

# State Technical Assistance Webinar



Please respond to the questions below.





State Technical Assistance Webinar

August 15, 2019

1:00 p.m. – 2:30 p.m. ET

# Incorporating Youth Voice into Child and Adolescent Injury and Violence Prevention



# Funding Sponsor

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under the Child and Adolescent Injury and Violence Prevention Resource Centers Cooperative Agreement (U49MC28422) for \$5,000,000 with 0 percent financed with non-governmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

# Technical Tips



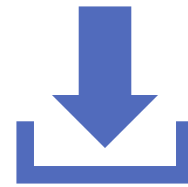
Audio is only broadcast through phone lines. Please mute your computer speakers.



To hear and be heard, please call 866-835-7973.



You are muted. To unmute yourself during Q&A, please press \*#.



Download resources in the File Share pod (above the slides).



Use the Q & A (bottom left) to ask questions at any time.



This session is being recorded.



# Presenters



Jim Vetter, M.Ed  
CSLC Co-Manager



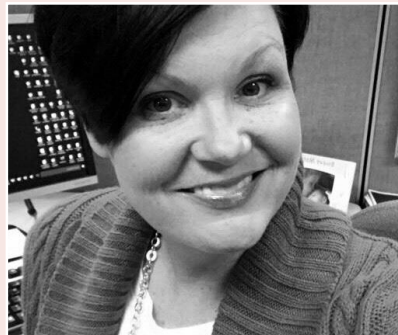
Erin Schneider, MSW  
Director of Development and CQI  
CityMatCH



Kathleen Kuiper  
RIPIN Resource Coordinator  
Health Equity Institute  
Rhode Island Department of Health



Diana Starace  
Coordinator, Injury Prevention Program/  
Safe Kids Middlesex County  
Robert Wood Johnson University Hospital



Melissa Ellis  
Bullying Prevention Coordinator at the  
Iowa Department of Public Health



