



# **State Technical Assistance Webinar**

October 15, 2025







#### Welcome!

Please share in chat or unmute:

- Name
- Role
- State
- Topic area

What is a favorite fall activity?





# **Funding Sponsor**

The Children's Safety Network is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under the Child and Adolescent Injury and Violence Prevention Resource Centers Cooperative Agreement (U49MC28422) for \$5,000,000 with 0 percent financed with non-governmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.





# Engagement



Closed **Captions** can be viewed by clicking the CC button at the bottom of your Zoom screen



We will provide **verbal descriptions and summaries** of slide content and chat messages



Follow-up materials such as recordings and handouts will be available and meet or exceed compliance guidance



Use the **chat feature** to ask questions and make comments throughout



Please stay muted when not speaking



Please turn your **camera on,** if possible, to facilitate our engagement



This session will be recorded and posted in the CSLC web portal

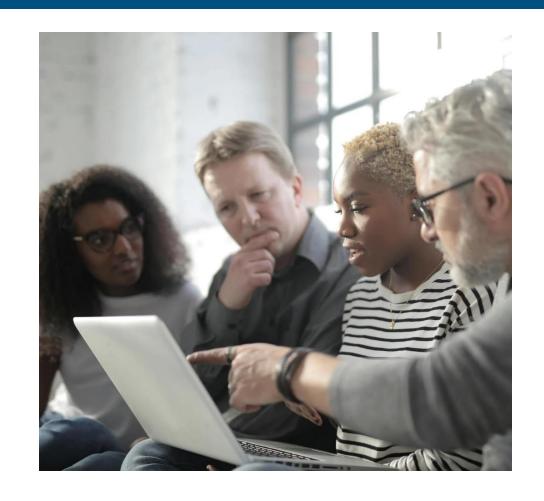


Rename yourself with your state abbreviation and full name

# **Community Guidelines**

We ask during today's session that you:

- Focus on intentional presence
- Bring a curious stance
- Be partners in learning
- Honor others' perspectives, experiences and learning styles
- Take care of yourself as needed





# **Today's Presenters**



Jenny Stern-Carusone,
MSW
CSN Associate Director



Lauren Gilman, M.A. Sr. Training and Technical Associate



## **Child Safety Learning Collaborative**





The key to success is to learn the CQI process and find key strategies you really want to lift up and improve and focus on that.

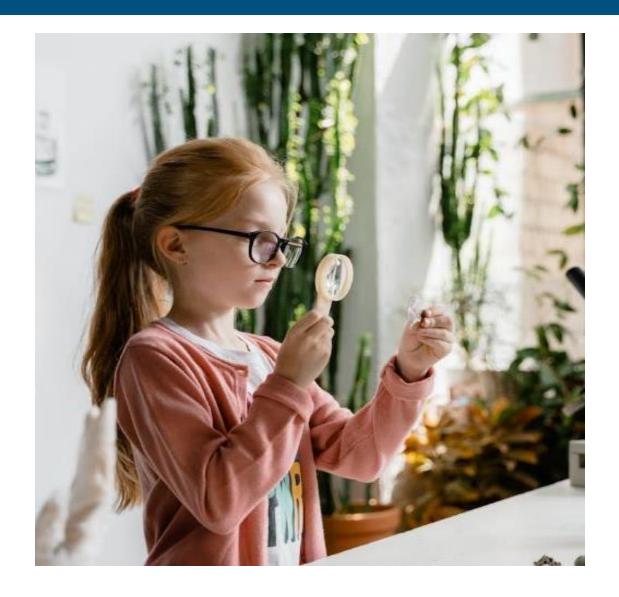




Being part of the CSLC helped us think about the voices who might be missing from our conversation and team.

It has been a catalyst for a lot of other work – the team at CSN is incredibly supportive and takes you through a practical approach to improvement and learning that can help you start some great work across your state.

