Teen dating abuse is physical, sexual, or emotional abuse (including stalking) that occurs between teens and pre-teens in a relationship. It can take place in person or online, and can involve a current or past partner (CDC, 2016; p. 5 in resource guide).

Teen dating abuse is quite common, affecting around one in ten high school students. The 2015 Youth Risk Behavior Survey (2015 data, p. 4) found that 9.6% of high school students had been physically hurt (hit, slammed into something, or injured with an object or weapon) by a dating partner on purpose within the past year. This was higher among female students (11.7%) than male (7.4%) students. Sexual violence was even more common, with 10.6% of students reporting being forced to do something sexual (kissed, touched, or physically forced to have sexual intercourse) within the past year by a dating partner. Again, more female students (15.6%) reported this than male students (5.4%).

These statistics are particularly troubling given the lasting impact that teen dating abuse can have on victims. Students who experienced dating abuse were more likely than those who hadn’t to report being bullied on school grounds and missing school because they felt unsafe (Vivolo-Kantor, 2016; p. 7). Those who experience teen dating abuse are more likely than those who haven’t to become depressed or anxious, use drugs or alcohol, or become suicidal. Victims of teen dating abuse are also at an increased risk for being abused in future relationships (CDC, 2016; p. 5).

This resource guide provides links to organizations, programs, publications, and resources focused on preventing teen dating abuse. It is divided into six sections: (1) national organizations; (2) prevention programs and interventions; (3) data, fact sheets, infographics, and toolkits; (4) policy and legislation; (5) special populations; and (6) research.
NATIONAL ORGANIZATIONS

Break the Cycle
http://www.breakthecycle.org

Futures Without Violence
https://www.futureswithoutviolence.org

National Domestic Violence Hotline – Teen Resources
http://www.thehotline.org/2013/02/25/dating-abuse-resources-for-teens

National Online Resource Center on Violence against Women (VAWnet.org)
http://vawnet.org
Resources about teens: http://www.vawnet.org/special-collections/tdv.php

National Resource Center for Teen Dating Violence Awareness Month
http://www.teendvmonth.org

That’s Not Cool
https://thatsnotcool.com

HOTLINES

Love Is Respect
1 (866) 331-9474
http://www.loveisrespect.org

National Domestic Violence Hotline
1 (800) 799-SAFE
http://www.thehotline.org

National Organization for Victim Assistance
1 (800) TRY-NOVA
http://www.trynova.org

National Sexual Assault Hotline
1 (800) 656-HOPE
https://www.rainn.org/about-national-sexual-assault-telephone-hotline
Online hotline: https://www.rainn.org/about-national-sexual-assault-online-hotline

PREVENTION PROGRAMS AND INTERVENTIONS

Choose Respect | CDC Veto Violence
https://vetoviolence.cdc.gov/apps/datingmatters/respect.html

Dating Matters | CDC Veto Violence
https://vetoviolence.cdc.gov/apps/datingmatters

In Touch with Teens | PreventIVP.org

Start Strong: Building Healthy Teen Relationships
http://startstrong.futureswithoutviolence.org

Building Healthy Teen Relationships: An Evaluation of the Fourth R Curriculum with Middle School Students in the Bronx | National Institutes of Justice (2017)
Cissner AB, Ayoub LH
The Effects of the Evidence-based Safe Dates Dating Abuse Prevention Program on Other Youth Violence Outcomes | Prevention Science (2014)
https://doi.org/10.1007/s11121-014-0472-4

Foshee VA, Benefield T, Dixon KS, Chang LY, Senkomago V, Ennett ST, Moracco KE, Michael Bowling J
https://doi.org/10.1007/s10964-015-0272-6

Leviton LC, Herrera D, Miller S
https://doi.org/10.1016/j.jadohealth.2014.11.013

Niolon PN, Taylor BG, Latzman NE, Vivolo-Kantor AM, Valle LA, Tharp AT
http://dx.doi.org/10.1037/vio0000043

Using School Health Centers to Promote Healthy Relationships in Adolescents | National Institute of Justice (2017)

DATA
Smith SG, Chen J, Basile KC, Gilbert LK, Merrick MT, Patel N, Walling M, Jain A

Youth Risk Behavior Surveillance System (YRBSS) | CDC
FACT SHEETS, INFOGRAPHICS, AND TOOLKITS

Connecting the Dots Toolkit | CDC Veto Violence
https://vetoviolence.cdc.gov/apps/connecting-the-dots

Teen Dating Violence Prevention Infographic | CDC (2015)

Teen Dating Violence in the United States: A Fact Sheet for Schools | Office of Safe and Healthy Students (2013)
https://www2.ed.gov/about/offices/list/oese/oshs/teendatingviolence-factsheet.html