Nate Monson  
Executive Director  
Iowa Safe Schools



Becky Smith  
Director of Youth Engagement  
Iowa Safe Schools

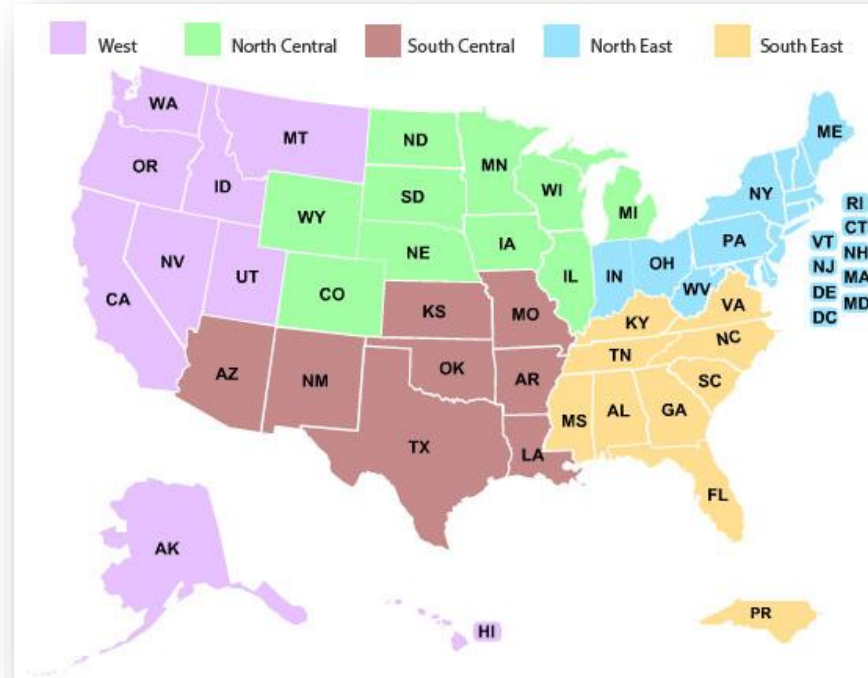


Benton  
Iowa Student



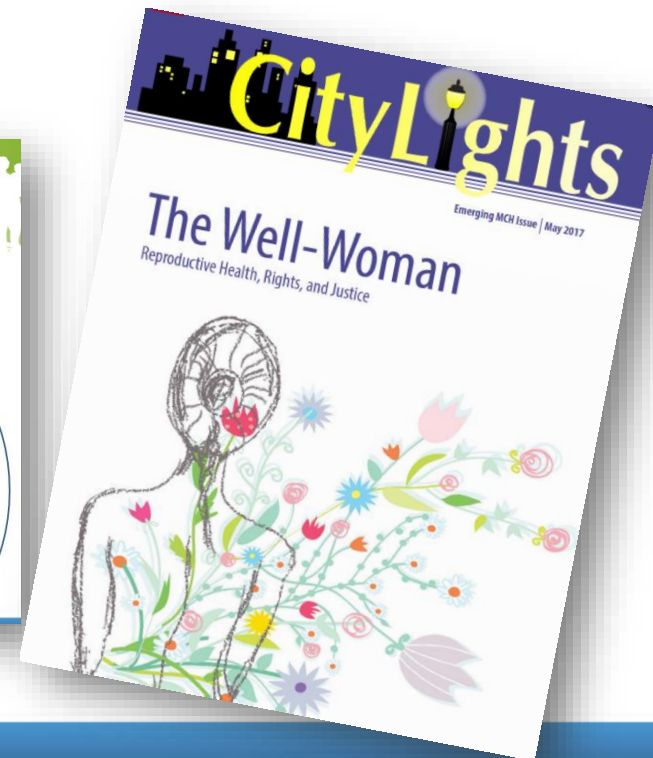
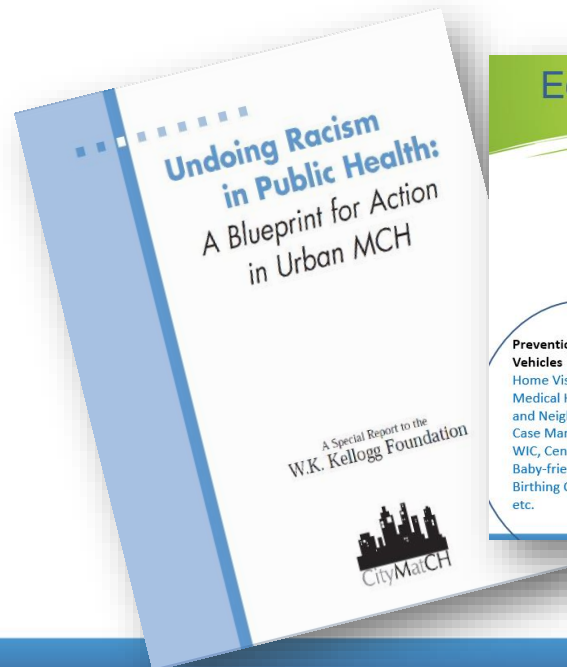
City**MatCH** seeks to strengthen public health leaders and organizations to promote equity and improve the health of urban women, families, and communities.

- Over 170 city and county health departments' *urban* MCH programs and leaders
- Build capacity of local MCH leaders



# Equity and Social Justice

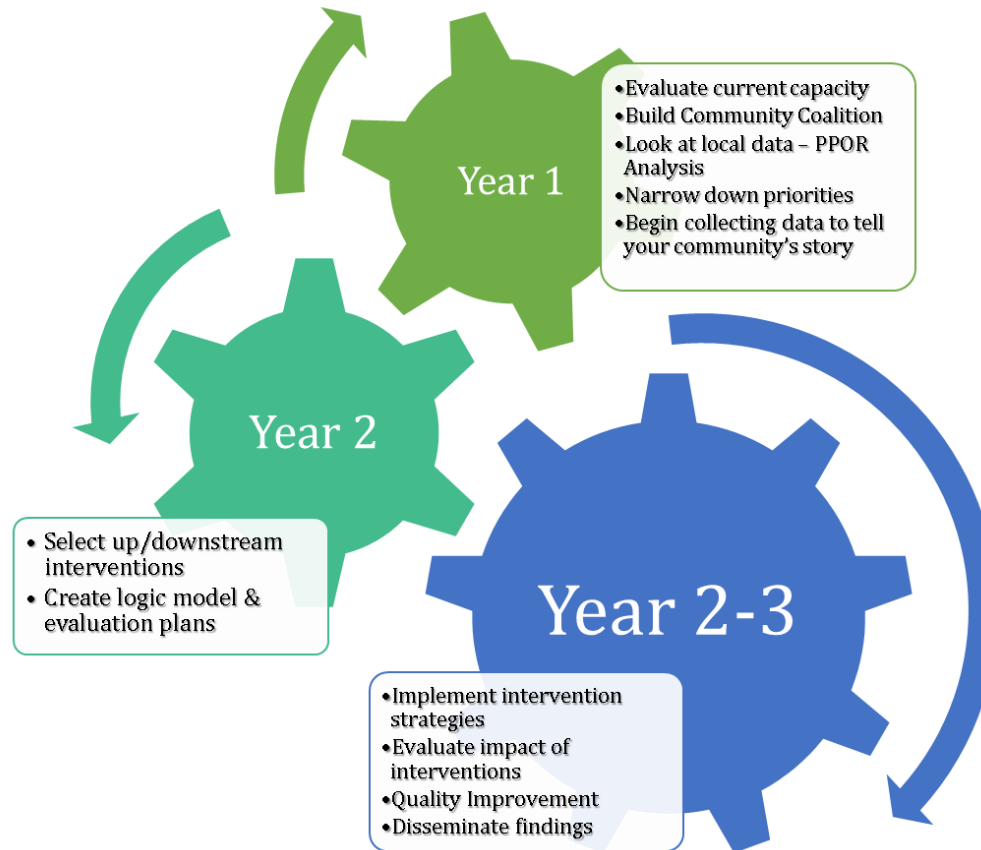
- CityMatCH shares a passion and vision of increasing the understanding of equity and social justice and *moving to action*





# Institute for Equity in Birth Outcomes

- 29 cities
- Data-informed and community driven
- Upstream and downstream initiatives to reduce disparities in birth outcomes





