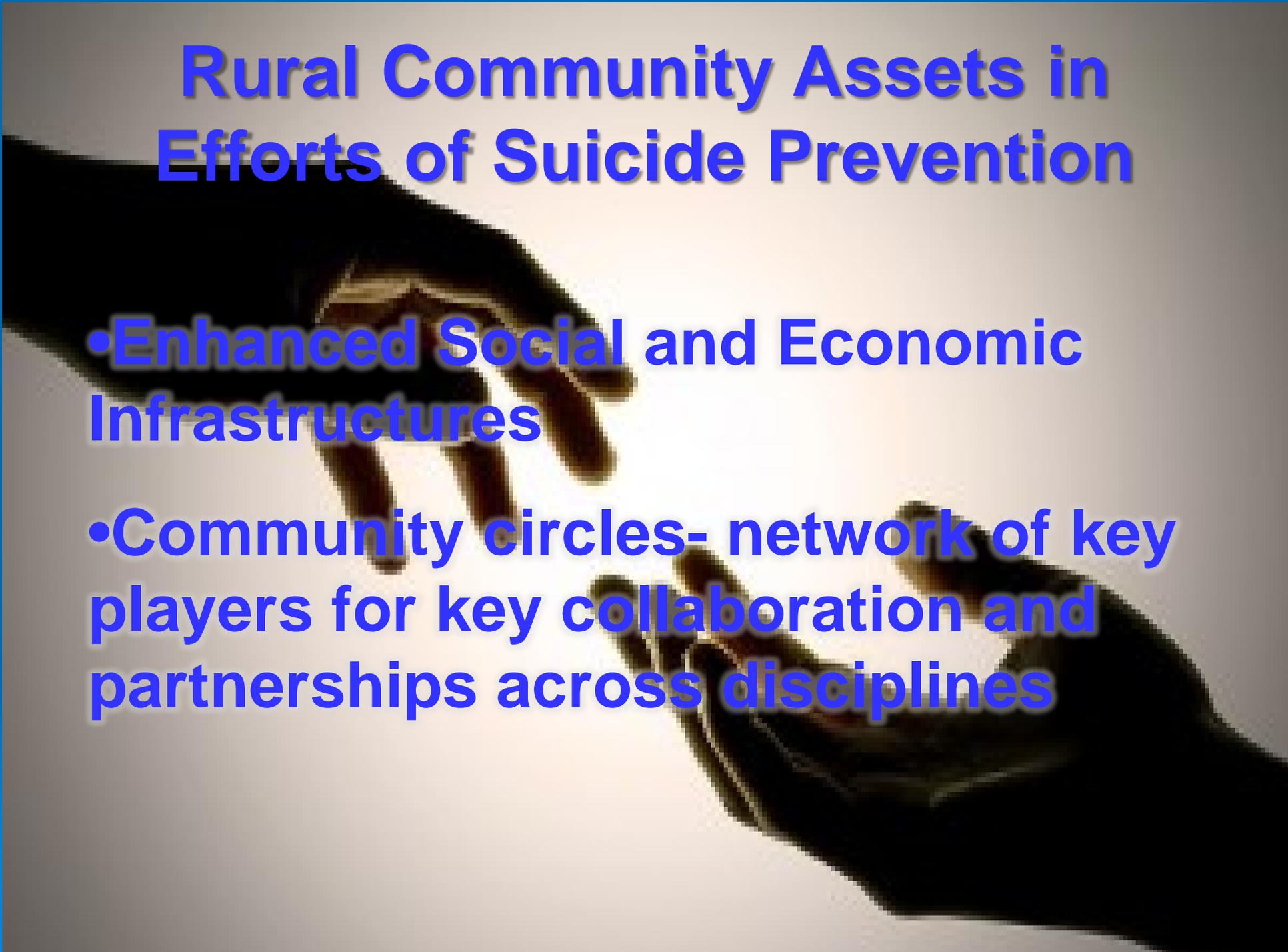
# Ideology of Suicide in Rural Appalachia

- **Suicide is a sin.**
  - **Suicide is a cowardly.**
  - **Suicide should not be mentioned so that it doesn't occur.**
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# **Disadvantages/Barriers to Efforts of Suicide Prevention**

