Unintentional injuries and violence are the leading causes of death, hospitalization, and disability for children ages 1-18. This fact sheet provides a state snapshot of data on the injury-related Maternal and Child Health Block Grant National Performance Measures and Health Status Indicators, with a special focus on disparities based on race, gender, and rural/urban residence. The fact sheet is intended to be a helpful and easy-to-use tool for needs assessments, planning, program development, and presentations.

The Children’s Safety Network (CSN) National Injury and Violence Prevention Resource Center, funded by the Maternal and Child Health (MCH) Bureau, works with states to utilize a science-based, public health approach for injury and violence prevention (IVP). CSN is available to provide information and technical assistance on injury surveillance and data; needs assessments; best practices; and the design, implementation, and evaluation of programs to prevent child and adolescent injuries.

**Major Causes of Injury Death**

<table>
<thead>
<tr>
<th>Rank</th>
<th>Age Groups</th>
<th>1 - 4</th>
<th>5 - 9</th>
<th>10 - 14</th>
<th>15 - 19</th>
<th>20 - 24</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Congenital Anomalies 384</td>
<td>Unintentional Injury 106</td>
<td>Unintentional Injury 63</td>
<td>Unintentional Injury 62</td>
<td>Unintentional Injury 254</td>
<td>Unintentional Injury 342</td>
</tr>
<tr>
<td>2</td>
<td>Short Gestation 148</td>
<td>Congenital Anomalies 30</td>
<td>Malignant Neoplasms 33</td>
<td>Suicide 16</td>
<td>Suicide 122</td>
<td>Suicide 220</td>
</tr>
<tr>
<td>3</td>
<td>Maternal Pregnancy Comp. 100</td>
<td>Homicide 17</td>
<td>Congenital Anomalies 15</td>
<td>Malignant Neoplasms 14</td>
<td>Malignant Neoplasms 29</td>
<td>Homicide 38</td>
</tr>
<tr>
<td>4</td>
<td>Placenta Cord Membranes 80</td>
<td>Malignant Neoplasms 17</td>
<td>Homicide 10</td>
<td>Congenital Anomalies</td>
<td>Homicide 20</td>
<td>Malignant Neoplasms 36</td>
</tr>
<tr>
<td>5</td>
<td>SIDS 73</td>
<td>Heart Disease</td>
<td>Influenza Pneumonia</td>
<td>Heart Disease</td>
<td>Influenza Pneumonia</td>
<td>Heart Disease</td>
</tr>
</tbody>
</table>

Note: **** indicates that the cell values range from 1-9 and are suppressed for data confidentiality purposes.
### Table 2: Leading Causes and Total 5-Year Incidence of Injury Deaths by Age Group, Utah, 2006-2010

<table>
<thead>
<tr>
<th>Rank</th>
<th>&lt;1</th>
<th>1 - 4</th>
<th>5 - 9</th>
<th>10 - 14</th>
<th>15-19</th>
<th>20-24</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Suffocation 39</td>
<td>Drowning 30</td>
<td>MV Traffic 37</td>
<td>MV Traffic 31</td>
<td>MV Traffic 163</td>
<td>Suicide 220</td>
</tr>
<tr>
<td>2</td>
<td>Homicide 15</td>
<td>MV Traffic 25</td>
<td>Homicide 10</td>
<td>Suicide 16</td>
<td>Suicide 122</td>
<td>MV Traffic 173</td>
</tr>
<tr>
<td>3</td>
<td>MV Traffic ****</td>
<td>Suffocation 18</td>
<td>Drowning ****</td>
<td>Other land transport ****</td>
<td>Other land transport ****</td>
<td>Poisoning 32</td>
</tr>
<tr>
<td>4</td>
<td>Unspecified ****</td>
<td>Drowning ****</td>
<td>Homicide 17</td>
<td>Pedestrian, other 17</td>
<td>Suffocation ****</td>
<td>Natural/environmental ****</td>
</tr>
<tr>
<td>5</td>
<td>Undetermined Suffocation ****</td>
<td>Fall ****</td>
<td>Fall ****</td>
<td>Fall ****</td>
<td>Suffocation ****</td>
<td>Homicide 20</td>
</tr>
</tbody>
</table>

Note: All mechanisms of suicide and homicide were combined according to intent. Each listed mechanism is unintentional except those otherwise noted. **** indicates that the cell values range from 1-9 and are suppressed for data confidentiality purposes.