# Community-Driven Approach Authentic Community Engagement

## What?

- ☐ Collaboration
- ☐ Communication
- ☐ Mobilization
- ☐ Community participation

## Why?

- ☐ Community members want, and DESERVE, their say
- ☐ The challenges are important and complex
- ☐ Can lead to tangible results
- ☐ Empower citizens

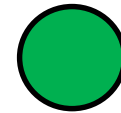
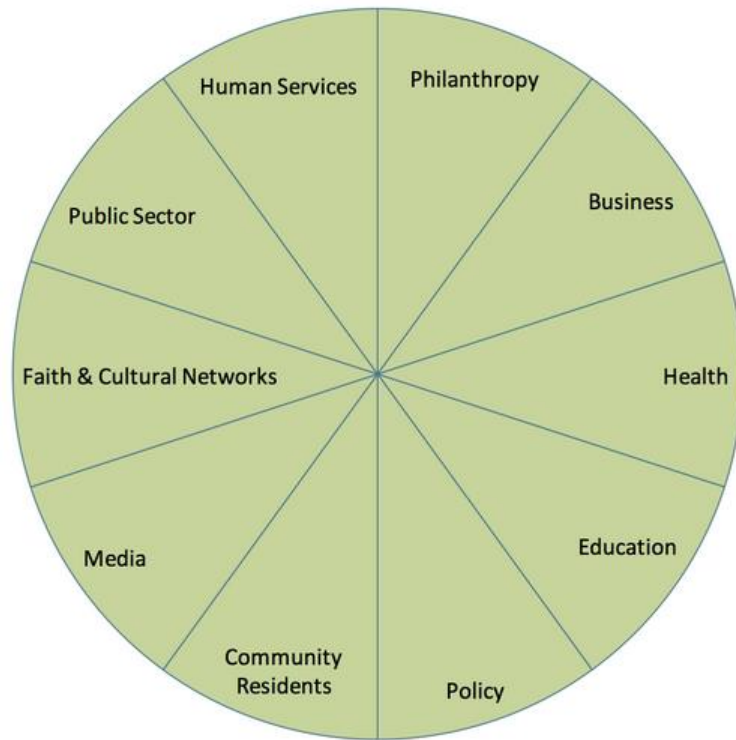
# Activity – who is sitting at your table?



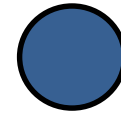
## Instructions:

- ☐ Make a list of your current partners helping you achieve your health outcome goals
- ☐ Identify where you and your partners fall on the Stakeholders Wheel
- ☐ Add your shapes to the Stakeholders Wheel

# Stakeholders Wheel



Members are currently represented on your team



Has been/will be contacted to participate on your team



Not currently represented or contacted, but will consider



# Steps to community engagement

- ☐ Get close
- ☐ Build trust
- ☐ Let needs emerge
- ☐ Embrace all
- ☐ Build a collaborative culture



# CityMatCH Resources

**CityMatCH Website:** [www.citymatch.org](http://www.citymatch.org)

- **CityMatCH Membership:** <https://www.citymatch.org/membership/>
- **Tools and Resources:**  
<https://www.citymatchlearning.org/equity/tools.php>
- **CityMatCH Conference:** <https://www.citymatch.org/conference/>

Erin Schneider, MSW  
[e.schneider@unmc.edu](mailto:e.schneider@unmc.edu)

# Questions?



Please enter your questions in the Q & A pod

ARE YOU LISTENING?