Understanding Teen Dating Violence Fact Sheet | CDC (2016)

POLICY AND LEGISLATION

Teen Dating Violence | National Conference of State Legislatures

Hoefer R, Black B, Ricard M
https://doi.org/10.1016/j.adolescence.2015.07.006

SPECIAL POPULATIONS

Asian & Pacific Islander Institute on Domestic Violence
http://www.apiidv.org

Casa De Esperanza
http://www.casadeesperanza.org

Institute on Domestic Violence in the African American Community
http://www.idvaac.org

Tribal Institute
http://www.tribal-institute.org/lists/domestic.htm

FORGE (for transgender individuals)
http://forge-forward.org

CSN WEBINARS

Connections Between Bullying and Other Types of Violence: Family Violence, Sexual Harassment, and Dating Violence (2015)
https://www.childrenssafetynetwork.org/webinar/connections-between-bullying

Preventing Adolescent Dating Abuse: Research and Practice (2016)
https://www.childrenssafetynetwork.org/webinar/preventing-adolescent-dating-abuse
Adolescent Pornography Use and Dating Violence among a Sample of Primarily Black and Hispanic, Urban-Residing, Underage Youth | Behavioral Sciences (2016)
Rothman EF, Adhia A
https://doi.org/10.3390/bs6010001

Schanen JG, Skenandore A, Scow B, Hagen J
https://doi.org/10.1093/sw/swx021

Collecting Self-Reported Data on Dating Abuse Perpetration from a Sample of Primarily Black and Hispanic, Urban-Residing, Young Adults: A Comparison of Timeline Followback Interview and Interactive Voice Response Methods | Journal of Interpersonal Violence (2016)
Rothman EF, Heeren T, Winter M, Dorfman D, Baughman A, Stuart G
https://doi.org/10.1177/0886260516681154

Dating Violence among Urban, Minority, Middle School Youth and Associated Sexual Risk Behaviors and Substance Use | Journal of School Health (2013)
Lormand DK, Markham CM, Peskin MF, Byrd TL, Addy RC, Baumler E, Tortolero SR
https://doi.org/10.1111/josh.12045

Dank M, Lachman P, Zweig JM, Yahner J
https://doi.org/10.1007/s10964-013-9975-8

Experiences with Dating Violence and Help Seeking Among Hispanic Females in Their Late Adolescence | Issues in Mental Health Nursing (2016)
Gonzalez-Guarda RM, Ferranti D, Halstead V, Ilias VM
https://doi.org/10.3109/01612840.2016.1141341

A Longitudinal Study of IPV Victimization Among Sexual Minority Youth | Journal of Interpersonal Violence (2016)
Whitton SW, Newcomb ME, Messinger AM, Byck G, Mustanski B
https://doi.org/10.1177/0886260516646093

Martin-Storey A
https://doi.org/10.1007/s10964-013-0089-0

East PL, Hokoda A
https://doi.org/10.1007/s10964-015-0273-5

Teen Pregnancy, Parenting, and Dating Violence | Break the Cycle (2009)

Black BM, Chido LM, Preble KM, Weisz AN, Yoon JS, Delaney-Black V, Kernsmith P, Lewandowski L
https://doi.org/10.1177/0886260514552271

RESEARCH

Adolescent Cyber Dating Abuse Victimization and Its Associations with Substance Use, and Sexual Behaviors | Public Health (2016)
Van Ouytsel J, Ponnet K, Walrave M, Temple JR
https://doi.org/10.1016/j.puhe.2016.02.011

Taylor S, Calkins CA, Xia Y, Dalla RL
https://doi.org/10.1177/0886260517726969

Adolescent Relationship Abuse and Reproductive and Sexual Coercion among Teens | Current Opinion in Obstetrics and Gynecology (2013)
Miller E, McCauley HL
https://doi.org/10.1097/GCO.0b013e328364ecab
Associations of Teen Dating Violence Victimization with School Violence and Bullying Among US High School Students | Journal of School Health (2016)
Vivolo-Kantor AM, Olsen EO, Bacon S
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5022554

Bidirectional Relations Between Dating Violence Victimization and Substance Use in a Diverse Sample of Early Adolescents | Journal of Interpersonal Violence (2017)
Taylor KA, Sullivan TN
https://doi.org/10.1177/0886260517731312

Bullying as a Longitudinal Predictor of Adolescent Dating Violence | Journal of Adolescent Health (2014)
Foshee VA, McNaughton Reyes HL, Vivolo-Kantor AM, Basile KC, Chang LY, Faris R, Ennett ST
https://doi.org/10.1016/j.jadohealth.2014.03.004