### Table 3: Leading Causes and Annual Incidence of Hospital-Admitted Injuries by Age Group, Utah Residents, 2010

<table>
<thead>
<tr>
<th>Rank</th>
<th>&lt;1</th>
<th>1 - 4</th>
<th>5 - 9</th>
<th>10 - 14</th>
<th>15-19</th>
<th>20-24</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Other Specified, NEC 36</td>
<td>Fall 79</td>
<td>Fall 64</td>
<td>Fall 51</td>
<td>Self-Inflicted 198</td>
<td>Self-Inflicted 293</td>
</tr>
<tr>
<td>2</td>
<td>Fall 25</td>
<td>Poisoning 39</td>
<td>MV Traffic 20</td>
<td>Self-Inflicted 43</td>
<td>MV Traffic 139</td>
<td>MV Traffic 137</td>
</tr>
<tr>
<td>3</td>
<td>Poisoning *</td>
<td>Other Specified, NEC 35</td>
<td>Other Specified, NEC 16</td>
<td>Transport, other 36</td>
<td>Fall 108</td>
<td>Fall 107</td>
</tr>
<tr>
<td>4</td>
<td>Suffocation *</td>
<td>Unspecified *</td>
<td>MV Traffic 17</td>
<td>Three Tied†</td>
<td>MV Traffic 29</td>
<td>Struck By/Against 49</td>
</tr>
<tr>
<td>5</td>
<td>Struck By/Against *</td>
<td>Bites &amp; Stings *</td>
<td>Bites &amp; Stings *</td>
<td>Suffocation *</td>
<td>Struck By/Against 25</td>
<td>Transport, other 45</td>
</tr>
</tbody>
</table>

Note: MV = Motor Vehicle. NEC = Not Elsewhere Classifiable. †Three mechanisms were tied for the fourth ranking among children between the ages 5 and 9 including Struck By/Against, Transport, Other, and Pedal Cyclist, Other. Source: Children’s Safety Network Economics and Data Analysis Resource Center (CSN EDARC), at the Pacific Institute for Research and Evaluation (PIRE), Calverton, MD, January 2013. Incidence based on 2010 data obtained from the Utah Department of Health. State Inpatient Data (SID) from the Healthcare Cost and Utilization Project (HCUP) developed by the Agency for Healthcare Research and Quality (AHRQ). These injuries exclude patients who were dead at the time of discharge, readmission cases, transfers (e.g., from another short or long-term care facility, different acute care hospital), medical misadventures, and/or who suffered non-acute injuries. All counts were based on the patients’ state of residence.
National Performance Measures

The Federal Maternal and Child Health Bureau Block Grant program requires State MCH programs to report on 18 National Performance Measures (NPM), two of which directly address injuries. NPM #10 addresses the rate of deaths to children aged 14 years and younger caused by motor vehicle crashes per 100,000 children. NPM #16 addresses the rate (per 100,000) of suicide deaths among youths aged 15 through 19.

NPM 10: Reducing Unintentional Motor Vehicle Deaths to Children Ages 0-14

Motor vehicle-related deaths remain a major cause of death for children 14 and under. Figure 1 shows the change in the rate of state motor vehicle-related deaths compared to the US rate from 2006-2010. Overall, the rate of death per 100,000 population declined steadily across the US during this period. Figure 2 provides a breakout of the fatalities by type distinguishing motor vehicle occupant deaths (of any vehicle type) from pedestrian and pedal cyclist fatalities. This information allows states to understand which types are responsible for most of the fatalities.