HOW TO INCORPORATE YOUTH  
VOICE IN PROGRAMS





# PROVIDENCE



# YOUTH ADVISORY COUNCIL 2013



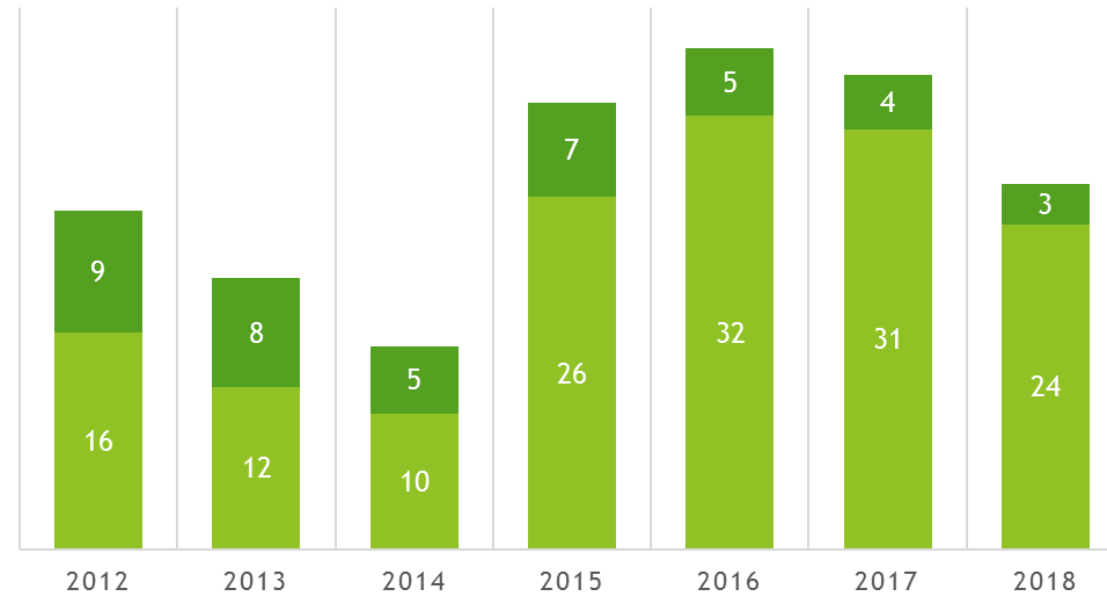


# YOUTH ADVISORY COUNCIL 2019

# BUILDING YOUTH LEADERS TAKES TIME

## GROWTH OF LEADERSHIP

■ Youth ■ Adults







## BENEFITS FOR RHODE ISLAND DEPARTMENT OF HEALTH

- Targets MCH population of Children and Youth with and without Special Health Care Needs (ages 14-24)
- Regularly Scheduled Monthly Meetings
- Informs Health Policies and Programs
- Audience to Learn About New Initiatives
- Ready-to-Go Focus Group

# BENEFITS TO YOUTH MEMBERS



- Resume Builder
- Education/Trainings
- Advocacy Skills Development
- Learn About Health Topics
- Senior Projects
- Networking and References
- More Opportunities.....



This Photo by Unknown Author is licensed under [CC BY-SA](#)

# CAPTURING YOUTH VOICE



# INSIDE THE BOX

- Invite Programs Targeting Youth
- Piggy Back on Existing Surveys
- Partner with Existing Youth Groups
- Co-host a Focus Group
- Provide Incentives