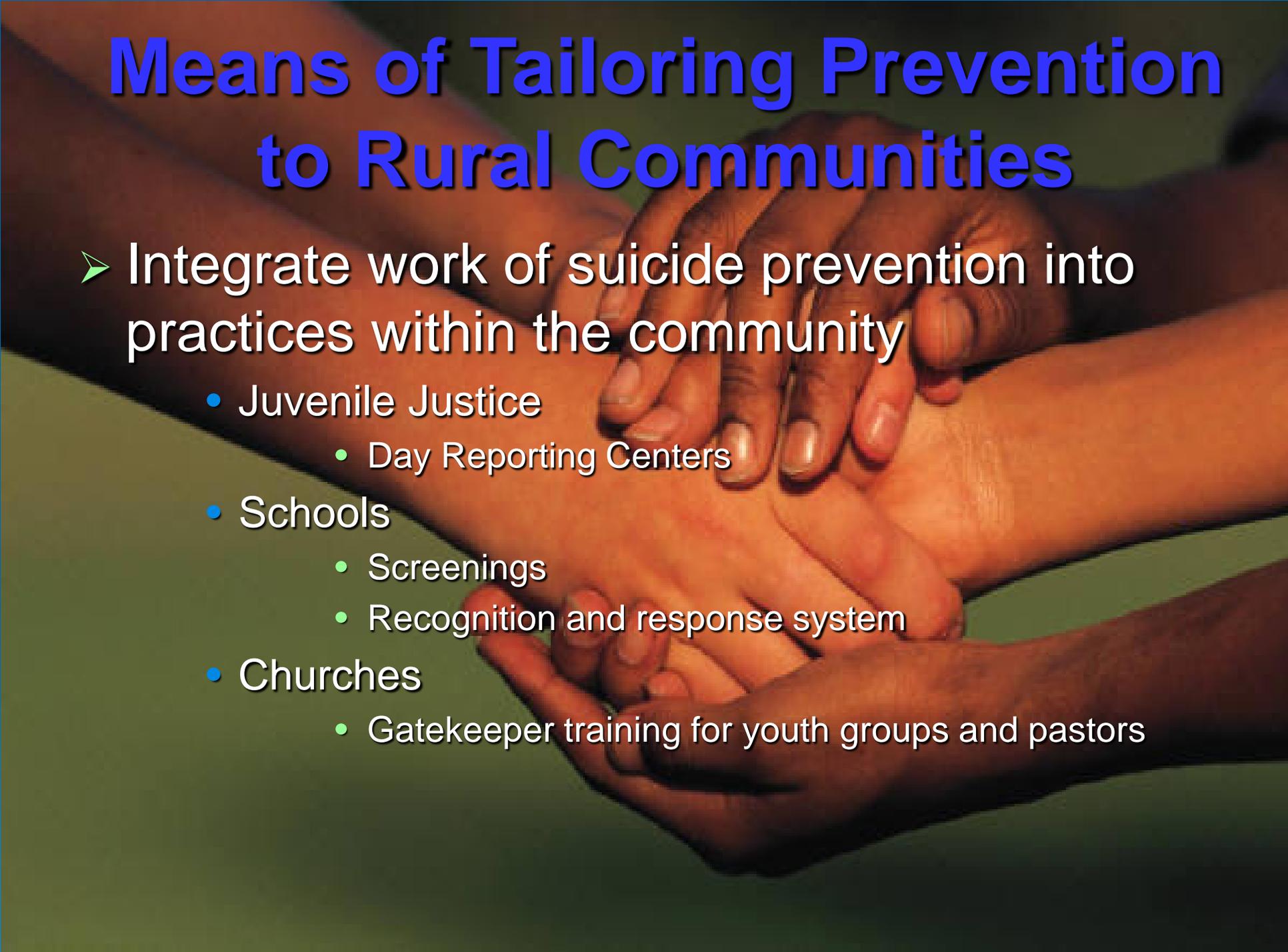
- Mental health treatment is taboo and signifies weakness.**
  - Limited access to mental health care due to location and transportation.**
  - Family and feeling issues are encouraged to be kept within the family.**
- 
- A photograph of two hands, one on the left and one on the right, reaching upwards towards the top of the frame. The hands are positioned as if they are about to clasp or are in a gesture of reaching for help. The background is a bright, overcast sky with soft, white clouds. The overall tone is hopeful and supportive.