Figure 3 breaks out the fatalities by race and age group. There are considerable differences between races suggesting variations in social norms, safety practices, and the presence of risk factors, including child restraint system (CRS) or safety belt usage, alcohol involved crashes, and the use of helmets. Many factors may affect this variation. Figure 4 provides a breakdown of fatalities by gender and, although there is little variability between males and females for the 10-14 age group, there is an increasing difference in the 15-24 age group. Figure 4 suggests that the female rate decreased for 20-24 year olds compared with the 15-19 year olds while male fatalities increased for 20-24 year olds.
26% of children ages 0 through 14 involved in a motor vehicle fatality were pedestrians.
One way of understanding disparities is to look at the rate of injuries by place of occurrence. To show this, CSN has provided the rates for the 0–14, 15-19 and 20-24 age groups using the urban-rural classification system developed by the National Center for Health Statistics (NCHS). To show how injury rates vary by level of urbanization, a table based on the classification system can be found here and defines six levels of urbanization: large central metro, large fringe metro, medium metro, small metro, micropolitan, and noncore. Figure 5 shows how the rate varies by age group by place of occurrence/urban-rural setting. This information allows the state to better understand any disparity that may occur between the different settings. Data are provided only for those areas in which 20 or more deaths occurred.

Many of these motor vehicle related deaths can be prevented through the implementation of a broad range of evidence-informed interventions and programs. These data are intended to provide a broad overview of the magnitude of the problem and to highlight possible disparities which may exist by race, gender, and urbanicity.

**NPM 16: Reducing Suicide Deaths Among Teens Ages 15-19**

Suicide is the 4th leading cause of death and the 3rd leading cause of injury-related death among US youth 10-24 years of age. According to the 2011 Youth Risk Behavior Surveillance Survey (YRBSS), 15.8% of students seriously considered attempting suicide and 7.8% of students attempted suicide one or more times in the 12 months prior to the survey. Although progress has been made over the past decade in reducing the rate of completed suicides nationally, this reduction has leveled off in the last few years. The following figures provide state-specific data related to suicide. Figure 6 shows the state rate from 2006-2010 for 15-19 year olds in comparison to the US rate for the same age group and time period. Figure 7 provides information on the means used by the 15-19 year olds for completed suicides. It is important to note that the actual number of suicides is often quite small thus resulting in considerable variation when looking at year to year rates.
48% of youth ages 15 through 19 completed suicide by using suffocation.
The YRBSS provides information about behaviors that contribute to unintentional and intentional violence among youth. Figures 8 and 9 provide information on the percentage of high school students with suicide ideation and the percentage who reported being medically treated for a suicide attempt from 2003-2011, respectively. This information and other information available in the YRBSS can help states understand how behaviors are changing within this age group.

Figure 10 shows how the rate differs by race for 15-19 and 20-24 year olds from 2003-2007. Figure 11 shows the difference by gender for the same age group and time period with the male rate for both age groups exceeding the female rate. Figure 12 looks at the variation in rate by urbanicity for 15-24 year olds with the rate increasing as rurality increases (see definition of urbanicity in Motor Vehicle section). This information provides a better understanding of the magnitude of the problem in different parts of the state, helping the state to identify environmental risk factors and facilitate decision making on where to target its suicide prevention efforts.
IVP Health Status Indicators

The Maternal and Child Health Bureau requires every state to report on 12 Health Status Indicators. Six of the indicators are related to IVP. The two figures below reflect the data reported for the IVP Health Status Indicators by the state in their Maternal and Child Health Block Grant Application Form 17, 2012.

State Specific Performance Measures and Priority Needs

Each state develops up to 7 – 10 State Performance Measures and priority needs. The following provides information about the states’ selected 2013 injury-related performance measures and priority needs.

Utah has the following injury-related State Performance Measure:
• Decrease the percent of youth who, during the last 12 months, felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing usual activities.