## Transportation Focus Group for Youth Ages 16-24



*Is transportation an issue you face on a daily basis?*

*Do you wish there were better options for transportation in your community?*

**COME HAVE YOUR VOICE BE HEARD!**

**August 17, 2017**

**4:00-5:30pm**

**Roger Williams University  
1 Empire Street Rm 227  
Providence, RI 02903**

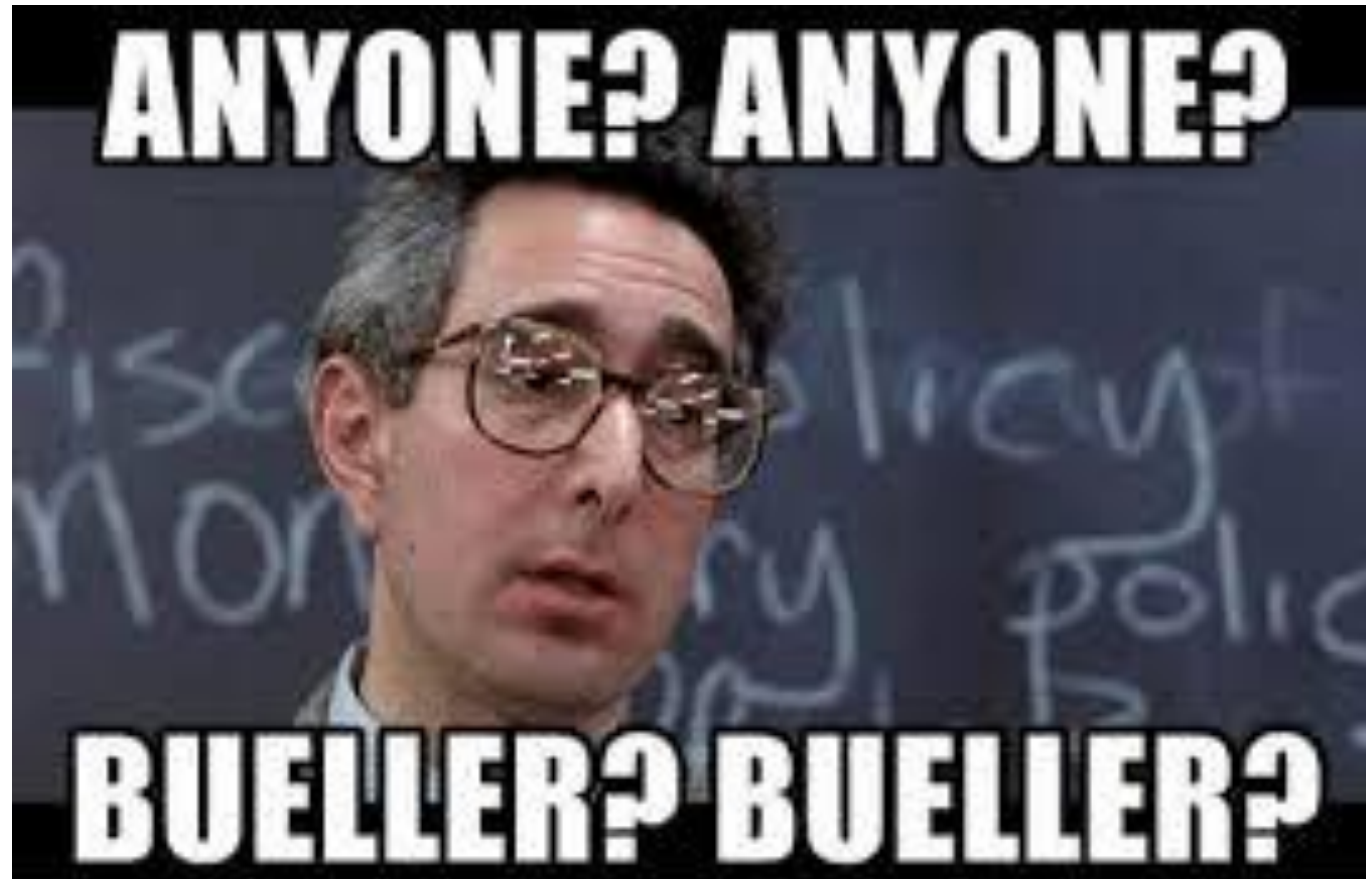
*Incentives will be provided*

**RSVP by August 16th:**  
[youthtransportation.eventbrite.com/](http://youthtransportation.eventbrite.com/)





# PUBLIC FORUMS



IT'S NOT  
ALWAYS EASY

# STRUCTURE + SUPPORT= SUCCESS FOR YOUTH VOICE



- Meetings are Consistent and Scheduled Previous Spring
- Year Round Staff
- Professional Development and Training
- Logistic Support of Meeting Space and Supplies
- Incentives for Participants
- Transportation





# OUTSIDE THE BOX

ART IS A GREAT WAY TO  
CAPTURE YOUTH VOICE



YOUTH VOICE  
OPPORTUNITY

STUDENT  
LEADERSHIP  
CONFERENCES





EMBRACE  
TALENTS



LEADERS  
EMERGE  
OVER TIME





## PRESENCE

You were born to be at the front of the room telling stories and taking the lead. Other people watch you and listen to



