

# Teen Driving Safety 2022 Resource Guide



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# **Contents**

Introduction	3
Organizations	4
Prevention Resources	4
Laws	7
Data Sources	8
Publications	8



#### INTRODUCTION

Teenagers contribute to, and suffer from, the consequences of motor vehicle collisions at a disproportionate rate. Teen drivers ages 16 - 19 are nearly three times as likely as drivers aged 20 or older to be in a fatal crash.<sup>1</sup>

In 2019, 4,356 people were killed in crashes involving young drivers (aged 15 - 20). Of these fatalities, 1,603 were young drivers, 880 were passengers of young drivers, and the remaining 1,873 victims were non-occupants and occupants of the other vehicles involved in crashes with young drivers.<sup>2</sup> At particularly high risk are male drivers aged 16 – 18, teens driving with teen passengers, and newly licensed teens. Teen driver crashes more often involve: driver error, lack of safety belt use, excessive speed, reckless driving, single vehicle crashes, nighttime fatal crashes, increased risk with every additional passenger, distractions, and alcohol and drugs.

Teen motor vehicle crashes are preventable and there are proven strategies which can increase the safety of young drivers as well as all other road users. This resource guide provides links to organizations, programs, publications, and resources focused on teen driving safety. It is divided into five sections: (1) organizations; (2) prevention resources; (3) laws; (4) data sources; and (5) publications. The resources included in this guide are not meant to be comprehensive, nor are the listings intended as endorsements

<sup>1</sup> Insurance Institute for Highway Safety (IIHS). Fatality Facts 2019: Teenagers. Highway Loss Data Institute; March 2021. https://www.iihs.org/topics/fatality-statistics/detail/teenagers

<sup>2</sup> Traffic Safety Facts: 2019 Data, Young Drivers, NHTSA, Jun. 2021, DOT HS 813 130 available at https://crashstats.nhtsa.dot.gov/Api/Public/ViewPublication/813130

# **ORGANIZATIONS**

**AAA Foundation for Traffic Safety** 

http://www.aaafoundation.org/

**Centers for Disease Control and Prevention (CDC)** 

https://www.cdc.gov/transportationsafety/teen\_drivers/index.html

Governors Highway Safety Association (GHSA)

http://www.ghsa.org/

Insurance Institute for Highway Safety (IIHS)

https://www.iihs.org/topics/teenagers

Mothers Against Drunk Driving (MADD)

http://www.madd.org/

National Highway Traffic Safety Administration (NHTSA)

http://www.nhtsa.gov/

**National Safety Council (NSC)** 

http://www.nsc.org/

**Students Against Destructive Decisions (SADD)** 

http://www.sadd.org/

Youth for Road Safety (YOURS)

http://www.youthforroadsafety.org/

# PREVENTION RESOURCES

Alive at 25 | National Safety Council

 $\frac{https://www.nsc.org/getmedia/76e459c4-cec6-4d11-b2f0-45d3bfd579d3/alive25.}{pdf?ver=2019-01-11-180822-197}$ 

**Checkpoints | University of Michigan Injury Prevention Center** 

https://youngdriverparenting.org/

Countermeasures That Work: A Highway Safety Countermeasure Guide for State Highway Safety Offices | National Highway Traffic Safety Administration (2023)

https://www.nhtsa.gov/book/ countermeasures/countermeasuresthat-work

Distracted Driving | National Highway Traffic Safety Administration <a href="https://www.nhtsa.gov/campaign/distracted-driving">https://www.nhtsa.gov/campaign/distracted-driving</a>

Driving with Neurodevelopmental Differences | Children's Hospital of Philadelphia



https://www.teendriversource.org/learning-to-drive/driving-with-neurodevelopmental-differences

Graduated Licensing Calculator | Insurance Institute for Highway Safety https://www.iihs.org/topics/teenagers/gdl-calculator

**Impact Teen Drivers** 

https://www.impactteendrivers.org

Impaired Driving: Talk with Your Kids | Substance Abuse and Mental Health Services Administration https://www.samhsa.gov/talk-they-hear-you/parent-resources/impaired-driving

Injury Prevention | Indian Health Service

https://www.ihs.gov/phoenix/programsservices/enviromentalhealth/injury-prevention/