Child Sexual Abuse as a Risk Factor for Teen Dating Violence: Findings from a Representative Sample of Quebec Youth | Journal of Child and Adolescent Trauma (2017)
Hébert M, Moreau C, Blais M, Lavoie F, Guerrier M
https://doi.org/10.1007/s40653-016-0119-7

Yahner J, Dank M, Zweig JM, Lachman P
https://doi.org/10.1177/0886260514540324

Correlates of Cyber Dating Abuse among Teens | Journal of Youth and Adolescence (2014)
Zweig JM, Lachman P, Yahner J, Dank M
https://doi.org/10.1007/s10964-013-0047-x

Cyber Dating Abuse among Teens Using School-based Health Centers | Pediatrics (2014)
Dick RN, McCauley HL, Jones KA, Tancredi DJ, Goldstein S, Blackburn S, Monasterio E, James L, Silverman JG, Miller E
https://doi.org/10.1542/peds.2014-0537

Dating Violence among Male and Female Youth Seeking Emergency Department Care | Annals of Emergency Medicine (2014)
Singh V, Walton MA, Whiteside LK, Stoddard S, Epstein-Ngo Q, Chermack ST, Cunningham RM
https://doi.org/10.1016/j.annemergmed.2014.05.027
Chen FR, Rothman EF, Jaffee SR
https://doi.org/10.1542/peds.2016-2847

https://doi.org/10.1007/s10964-017-0730-4

Nydegger LA, DiFranceisco W, Quinn K, Dickson-Gomez J
https://doi.org/10.1007/s11524-016-0068-3

Intimate Partner Violence and Pregnant and Parenting Adolescents in Out-of-home Care: Reflections on a Data Set and Implications for Intervention | Journal of Clinical Nursing (2017)
Herrman JW, Finigan-Carr N, Haigh KM
https://doi.org/10.1111/jocn.13420

Mason MJ, Campbell L, Zaharakis N, Foster R, Richards S
https://doi.org/10.1097/DBP.0000000000000095

A Longitudinal Examination of Psychological, Behavioral, Academic, and Relationship Consequences of Dating Abuse Victimization among a Primarily Rural Sample of Adolescents | Journal of Adolescent Health (2013)
Foshee VA, McNaughton Reyes HL, Gottfredson NC, Chang LY, Ennett ST
https://doi.org/10.1016/j.jadohealth.2013.06.016

Marijuana Use and Physical Dating Violence among Adolescents and Emerging Adults: A Systematic Review and Meta-analysis | Drug and Alcohol Dependence (2017)
Johnson RM, LaValley M, Schneider KE, Musci RJ, Pettoruto K, Rothman EF
https://doi.org/10.1016/j.drugalcdep.2017.01.012

Johnson RM, Parker EM, Rinehart J, Nail J, Rothman EF
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4548272
Parenting Profiles and Adolescent Dating Relationship Abuse: Attitudes and Experiences | Journal of Youth and Adolescence (2016)
Mumford EA, Liu W, Taylor BG
https://doi.org/10.1007/s10964-016-0448-8

Physical and Sexual Dating Violence and Nonmedical Use of Prescription Drugs | Pediatrics (2017)
Clayton HB, Lowry R, Basile KC, Demissie Z, Bohm MK
https://doi.org/10.1542/peds.2017-2289

Latzman NE, Vivolo-Kantor AM, Holditch Niolon P, Ghazarian SR
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https://doi.org/10.1177/0886260514552278

Psychological Abuse, Mental Health, and Acceptance of Dating Violence Among Adolescents | Journal of Adolescent Health (2016)
https://doi.org/10.1016/j.jadohealth.2016.03.034

The Reliability and Validity of the Dating Abuse Perpetration Acts Scale in an Urban, Emergency Department-Based Sample of Male and Female Youth | Journal of Interpersonal Violence (2016)
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Revictimization After Adolescent Dating Violence in a Matched, National Sample of Youth | Journal of Adolescent Health (2017)
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Foshee VA, McNaughton Reyes L, Tharp AT, Chang LY, Ennett ST, Simon TR, Latzman NE, Suchindran C
https://doi.org/10.1016/j.jadohealth.2014.08.003

Chen MS, Foshee VA
https://doi.org/10.1007/s10964-014-0181-0

Mulford CF, Blachman-Demner DR
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Teen Dating Violence: Predicting Physical and Sexual Violence and Mental Health Symptoms Among Heterosexual Adolescent Males | Violence and Victims (2017)
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http://dx.doi.org/10.1177/1524838017730648