# PEER SUPPORT IS VITAL FOR YOUTH VOICE



## WORDS OF WISDOM

“We’re all different and that is beautiful thing! We know one of the things that make our community and world great is our diversity of skills, culture, thoughts, talents, and strengths! To illustrate the great diversity in the room today we are going to acknowledge and celebrate all our Strengths!!! “

Tracy Allard Youth Advisory Council Member



# Questions?



Please enter your questions in the Q & A pod

# Safety Ambassador Program

*Service Learning at its Best!*

Robert Wood Johnson  
University Hospital

RWJBarnabas  
HEALTH

SAFE  
KIDS  
MIDDLESEX  
COUNTY

SAFETY AMBASSADOR PROGRAM  
*Students Teaching Students About Safety*







[@RWJSafetyAmbassador](#)

*Preventing Childhood Injuries One Student at a Time!*

RWJBarnabas  
HEALTH



## Program Goal:

**To reduce the number of childhood injuries in Middlesex County, NJ, (pop. 810K) through the implementation of a data-driven, "cross-age" school-based program aimed at educating participating students about specific injury risks and related prevention strategies.**



**Wheeled  
Sports Safety**



**Pedestrian  
Safety**



**Safety  
In/Around  
Cars**



**Fall  
Prevention**



# SAFETY SUMMIT (Early October)



# TRAINING/PREPARATION





# PROP-KITS



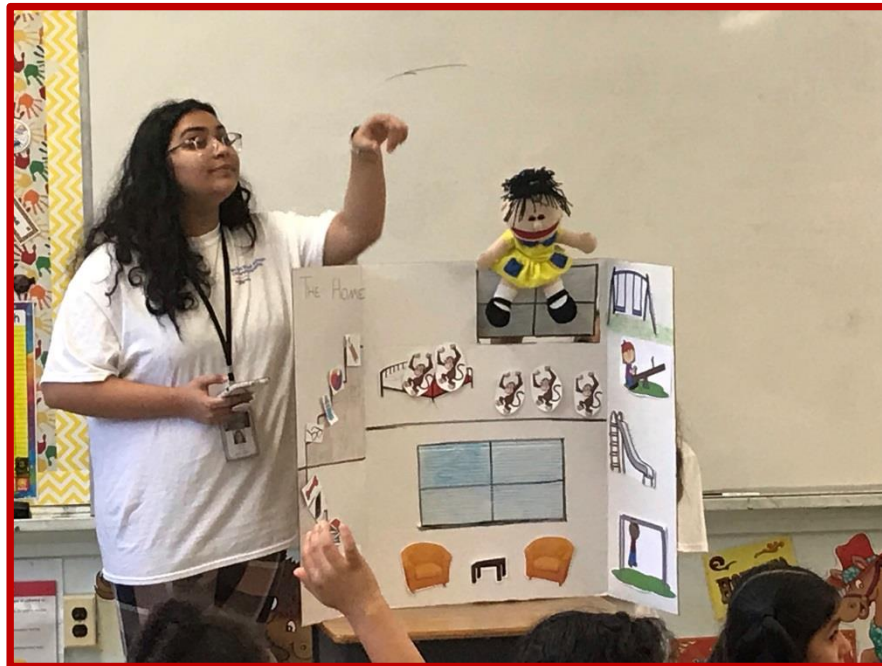
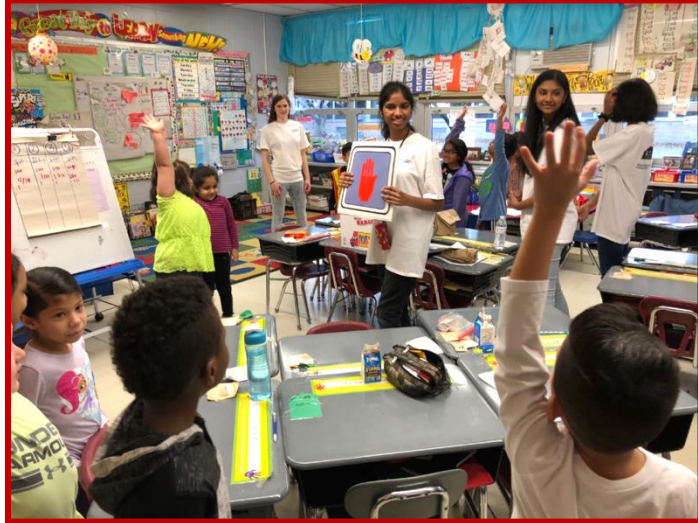
## Pedestrian Safety