National Teen Driver Safety Week | National Highway Traffic Safety Administration <a href="https://www.trafficsafetymarketing.gov/get-materials/teen-safety/national-teen-driver-safety-week">https://www.trafficsafetymarketing.gov/get-materials/teen-safety/national-teen-driver-safety-week</a>

Parents Are the Key to Safe Teen Drivers | Centers for Disease Control <a href="http://www.cdc.gov/parentsarethekey/">http://www.cdc.gov/parentsarethekey/</a>

Peer-to-Peer Teen Traffic Safety Program Guide | Governor's Highway Safety Association (2019) https://www.ghsa.org/resources/Peer-to-Peer19

Prevent Impaired Driving | Community Anti-Drug Coalitions of America (CADCA) <a href="http://www.preventimpaireddriving.org/">http://www.preventimpaireddriving.org/</a>

Risk Factors for Teen Drivers | Centers for Disease Control and Prevention https://www.cdc.gov/teen-drivers/risk-factors/index.html

Rural Driving on Country Roads | Children's Hospital of Philadelphia <a href="https://teendriversource.research.chop.edu/learning-to-drive/practice-driving-lessons/driving-environments/country-roads">https://teendriversource.research.chop.edu/learning-to-drive/practice-driving-lessons/driving-environments/country-roads</a>

Shifting Gears: The Blunt Truth About Marijuana and Driving | AAA Northeast (2019) <a href="https://northeast.aaa.com/community/Shifting-Gears/shifting-gears-lesson-plan.html">https://northeast.aaa.com/community/Shifting-Gears/shifting-gears-lesson-plan.html</a>

State-Specific Costs of Motor Vehicle Crash Deaths | Centers for Disease Control https://www.cdc.gov/transportationsafety/statecosts/index.html

Teen Distracted Driver Data | National Highway Traffic Safety Administration (2024) https://crashstats.nhtsa.dot.gov/Api/Public/ViewPublication/813558

Teen Drivers | Centers for Disease Control and Prevention <a href="https://www.cdc.gov/teen-drivers/about">https://www.cdc.gov/teen-drivers/about</a>

Teen Driver Safety | AAA

https://exchange.aaa.com/safety/teen-driver-safety/

Teen Driver Safety Change Package and Outcome Measures Worksheet | Children's Safety Network (2024)

https://www.childrenssafetynetwork.org/sites/default/files/ TeenDrivingSafetyOutcomeMeasureWorksheet.pdf

Teen Driver Source | Children's Hospital of Philadelphia https://teendriversource.research.chop.edu/

Teen Driving | National Highway Traffic Safety Administration <a href="https://www.nhtsa.gov/road-safety/teen-driving">https://www.nhtsa.gov/road-safety/teen-driving</a>

TeenDrivingPlan (TDP) | Children's Hospital of Philadelphia https://injury.research.chop.edu/sites/default/files/documents/teendrivingplan\_practice\_guide\_0.pdf Teen Driving Safety Webinar: Recent Research and Implications for Prevention | Children's Safety Network (2021)

https://www.childrenssafetynetwork.org/events/teen-driving-safety-recent-research-implications-prevention

Teens in the Driver Seat | Texas A&M Transportation Institute https://www.y-driver.com/the-solution/teens-in-the-driver-seat/

Teen Drivers | Centers for Disease Control https://www.cdc.gov/teen-drivers/about/

Youth for Road Safety Resources | YOURS http://www.youthforroadsafety.org/resources

## **LAWS**

Distracted Driving Laws by State | Governor's Highway Safety Association https://www.ghsa.org/state-laws/issues/distracted%20driving

Drug Impaired Driving Laws by State | Governor's Highway Safety Association https://www.ghsa.org/state-laws/issues/drug%20impaired%20driving

Graduated Licensing Laws by State | Insurance Institute for Highway Safety https://www.iihs.org/topics/teenagers/graduated-licensing-laws-table

Report to the Nation, 2019 | Mothers Against Drunk Driving https://online.flippingbook.com/view/361187/

Seat Belt Laws by State | Governor's Highway Safety Association https://www.ghsa.org/state-laws/issues/seat%20belts

Teen and Novice Drivers Licensing Laws by State | Governor's Highway Safety Association https://www.ghsa.org/state-laws/issues/teen%20and%20novice%20drivers