# What Does Quality Improvement Look Like?





# What is Quality Improvement?

Quality Improvement (QI) is a structured, data-driven process used to systematically enhance services, programs, or systems to better meet goals and outcomes

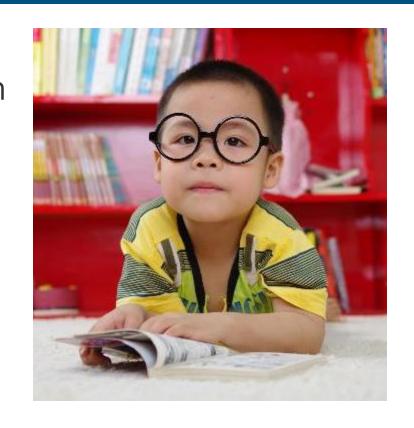


For public health professionals QI is an essential tool to ensure that efforts are effective, efficient, meet community needs, and make an impact



# Why Focus on Quality Improvement in Child Safety?

- Injury is the leading cause of death for children ages 0-19, with over 16,000 injury deaths per year between 2020 and 2022. Many of these deaths are preventable (Centers for Disease Control and Prevention, 2024)
- The complex system of individual and community factors of health, cross-sector partners and political influence must be navigated in public health efforts
- Quality Improvement provides a means to accelerate change through the use of evidence based/informed strategies and small tests of change



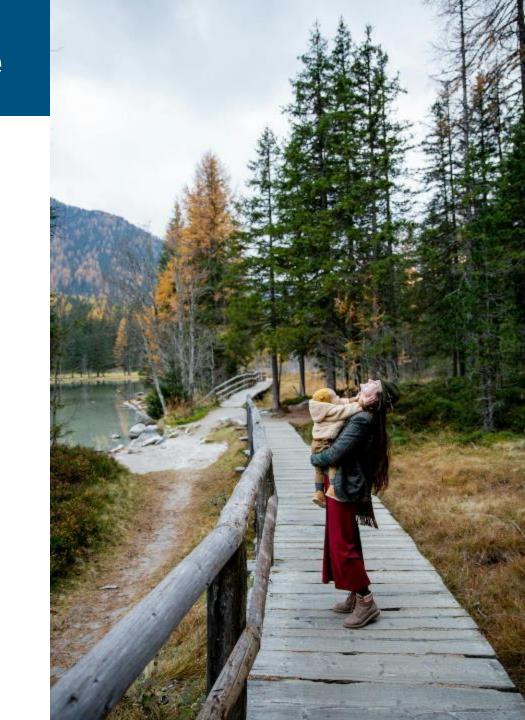


#### **If You Want To Get Somewhere**

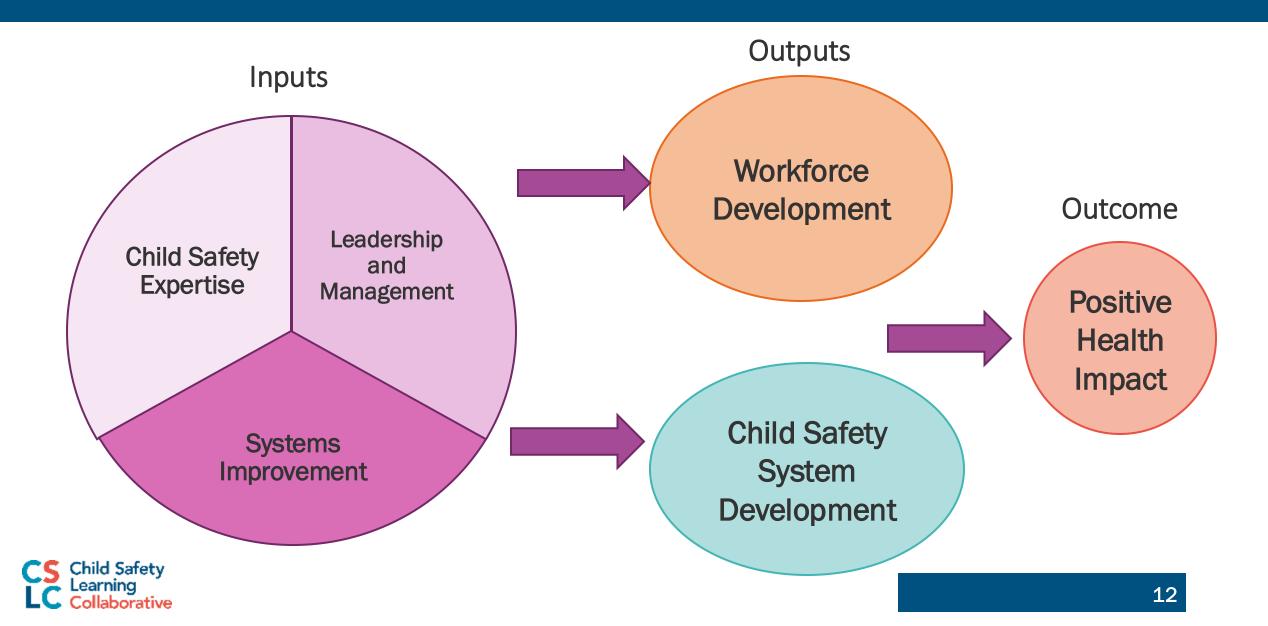
"...know how to get there, and how to get back (and eat first)"