# Rural Community Assets in Efforts of Suicide Prevention

A background image showing two hands shaking, symbolizing agreement or partnership. The hands are dark against a light, gradient background.

- **Enhanced Social and Economic Infrastructures**
- **Community circles- network of key players for key collaboration and partnerships across disciplines**

# Means of Tailoring Prevention to Rural Communities



- Integrate work of suicide prevention into practices within the community
  - Juvenile Justice
    - Day Reporting Centers
  - Schools
    - Screenings
    - Recognition and response system
  - Churches
    - Gatekeeper training for youth groups and pastors

# Means of Tailoring Prevention to Rural communities

- **Community Events**
  - **Beyond the Yellow Ribbon-National Guard**
  - **Reality Tours- Local Secondary School events with students and parents**
  - **Street Fairs**
  - **WV Power Park**

# Primary Health Care

- The primary care setting presents an excellent opportunity for suicide prevention. Suicidal patients often visit their primary care providers within days or weeks before taking their lives.
- 20% of those who die by suicide visited their PCP within 24 hours of their death
- Primary care is the #1 source for mental health treatment in the U.S.
- Approximately 70% of primary care medical visits are for psychosocial issues



# Distributed Materials



- PCP Toolkit- [SPRC.org](http://SPRC.org)
- Newsletter
- Is Patient Suicidal?
- After an Attempt- for self
- After an Attempt- for families

# Utilizing Pre-existing Resources

- School-Based Health Centers
- School-Based Mental Health Centers
- WV Wellness Coordinators
- Adolescent Health Coordinators
- Local Coalitions