#### **DATA SOURCES**

CDC WISQARS (Web-based Injury Statistics Query and Reporting System) | Centers for Disease Control https://www.cdc.gov/injury/wisqars/index.html

CDC WONDER | Centers for Disease Control https://wonder.cdc.gov/

Healthcare Cost and Utilization Project (HCUP) Databases | Agency for Healthcare Research and Quality https://www.ahrq.gov/data/hcup/index.html

National Center for Fatality Review and Prevention <a href="https://www.ncfrp.org/">https://www.ncfrp.org/</a>

National Trauma Data Bank | US College of Surgeons <a href="https://www.facs.org/quality-programs/trauma/tqp/center-programs/ntdb">https://www.facs.org/quality-programs/trauma/tqp/center-programs/ntdb</a>

Youth Risk Behavior Surveillance System (YRBSS) | Centers for Disease Control

https://nccd.cdc.gov/youthonline/App/Default.aspx

### **PUBLICATIONS**

A Driver Training Program Intervention for Student Drivers with Autism Spectrum Disorder: A Multi-site Randomised Controlled Trial | Journal of Autism and Developmental Disorders (2021)

Vindin P, Cordier R, Wilson NJ, Lee H

 $\frac{\text{https://link.springer.com/article/10.1007/s10803-020-}}{04825-5}$ 

Alcohol-Impaired Driving | National Highway Traffic Safety Administration (2024)

https://crashstats.nhtsa.dot.gov/Api/Public/ ViewPublication/813578

# Crash Data Systems | National Highway Traffic Safety Administration

https://www.nhtsa.gov/data/crash-data-systems

Crash Injury Research (CIREN)
<a href="https://crashviewer.nhtsa.dot.gov/">https://crashviewer.nhtsa.dot.gov/</a>
CIREN/SearchIndex

Crash Investigation Sampling System (CISS)

https://www.nhtsa.gov/crashdata-systems/crash-investigationsampling-system

Crash Report Sampling System (CRSS)

https://www.nhtsa.gov/crash-data-systems/crash-report-sampling-system

Fatality Analysis Reporting System (FARS)

https://www.nhtsa.gov/crash-data-systems/fatality-analysis-reporting-system

State Data Programs

https://www.nhtsa.gov/researchdata/state-data-programs

Associations Between Graduated Driver Licensing Restrictions and Delay in Driving Licensure Among U.S. High School Students | Journal of Transport and Health (2021)

Vaca FE, Li K, Fell JC, Haynie DL, Simons-Morton B, Romano E

https://www.sciencedirect.com/science/article/abs/pii/S2214140521000980

Distracted Driving Laws and Motor Vehicle Crash Fatalities | Pediatrics (2020) Flaherty MR, Kin AM, Salt MD, Lee LK

https://pediatrics.aappublications.org/content/145/6/e20193621

Distracted Driving, Visual Inattention, and Crash Risk Among Teenage Drivers | American Journal of Preventive Medicine (2019)

Gershon P, Sita KR, Zhu C, Ehsani JP, Klauer SG, .Dingus TA,. Simons-Morton BG <a href="https://www.sciencedirect.com/science/article/abs/pii/S0749379718324504">https://www.sciencedirect.com/science/article/abs/pii/S0749379718324504</a>

Does Geographic Location Matter for Transportation Risk Behaviors Among U.S. Public High School Students? | Journal of Transport and Health (2021)

Shults RA, Shaw KMM, Yellman MA, Jones SE

https://www.sciencedirect.com/science/article/abs/pii/S221414052100164X

Driving After Marijuana Use Among US Adolescents: Prevalence Profiles and Related Behaviors | Traffic Injury Prevention (2021)

Hammig B, Davis R, Jones C

https://www.tandfonline.com/doi/full/10.1080/15389588.2021.1906870

Driving Under the Influence of Marijuana and Illicit Drugs Among Persons Aged 16> Years – United States, 2018 | Centers for Disease Control MMWR (2019)

Alzofeifa A, Rexach-Guzman BD, Hagemeyer AN, Rudd RA, Sauer-Schatz EK

https://www.cdc.gov/mmwr/volumes/68/wr/mm6850a1.htm?s cid=mm6850a1 w

Identifying Modifiable Factors Related to Novice Adolescent Driver Fault in Motor Vehicle Collisions | Traffic Injury Prevention (2021)

