<table>
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<tbody>
<tr>
<td>Individual</td>
<td>Particpate in fire safety education programs (i.e. I Spot Something Hot)</td>
<td>Learn fire safety (i.e. stop, drop &amp; role )</td>
<td>stranger Danger Awareness</td>
<td>Learn CPR</td>
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</tr>
<tr>
<td></td>
<td>Tell a parent or an adult if touched inappropriately by another person (across all ages)</td>
<td>Learn respect for others and self</td>
<td>On-line Safety awareness</td>
<td>Mentor younger kids</td>
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</tr>
<tr>
<td></td>
<td>Learn pedestrian safety - Hold hand when crossing street, look both ways, don’t play behind cars</td>
<td>Use seat belts</td>
<td>Wear properly fitted safety gear (i.e., motorcycle helmets, bicycle helmets, ATV helmets, gloves, leather, boots, etc.)</td>
<td>Negotiate safe driving agreements with parents</td>
<td>Support home-school partnership programs to promote parental involvement</td>
</tr>
<tr>
<td></td>
<td>Use child restraints (i.e., safety seats &amp; booster seats)</td>
<td>Wear properly fitted bicycle helmets</td>
<td>Participate in alcohol and other illegal drug education.</td>
<td>Support graduated drivers licensing programs with parent support provisions</td>
<td>Enforce zero tolerance alcohol policies</td>
</tr>
<tr>
<td></td>
<td>Learn what to do in an emergency (911, get parent, follow instructions from teachers/parents)</td>
<td>Use Personal Floatation Devices when boating</td>
<td></td>
<td>Implement GDL laws in your community</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wear appropriate, properly fitted exercise and sports gear including</td>
<td>Bullying prevention – learn respect for others</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Family</td>
<td>Prevent Choking (i.e.no toy or items small enough to fit through toilet paper tube)</td>
<td>Teach safe pedestrian safety – hold hand when crossing street, look both ways, not to play behind cars</td>
<td>Use booster seats</td>
<td>Mandate seat belts use</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Water safety (i.e., supervise bathing,</td>
<td>Teach what to do in an emergency (911, get parent, follow instructions from teachers/parents)</td>
<td>Provide safe routes to school</td>
<td>Monitor computer use</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ensure safe sleep (i.e., safe cribs, back to sleep, separate sleep environment)</td>
<td>Do not shake babies</td>
<td></td>
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<td>Do not shake babies</td>
<td>Parenting classes</td>
<td></td>
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<td></td>
<td>Parenting classes</td>
<td>Learn infant CPR</td>
<td></td>
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CSN (www.childrenssafetynetwork.org) is funded by the Health Resources and Services Administration’s Maternal and Child Health Bureau (U.S. Department of Health and Human Services). A project of the Education Development Center, Inc.
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| Family (con’t)     | • Use approved, correctly installed child restraints (i.e., safety seats & booster seats)  
• Provide a safe home environment (lower water temperatures, remove poisonous plants, install smoke and CO alarms, padded furniture corners, cabinet locks, decrease fall hazards; use window guards, remove access to firearms, fire safe clothing, poisons/prescriptions/alcohol )  
• Become familiar with the CPSC Playground Safety Guidelines (should go across to all ages)  
• Develop and practice fire safety and disaster plans (across all ages)  
• Do not leave children in cars alone  
• Create safe home & community play areas that are age appropriate.  
• Educate for dog bite prevention – do not approach unknown dogs.  
• Train children to dial 9-1-1 in an emergency and know what to tell the operator.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | • Provide approved car seats and boosters  
• Provide a safe home environment (lower water temperatures, remove poisonous plants, install smoke and CO alarms, padded furniture corners, cabinet locks, decrease fall hazards; use window guards, remove access to firearms, fire safe clothing, poisons/prescriptions/alcohol )  
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• Educate for dog bite prevention – do not approach unknown dogs.  
• Train children to dial 9-1-1 in an emergency and know what to tell the operator.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | • Provide and use properly fitting safety gear (i.e. helmets, knee pads, wrist and shin guards, etc.)  
• Be involved with the school in creating a safe school environment  
• Maintain oversight of computer use to reduce cyber-bullying and other forms of harassment  
• Advocate for training on cyber bullying and its prevention  
• Know the signs of concussion and who to contact for assessment  
• Limit exposure to media violence  
• Provide properly fitted bicycle helmets/require use whenever riding  
• Require use of personal floatation devices when boating  
• Do not bully others and be a good bystander  
• Reduce access to poisons and prescription medications and clearly post the 1-800- 222-1222 poison control center number.  