-Into the Woods Finale, Children Will Listen

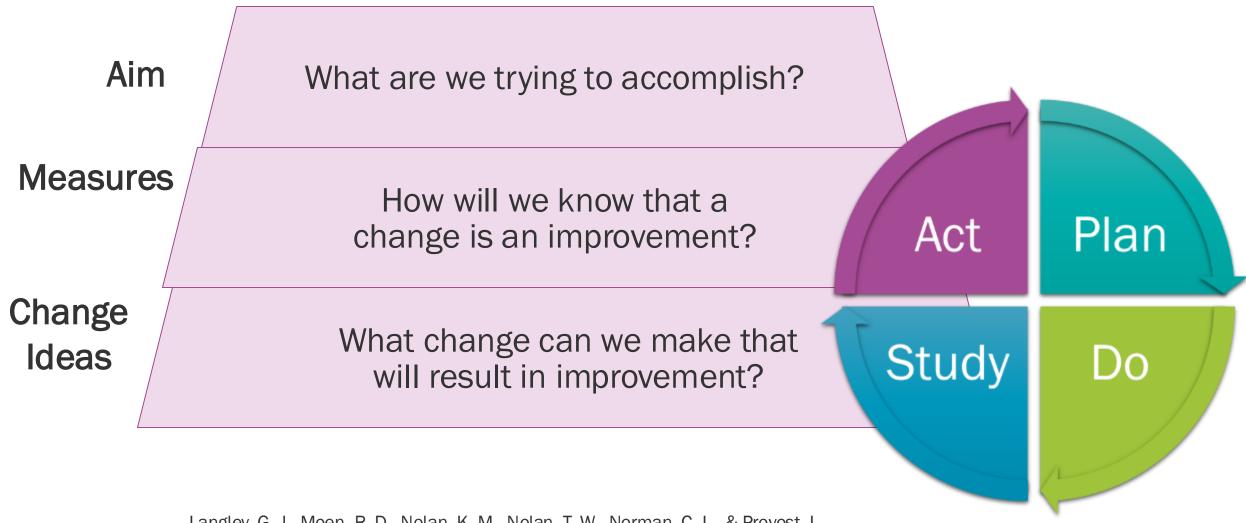




#### **CSN Framework for Quality Improvement and Innovation in Child Safety**



# **Model for Improvement**

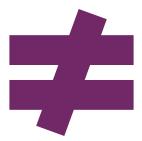




Langley, G. J., Moen, R. D., Nolan, K. M., Nolan, T. W., Norman, C. L., & Provost, L. P. (2009). *The Improvement Guide: A Practical Approach to enhancing organizational performance*. Jossey Bass.