Pitt TM, Howard A, HukaRao T, Hagel B

https://www.tandfonline.com/doi/full/10.1080/15389588.2021.1923700

Learner Driver Experience and Teenagers' Crash Risk During the First Year of Independent Driving | JAMA Pediatrics (2020)

Ehsani JP, Gershon P, Grant BJB, Zhu C, Klauer SG, Dingus TA, Simons-Morton BG <a href="https://pubmed.ncbi.nlm.nih.gov/32250391/">https://pubmed.ncbi.nlm.nih.gov/32250391/</a>

Longitudinal Associations of 12th-Grade Binge Drinking with Risky Driving and High-Risk Drinking | Pediatrics (2020)

Vaca FE, Li Kaigang, Luk JW, Hingson RW, Haynie DL, Simons-Morton BG https://pediatrics.aappublications.org/content/145/2/e20184095

Mission Not Accomplished: Teen Safe Driving, the Next Chapter | Governor's Highway Safety Association (2016)

https://www.ghsa.org/sites/default/files/2016-12/FINAL\_TeenReport16.pdf

Orientation Sessions for Parents of Young Novice Drivers: An Assessment of U.S. Programs and Recommendations | AAA Foundation for Traffic Safety (2018)

 $\frac{https://aaafoundation.org/wp-content/uploads/2018/06/Goodwin-Parent-Orientation-Sessions-Tech-Report-FINAL.pdf$ 

Parent and Teen Factors Associated With the Amount and Variety of Supervised Practice Driving | Safety Science (2019)

Ehsani JP, Kar IN, Klauer SG, Dingus TA, Simons-Morton B

https://www.sciencedirect.com/science/article/abs/pii/S092575351732060X

Riding with an Impaired Driver and Driving While impaired Among Adolescents: Longitudinal Trajectories and Their Characteristics | Traffic Injury Prevention (2021)

Vaca FE, Li K, Haynie D, Gao X, Camenga DR, Dziura J et al.

https://www.tandfonline.com/doi/full/10.1080/15389588.2021.1910244

Seatbelts Save Lives, and Spines, in Motor Vehicle Accidents | Spine (2021)

Sarwahi V, Atlas AM, Galina J, Satin A, Dowling TJ et al.

https://journals.lww.com/spinejournal/Abstract/9000/Seatbelts\_Save\_Lives,\_and\_Spines,\_in\_Motor\_Vehicle.93688.aspx

Support for Distracted Driving Laws: An Analysis of Adolescent Drivers from the Traffic Safety Culture Index from 2011 to 2017 | Transportation Research (2021)

Pope CN, Nwosu A, Rudisill TM, Zhu M

https://doi.org/10.1016/j.trf.2021.02.022

Teen Driver Crashes Potentially Preventable by Crash Avoidance Features and Teen-Driver-Specific Safety Technologies | Journal of Safety Research (2022) Mueller AS, Cicchino JB

https://www.sciencedirect.com/science/article/abs/pii/S0022437522000433

Teens and Speeding: Breaking the Deadly Cycle | Governor's Highway Safety Association (2021) <a href="https://www.ghsa.org/sites/default/files/2021-02/GHSA">https://www.ghsa.org/sites/default/files/2021-02/GHSA</a> TeenSpeeding Feb16.pdf

The Effects of Age on Crash Risk Associated with Driver Distraction | International Journal of Epidemiology (2017)

Guo F, Klauer S., Fang, Y., Hankey, J., Antin, J., Perez, M., Lee, S., & Dingus, T. <a href="https://pubmed.ncbi.nlm.nih.gov/28338711/">https://pubmed.ncbi.nlm.nih.gov/28338711/</a>

Transportation Risk Behaviors Among High School Students, Youth Risk Behavior Survey, United States, 2019 | Centers for Disease Control (2020)

Yellamn MA, Bryan L, Sauber-Schatz EK, Brener N

https://www.cdc.gov/mmwr/volumes/69/su/su6901a9.htm

Young Driver Licensing and COVID-19 | Injury Prevention (2021) Ehsani JP, Kinnear N

http://dx.doi.org/10.1136/injuryprev-2020-044053





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