• Install 4-sided fencing on pools (house is not considered one side)  
• Install working smoke alarms and carbon monoxide detectors (check monthly)  
• Keep all guns unloaded and locked and away from access from all family members in the home  
• Contact policy-makers to help with safety measures.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | • Learn about signs of suicidal ideation and where to get help.  
• Provide information about teen dating violence prevention  
• Teach dangers of prescription medications and keep out of reach  
• Learn about Graduated Driver’s Licensing and how to implement it.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | |
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| Community          | • Increase access to prenatal and postnatal services  
                    • Increase access to parenting skills training  
                    • Provide home visit services to high risk families | • Provide early childhood enrichment programs | • Develop school policies to prevent injuries and violence  
                    • Teach by-stander interventions  
                    • Require use of protective gear in sports including mouth guards, eye protection & joint protectors | • Train health care professionals in identification and referral of high-risk youth | • Provide mentoring for high-risk youth  
                    • Provide education to promote healthy relationships and decrease dating violence  
                    • Provide Safe babysitting courses  
                    • Provide young worker safety training to students and businesses.  
                    • Enforce GDL laws |
|                    | • Conduct home hazard assessment and recommend safety changes  
                    • Require childcare to follow safety standards and guidelines  
                    • Provide infant and booster seat installation sites.  
                    • Provide grandparent training in new safety issues such as poisoning, drowning, car seat use, etc. | • Participate in “Safe Routes to School” programs  
                    • Provide after-school and recreational programs to extend adult supervision  
                    • Create safe havens for children on high-risk routes to and from school  
                    • Conduct school-based education to increase use of passenger restraints, seats, and non-use of cell phones for talking and texting  
                    • Create a bully free environment in schools and community  
                    • Train school nurses, administrators and other school personnel about injury and violence prevention  
                    • Require training for coaches, teachers and school health personnel related to concussions (move to community)  
                    • Provide social development training in anger management, social skills, and problem-solving | | |
|                    | • Support Smart Growth initiatives  
                    • Institute traffic calming measures  
                    • Provide safe pedestrian and bike paths separate from motorized traffic  
                    • Provide safe playground and sports facilities. Comply with CPSC Guidelines  
                    • Encourage all families to have safety plans  
                    • Support Poison Control Center  
                    • Provide suicide prevention education for health professionals  
                    • Work with policy makers to develop safety measures | | | • Provide information about teen dating violence prevention programs  
                    • Provide gatekeeper training in suicide prevention  
                    • Teach conflict resolution/mediation  
                    • Include youth in planning and implementing safety interventions | | |

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| Social-Cultural   | ▪ Adopt recommendati ons for safe sleep  
▪ Require new parents take parenting classes | ▪ Support passage and enforcement of bicycle and motorcycle helmet laws  
▪ Restrict use of ATV’s  
▪ Enforce speed limits in vicinity of schools and play areas  
▪ Reduce levels of media violence |  | ▪ Enforce laws prohibiting illegal transfers of guns to youth  
▪ Support restrictions on access to alcohol  
▪ Support GDL laws and their enforcement  
▪ Support enforcement of DWI laws |  |
|                   | ▪ Adopt and enforce child safety seat laws  
▪ Enforce product safety standards  
▪ Upgrade older playground equipment to ensure safe design |  |  |  |  |
|                   | ▪ Support increased use of passenger restraints, seats and non-use of cell phones for texting and talking  
▪ Require 4 – sided pool fencing Post life guards at public swimming areas (community)  
▪ Enforce spa and pool safety standards (community)  
▪ Assure that all education materials and programs are culturally, ethnically and linguistically appropriate to the community  
▪ Learn and respect community differences  
▪ Require emergency departments to collect injury data in an aggregate form  
▪ Mandate use of sprinklers in new or remodeled homes and businesses, and multilevel housing  
▪ Become aware of the economic costs of injuries and the savings of implementing prevention measures.  
▪ Support Poison Control Centers  
▪ Make cars no phone zones  
▪ Require suicide prevention education for health providers  
▪ Determine methods for agencies to share data for the purpose of prevention (protecting confidentiality) |  |  |  |  |

March, 2010