## Reminder:

Measurement



**Change or improvement** 

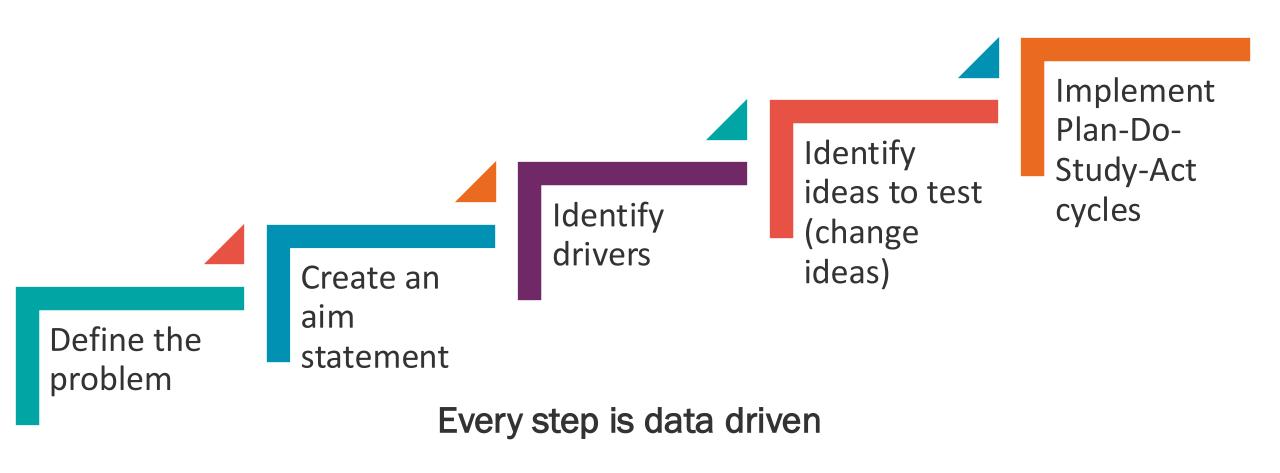




# Building your QI Toolbox



# Sample QI Process Overview





# **Clearly Identify the Problem**

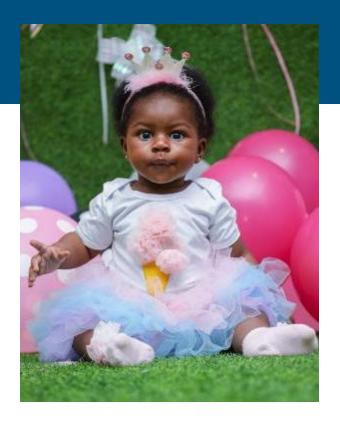
- Engage partners and those impacted
- Identify the "why"
- Problem statement should be clear and concise







# **Examples**



Problem: Jake is not independently completing his weekday reading which is impacting his learning and grades (and mom's sanity)

Problem: Rates of SUID among Black Non-Hispanic Families persist at higher rates than White, Non-Hispanic Families



### **Create an Aim Statement**

Consider the following:

☐ What do you want to achieve?

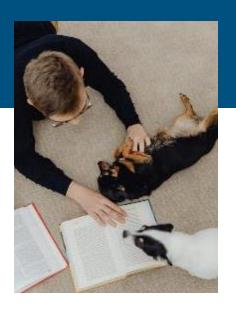
☐ For whom; who will benefit?

☐ By when: when will it start and stop?

☐ **How much;** how much will change/what will the change be and how will you measure it?







## Examples



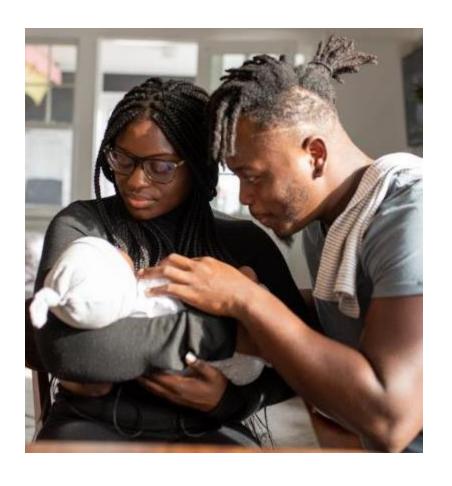
By December 31<sup>st</sup>, Jake will independently read for twenty minutes each weeknight, before bed, as shown by his reading log, completing at least 4 out of 5 nights for each week in December with no reminders from Mom

By June 30, 2027, we will reduce the gap of SUID deaths between White and Black Non-Hispanic infants from 5% to 3% according to DPH annual maternal and child health statistics report