When crossing the street, make sure you:

- Look right – left –right before crossing.
- Only cross at the crosswalk/corner where drivers expect to see you. Not in between cars or in the middle of the road
- Make eye contact with drivers
- Obey all traffic signs and signals (reinforce the red hand and white person walking signals and what they mean)
- Cross with an adult until you are old enough to learn how to cross by yourself (when you are about 10 yrs old you are able to tell how fast a car is going or how far away it is)
- *What's missing?* Adult/Grownup supervision



# SAFETY PRESENTATIONS (February – May)





# RECOGNITION LUNCHEON (June)



# Safety Ambassador Feedback

- **Annual Program Evaluation**

- **What worked? What didn't?**
- **What additional resources could have been provided?**
- **What were the biggest obstacles encountered?**
- **How will they use the knowledge and skills acquired to continue to improve their own safety and the safety of those around them?**



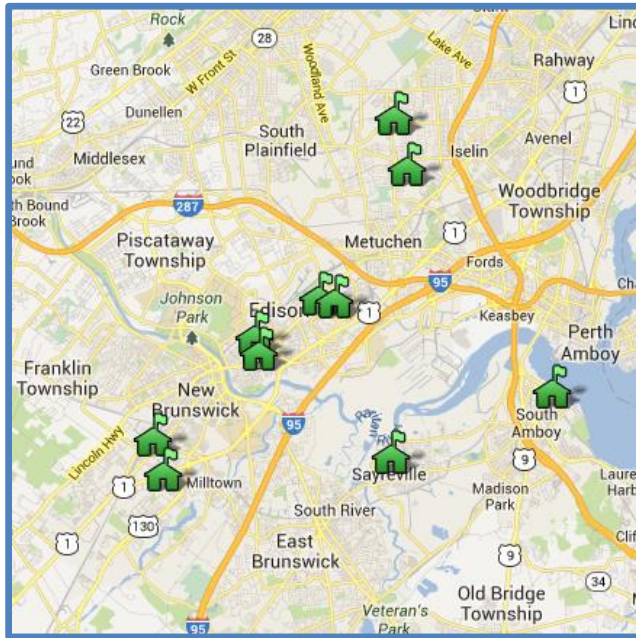
# Support & Recognition



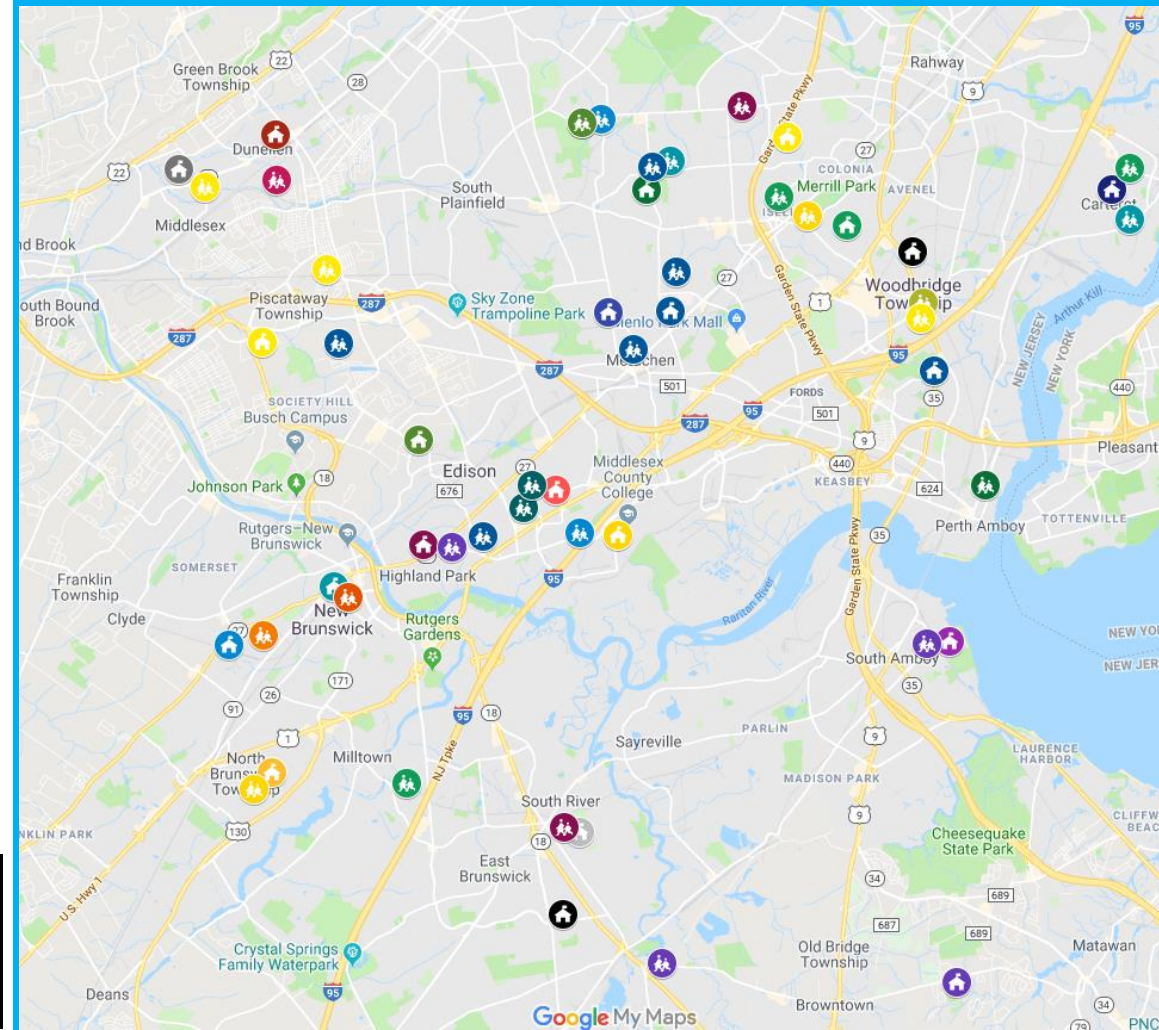


# Expansion and Reach

**Year One  
2008-09**



**Year 11  
2018-19**







**Diana Starace, Coordinator  
Injury Prevention Program  
Safe Kids Middlesex County**



**Robert Wood Johnson University Hospital**

**[diana.starace@rwjbh.org](mailto:diana.starace@rwjbh.org)**

**732.418.8026**



**Robert Wood Johnson  
University Hospital**

**RWJBarnabas  
HEALTH**

**Robert Wood Johnson  
University Hospital** | **RWJBarnabas  
HEALTH**

# Questions?



Please enter your questions in the Q & A pod

# Youth Voice in Iowa Bullying Prevention Project

Iowa Department of Public Health, Iowa Safe Schools

# Youth Voice

- Partnership between State Title V Program and Iowa Safe Schools
  - Iowa Safe Schools comprehensive support, victim services, resources, and events for LGBTQ and Allied youth. Serving over 4,500 youth annually, Iowa Safe Schools is the largest LGBTQ youth serving organization in the Midwest
  - Entered into a contractual agreement to assist in facilitating student focus groups for college age, high school age, and middle school age Gay Straight Alliances (GSA's)



# Youth Voice

- East High School GSA— 13 students - Freshman to Juniors
- Drake University GSA
- “Cyber bullying is more common than real life bullying”
- “In high school we don’t really talk about it (bullying) anymore. It’s avoided as a whole topic—just kinda brushed off.”
- “ We no longer have powerpoint presentations on it (bullying). There aren’t bullying posters anymore, there are now mental health posters.”
- “If teachers had to report everything they hear they wouldn’t even have time to teach us.”

# Youth Voice

- Technical Assistance from the Child Safety Learning Collaborative
  - Evidence-based programming specific to LGBTQ students
- Partnered to implement a pilot project at Iowa Safe School's week long Pride Camp

# Pride Camp.....What we heard

- Lifeguard Workshops are designed to help young people identify challenges faced by LGBTQ youth and how to support a student in crisis
  - Warning signs of suicide
  - What is allyship?
  - Healthy habits (coping, de-escalation, etc.)
- What were some of the 2 most important “take aways” from the program
  - Facilitating took longer than expected, as students were very receptive and open to discussing content in depth
  - Discussion turned very “heavy” at times, and there is a need for intro- and closing-activity that engages the students and lightens the energy
  - Need to make sure that resources are available for students who need further support
- Use with Pride campers versus Student Leadership Council
  - Student Leadership Council members discussed concepts like suicide, bullying, and prevention more in depth from a systems perspective (for example: systemic influences that contribute to LGBTQ students experiencing victimization)
  - Pride campers focused more on what are the takeaways for coping and self care as well as how to support a friend in immediate crisis



# Youth Voice

- Student input
- Importance of youth voice
- Students are the experts in what they need to feel safe and supported in their community and school
- Programming should reflect the needs of the population you serve





# The Future

- Utilize data from Pride Camp
- Engage students to participate in future program planning
- Make adjustments to presentation of Lifeguard Workshop if needed
- Implement Lifeguard Workshop this school year in several Des Moines metro area schools
- Capture data from program pre and post tests