# Providing MQR Services

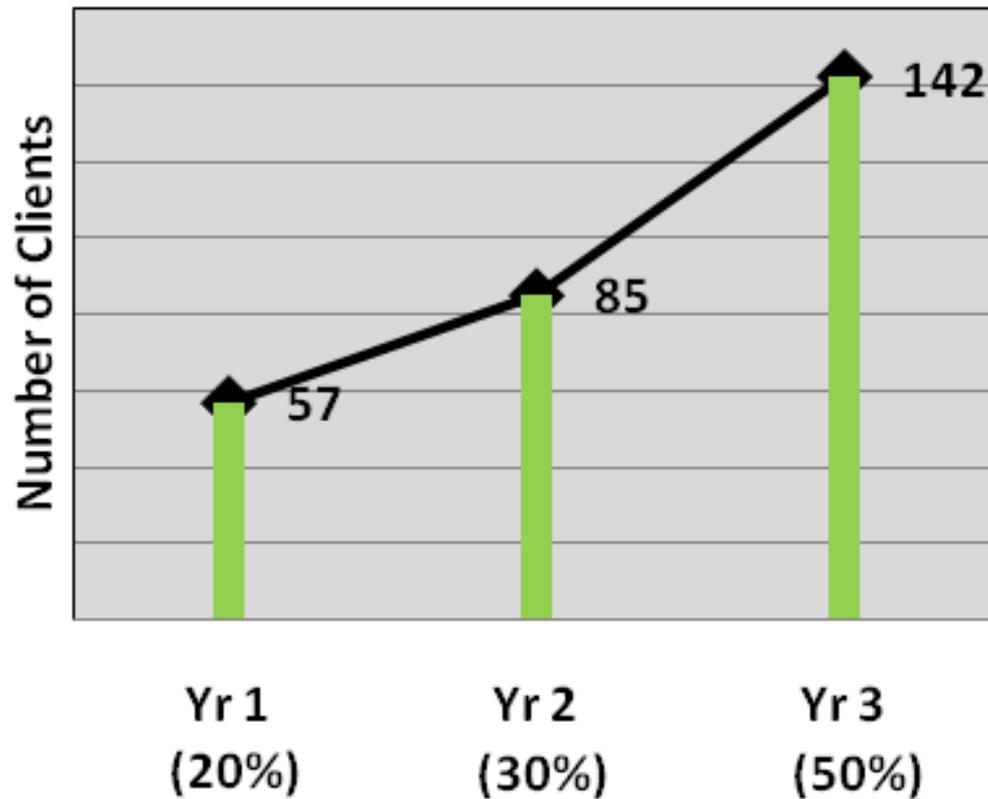
## ➤ Mobile Quick Response Services

- 24 hour response
- ASAP-20 assessment and referral



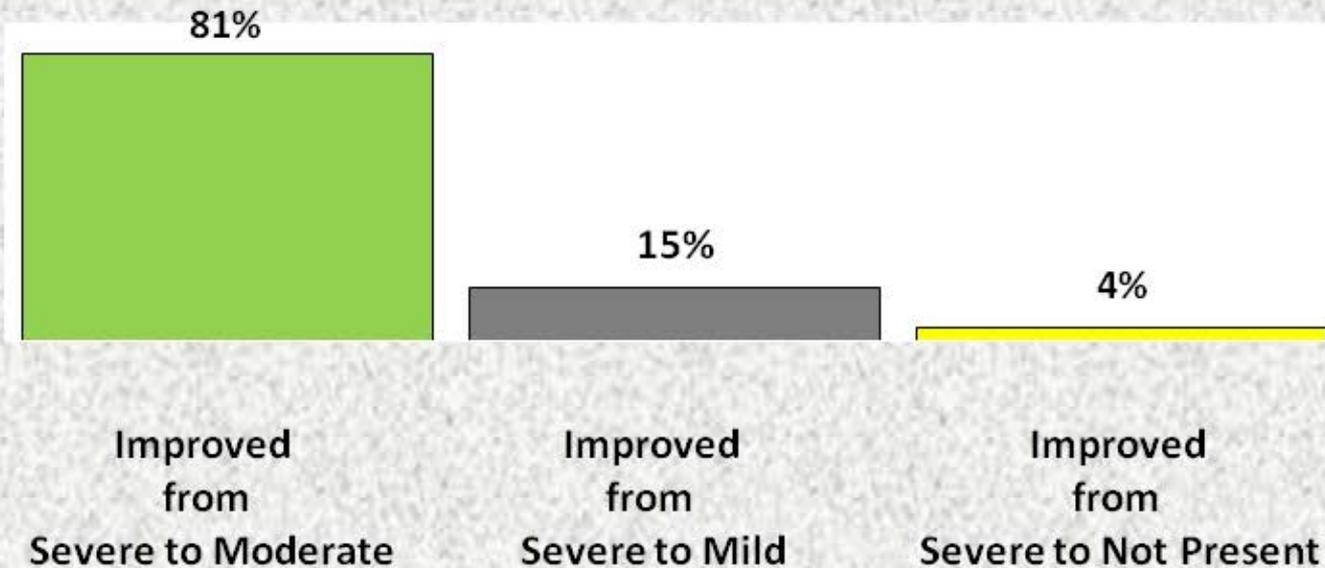
# Referrals

## ASPEN Referrals by Year



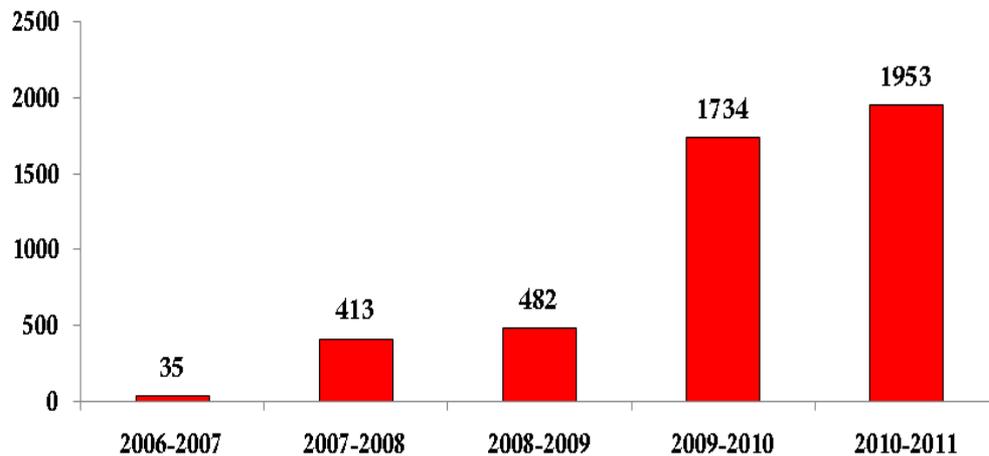
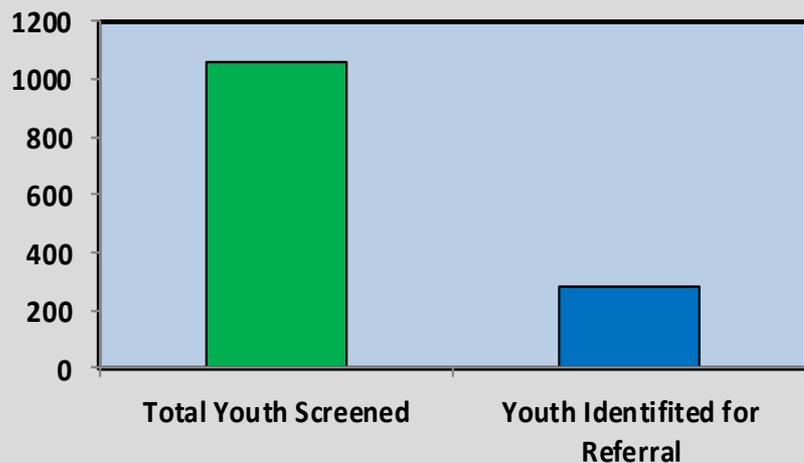
# Results Continued

Depression Item on WV Assessment\*



# Power of Community Connections in Enhancing Exposure

ASPEN Referrals



# PSA For Prevention



# WV Contacts



**Barri Faucett, MA**  
**Project Director**

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**Bob Musick**

**Executive Director**

***WV Council for the Prevention  
of Suicide***

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# Effective Strategies and Tools for Gatekeepers and Trainers

Nathan Belyeu  
Senior Education Manager





The leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth

# Outline

- The Trevor Project's Resources
- Strategies for inclusion of LGBTQ youth and young adult competencies in gatekeeper trainings
- Resources for trainers

# Why the Trevor Project?

- Suicide is the 3rd leading cause of death among 15 to 24 year olds<sup>1</sup>
- LGB youth are up to 4x more likely to attempt suicide than their heterosexual peers because of the ways they are treated in their homes, schools, and various communities.

Sources: <sup>1</sup>CDC 2007; Massachusetts Youth Risk Behavior Survey 2009

# The Trevor Project's Programs

The Trevor Lifeline

Ask Trevor

Trevor Chat

Trevor Space

Team Trevor Lifeguard Workshops

CARE Trainings

Trevor Survival Kit