Utah has the following injury-related Priority Need:
• Decrease the percent of adolescents who felt sad or hopeless almost every day for two weeks or more in a row during the last 12 months.

State Contact Information

MCH Director: Nan Streeter, nanstreeter@utah.gov
IVP Director: Trisha Keller, trishakeller@utah.gov
PRAMS Coordinator: Laurie Baksh, lbaksh@utah.gov
EMSC Contact: April Vance, adlarson@utah.gov
CDR Coordinator: Teresa Brechlin, tbrechlin@utah.gov

State Fact Sheets Figure & Table Source Data

Table 1 Source: WISQARS Leading Causes of Death Reports, 2006-2010
Table 2 Source: National Center for Health Statistics, Multiple Cause of Death Data, 2006-2010
Table 3 Source: Children's Safety Network Economics and Data Analysis Resource Center (CSN EDARC), at Pacific Institute for Research and Evaluation (PIRE), Calverton, MD, January 2013.
Table 4 Source: Children's Safety Network Economics and Data Analysis Resource Center (CSN EDARC), at Pacific Institute for Research and Evaluation (PIRE), Calverton, MD, January 2013.
Research and Evaluation (PIRE), Calverton, MD, January 2013.

Figure 1 Source: WISQARS Fatal Injury Reports, 2006-2010 and WISQARS Injury Mortality Reports, 2003-2007
Figure 2 Source: WISQARS Fatal Injury Reports, 2006-2010 and WISQARS Injury Mortality Reports, 2003-2007
Figure 3 Source: WISQARS Injury Mortality Reports, 2006-2010
Figure 4 Source: WISQARS Fatal Injury Reports, 2006-2010 and WISQARS Injury Mortality Reports, 2003-2007
Figure 5 Source: CDC WONDER Multiple Cause of Death data, 2006-2010 and Urban-Rural Definition Classification System

The classification scheme can be found at: http://wonder.cdc.gov/wonder/help/CMF/Urbanization-Methology.html. 2006 NCHS Urban-Rural Classification Scheme for Counties, by Deborah D. Ingram and Sheila Franco.

Figure 6 Source: WISQARS Fatal Injury Reports, 2006-2010 and WISQARS Injury Mortality Reports, 2003-2007
Figure 7 Source: WISQARS Fatal Injury Reports, 2006-2010 and WISQARS Injury Mortality Reports, 2003-2007
Figures 8 & 9 Source: Youth Online: High School Youth Risk Behavior Survey (YRBS), 2003-2011
Figure 10 Source: WISQARS Injury Mortality Reports, 2006-2010 and WISQARS Injury Mortality Reports, 2003-2007
Figure 11 Source: WISQARS Fatal Injury Reports, 2006-2010 and WISQARS Injury Mortality Reports, 2003-2007
Figure 12 Source: CDC WONDER Multiple Cause of Death data, 2006-2010 and Urban-Rural Definition Classification System

Figures 13 & 14 Source: HRSA, Title V Information System Multi-Year Report. Some states may have changed their method of calculation.

About Children’s Safety Network

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In this fact sheet CSN provides a cursory review of the injury morbidity and mortality data available for the state. The figures and tables in this fact sheet can help you understand the state’s progress in addressing motor vehicle traffic injuries and suicide. To target and address these and other injury issues, it is critical to understand this data. CSN can assist you in conducting detailed data analyses, utilizing surveillance systems, and undertaking needs assessments. For assistance, contact the Children’s Safety Network at csninfo@edc.org.

Connect with the Children’s Safety Network
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CSN’s website: http://www.ChildrensSafetyNetwork.org
CSN on Facebook: http://www.facebook.com/childrenssafetynetwork
CSN on Twitter: http://www.twitter.com/childrenssafety
Register for the CSN newsletter: http://go.edc.org/csn-newsletter
Need TA? Have Questions? E-mail: csninfo@edc.org

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