# Ask "Why" - Root Causes and Barriers

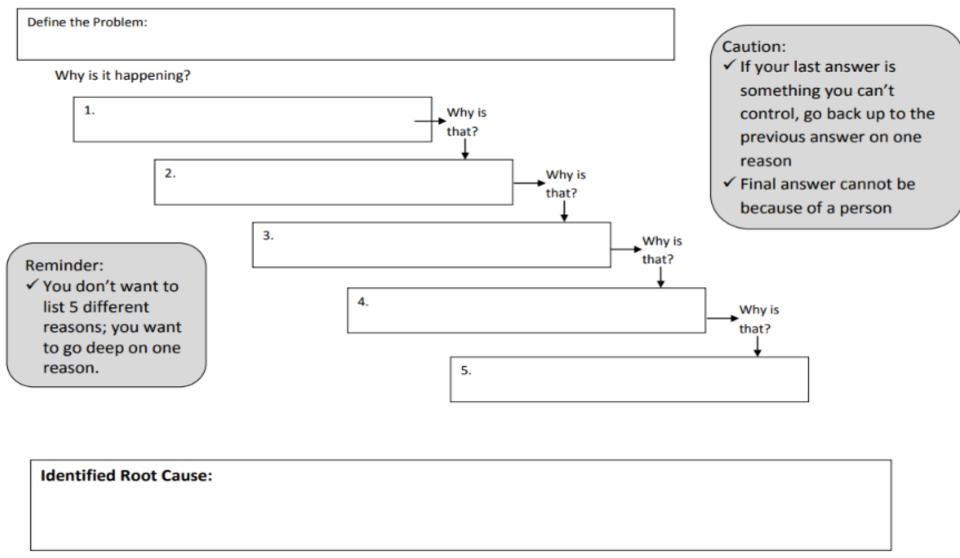






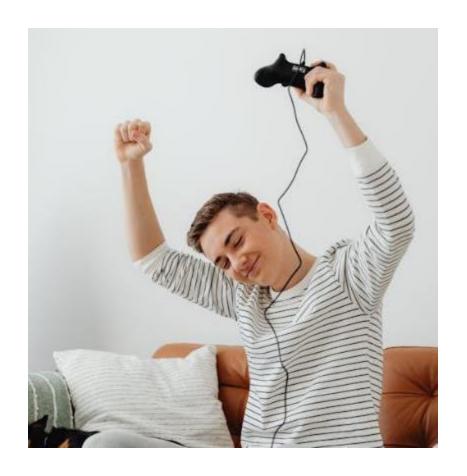
#### **Asking Powerful Questions**

#### **5 Whys Worksheet**





# **Change Ideas & Measures**





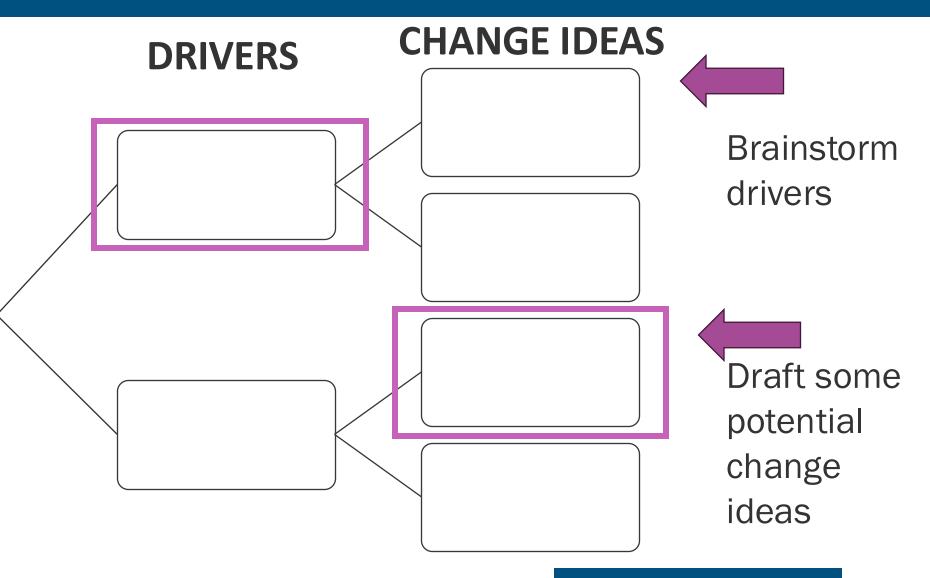


# **Identify Ideas to Test**

Key Driver Diagram

#### **AIM**

By December 31st, Jake will independently read for twenty minutes each weeknight, before bed, as shown by his reading log, completing at least 4 out of 5 nights for each week in December with no reminders from Mom



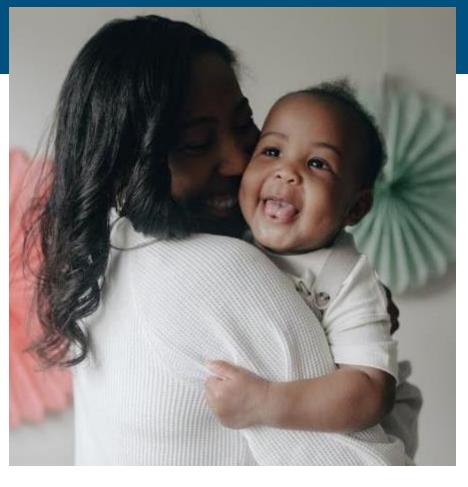


# **SUID Example**

Aim: By June 30, 2027, we will reduce the gap of SUID deaths between White and Black Non-Hispanic infants from 5% to 2% according to DPH annual maternal and child health statistics report

Goal: By February 20, 2026, we will increase the number of partners providing community tailored safe infant sleep education and resources to parents and caregivers from