# Strategies for Trainers

- Asses the knowledge base of your audience regarding LGBTQ people and train accordingly
- Accurately describe and explain LGBTQ youth's increased risk for suicide using safe messaging
- Educate gatekeepers regarding national and local LGBTQ resources stressing that they don't have to become an expert

# Strategies for Trainers

- 1) Conduct an LGBTQ specific training for gatekeepers
  - Benefits- More in depth conversation of LGBTQ specific Resources
  - Challenges- Time and participation
  
- 2) Insert LGBTQ information into existing gatekeeper training
  - Benefits – Reaches all participants. Less time commitment
  - Challenges- Time limitations

# The Trevor Project's CARE Workshop Content

- The Trevor Project 101
- LGBTQ terminology
- Research regarding LGBTQ youth suicide attempts
- General Risk Factors and Warning Signs
- LGBTQ specific Risk Factors and Warning Signs
- How to respond
- How to respond: Specific tips regarding LGBTQ youth and young adults

# Resources for Gatekeeper Trainings

- Safe Messaging for Talking about Suicide and LGBTQ youth
- The Trevor Project's CARE Workshop Webinars
- LGBTQ youth and the risk for suicide: Slides for trainers. Coming Soon!

QUESTIONS?

THE **TREVOR** PROJECT



# Nathan Belyeu

## Senior Education Manager

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# Discussion

**For more information contact:**

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[www.ChildrensSafetyNetwork.org](http://www.ChildrensSafetyNetwork.org)

# Upcoming Meetings

April 25

May 16

June 20

*Wednesdays 10:30-11:30 Eastern Time/  
9:30-10:30 Central Time*