Public health professionals can take many steps to prevent sport-related concussions, including:

- Conduct an environmental scan to understand your state Department of Health’s (DOH) current involvement in the prevention of sport-related concussions.

- Identify roles that the DOH can play, especially in relation to concussion training, reporting systems, education, and media.

- Develop and disseminate model policies for concussion prevention and management to schools and school districts.

- Partner with coaches and school nurses in creating, implementing, and enforcing school policies on concussion prevention and management, including return-to-play protocols that are based on peer-reviewed science.

- Work with schools to establish concussion management teams that include health care professionals who have training in the treatment of concussions.

- Work with your state Department of Education to develop guidelines for appropriate classroom accommodations for students who have sustained sport-related concussions.

- Partner with your statewide TBI advisory board/council.

- Collaborate with health care providers to develop and provide training on identification of concussions and proper treatment.

- Conduct outreach to youth sports organizations and educate them about the prevention and management of sport-related concussions.

- Form a state team or become a member of a state team to evaluate the effectiveness of concussions laws and policies.
• Develop an MCH Block Grant state performance measure on the prevention of sport-related concussions.

• Collect, analyze and disseminate data on sport-related concussions to partners within public health and others who may benefit from the information.

• Provide data and information and evidence-informed practices to policy makers to assist them in their role to create policy, regulation and guidelines.

• Incorporate the prevention of sport-related concussions into state and local planning efforts.