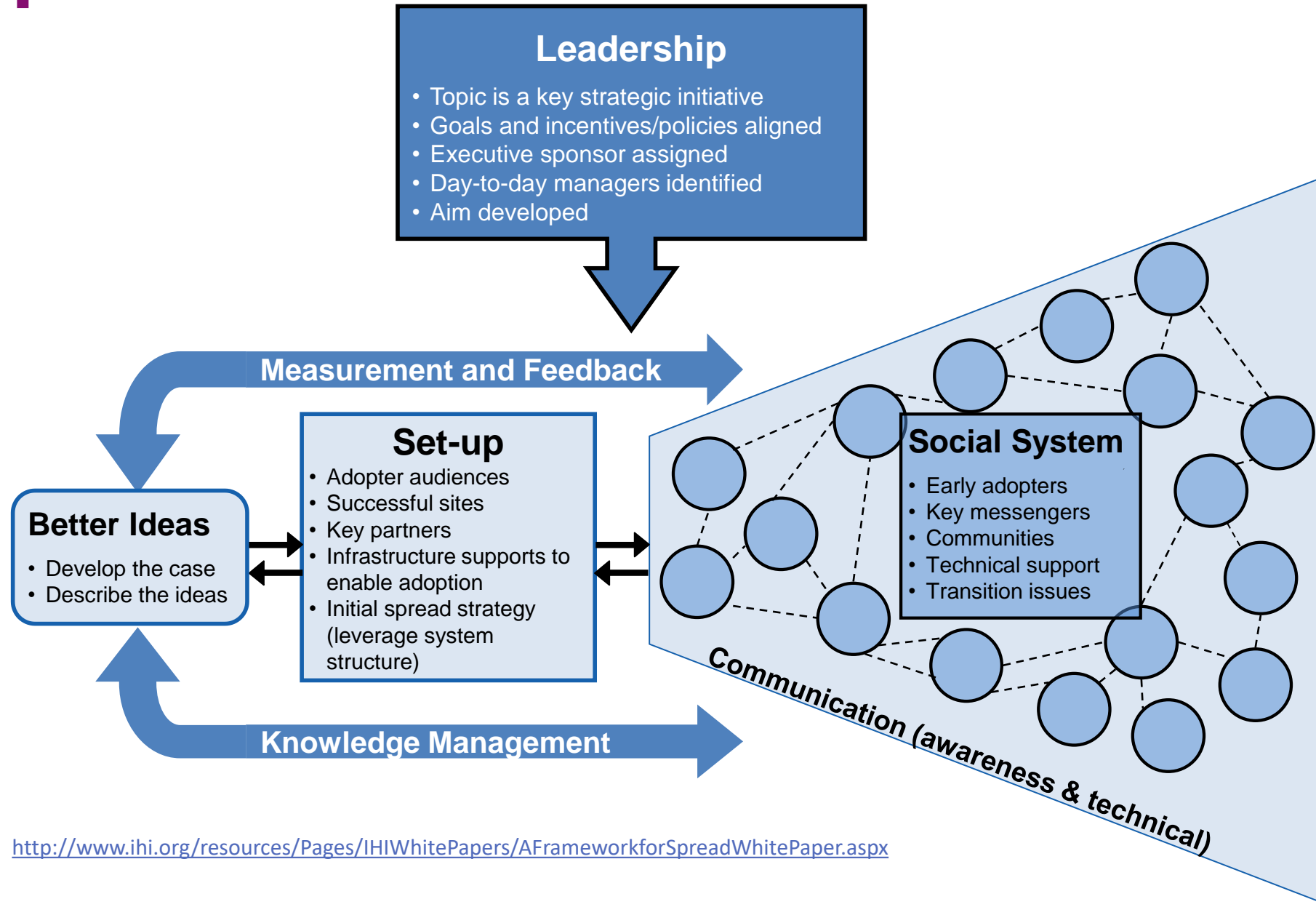


# Questions?



Please enter your questions in the Q & A pod

# IHI Spread Framework



# Stakeholder Analysis Worksheets

## Initial Analysis Questions

- Who?
- What is their motivation?
- What is their biggest concern?
- What do we need to do to get their support?
- Next steps?
- Who is responsible?

## Ongoing Analysis Questions

- Who else?
- Level of engagement?  
What has it been?  
What do we need?
- What is a barrier to participation/support?
- How do we increase/maintain their level of engagement?
- Next steps?
- Who is responsible?



# Partnering through the Child Safety Learning Collaborative

Launched in 2018 by the Children's Safety Network (CSN), the Child Safety Learning Collaborative (CSLC) gives states and jurisdictions the opportunity to work together to increase the spread of evidence-based and evidence-informed policies, programs, and practices at state and local levels.

The CSLC uses a variety of approaches and tools:

- Collaboration through learning sessions, injury topic calls, and technical assistance webinars
- Driver diagrams; small tests of change; and implementation and spread guides
- Data collection, reporting, and analysis

Five priority topics:

- Bullying prevention; motor vehicle traffic safety; poisoning prevention; sudden unexpected infant death prevention; and suicide and self-harm prevention

Currently, 18 states and jurisdictions are participating in CSLC Cohort 1. CSLC Cohort 2 begins in 2020.

# Thank you!

Please fill out our evaluation: [August 2019 STAW](#)

Next STAW: December 19, 2019



at Education Development Center

Visit our website:

[www.ChildrensSafetyNetwork.org](http://www.ChildrensSafetyNetwork.org)