3 to 25 as measured by completion of quarterly partner questionnaires

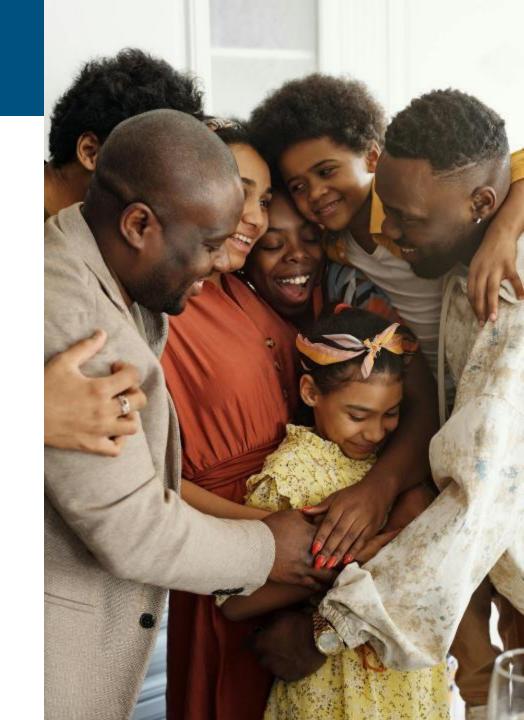




# **SUID Example**

- It has been identified that reaching "natural supports" (trusted individuals already connected with caregivers) is challenging
- Persons on our coalition who live in the area we want to reach have identified that salons may be a good way to reach natural supports, especially grandmothers
- We want to find out if engaging salons as partners is an effective strategy to reach this population





# **Going Further: Operationalize**

Provide education to "natural supports" who are trusted individuals and groups that are influential in the lives of parents and other infant caregivers, such as grandparents, aunts, uncles, and others regarding safe infant sleep practices and resources

**Measure:** Number of organizational partnerships that engage with "natural supports" to promote and spread best practices in infant safe sleep

Goal: 22 new partnerships

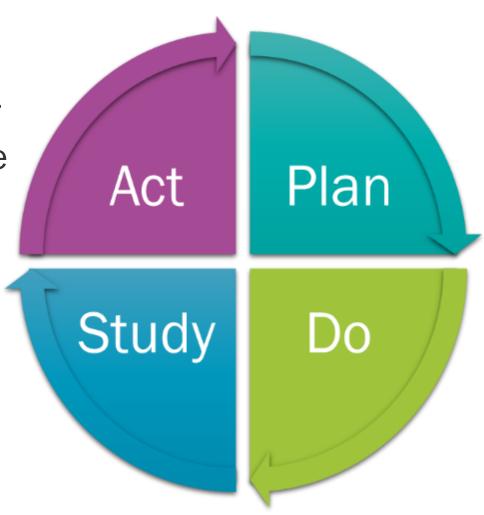




# Plan-Do-Study-Act

Act: Adopt, adapt, or abandon the change based on findings

Study: Collect and analyze data to compare with your predictions



Plan: Determine the questions you want to answer, your predictions and your measurement plan

**Do:** Implement the Plan and record the data



# PDSA Example

AIM: In 90 days, we will reach 40 grandmothers in predominantly Black Non-Hispanic communities, with a campaign distributed through beauty salons, to increase safe sleep behaviors, as measured by questionnaires to salon owners.

- Create an education campaign
- Choose a pilot site to test
- Create a brief questionnaire for salon owners to measure the number of grandmothers who interact with the safe sleep information campaign
- After a period of time (90 days) re-evaluate: Did it work to reach natural supports this way? Was this an effective partnership? Would it help us to reach our goals by increasing partnerships with other salons? Would we need to change anything to spread this strategy to other salons?



# QI Share Out

- What QI tools have you found helpful in your work?
- Could you share an example template or process you have used?
- What barriers have you faced when applying quality improvement processes to your work and how did you overcome them?
- What tips do you have for someone who wants to get started with QI or is feeling stuck?





#### **Additional Resources**

- National Institute for Children's Health Quality (NICHQ), QI Tips: A
   Formula for Developing a Great Aim Statement
- Institute for Healthcare Improvement (IHI), <u>Quality Improvement</u> Essentials Toolkit
- Children's Safety Network, <u>Change Packages and Outcome Measure</u> Worksheets



# **Upcoming Events**

State Technical Assistance Webinars (STAWs)

Wednesdays at 2:00 PM ET

December 17<sup>th</sup>

February 18<sup>th</sup>

April 15<sup>th</sup>

**CSN Public Webinar** 

Date TBA soon

Playground Safety



# Thank you!

Please fill out our brief evaluation:



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