

#### How to Use Cost Data Effectively in Child Injury Prevention

#### Tuesday, May 8, 2012 2:00 to 3:30 p.m. Eastern Standard Time

**Presenters:** 

**Dr. Ted Miller** 

**Moderator:** 

**George Bahouth** 

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# **Meeting Orientation Slide**

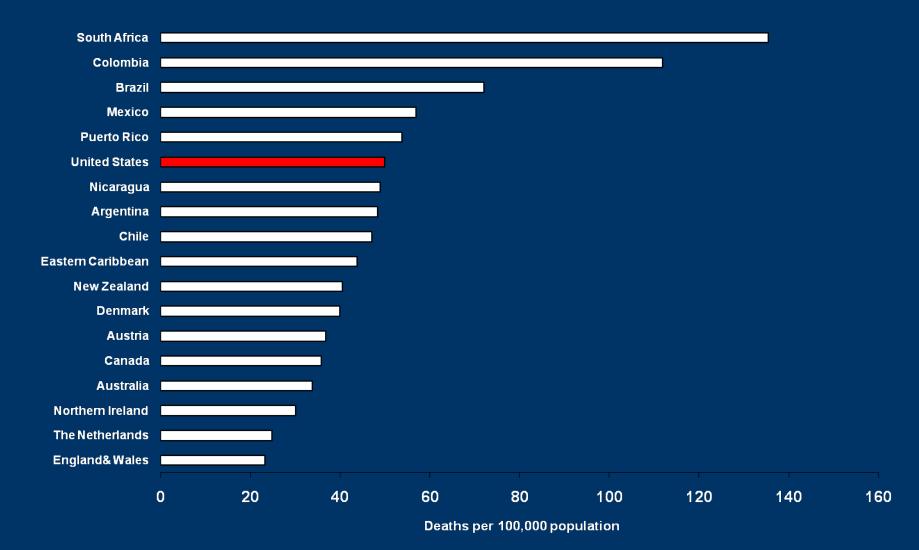
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#### **Age-Adjusted Injury Death Rates**



Source: Lois Fingerhut, NCHS, based on 2000-2004 data

- Costs of injury & related substance abuse
- Savings from prevention

# Why Cost Social Problems? Single Compact Metric

- Communication
- Problem size & risk assessment
- Advocacy
- Performance comparison
- Priority setting & resource allocation
- Program evaluation

# You are the Governor of PA

- 12.5 M residents in PA
- 125K deaths/year

 Can I convince you to continue my \$2M childhood injury prevention program? • We did a thorough evaluation. The results are highly significant statistically. Our program reduced deaths and hospital admissions due to injury by

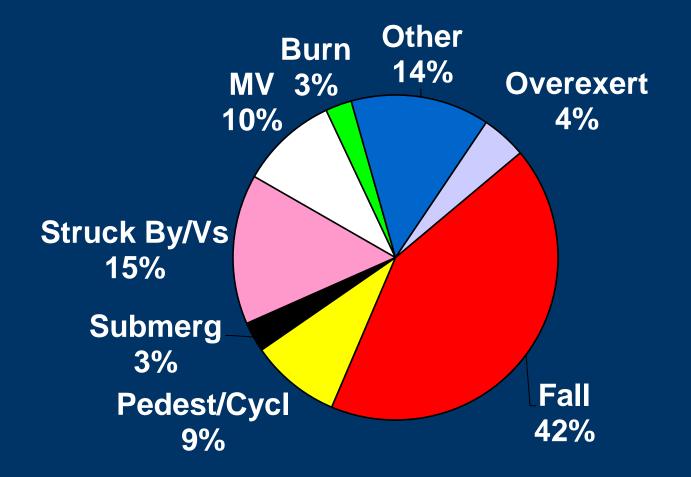


 Our program prevented 76 child deaths and 1820 hospital admissions last year. • Our \$2 M program saved PA taxpayers \$106 M in medical payments and work losses last year. That's more than \$8 per PA resident.

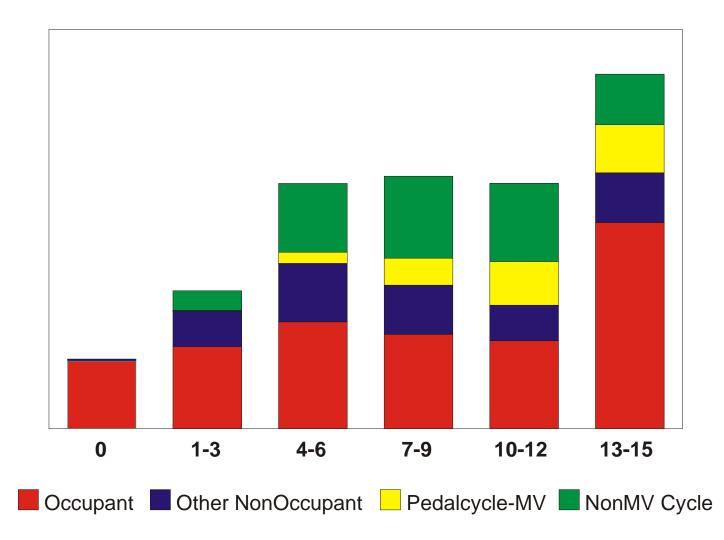
### PROBLEM SIZE Annual Spending per U.S. Child, 0-19

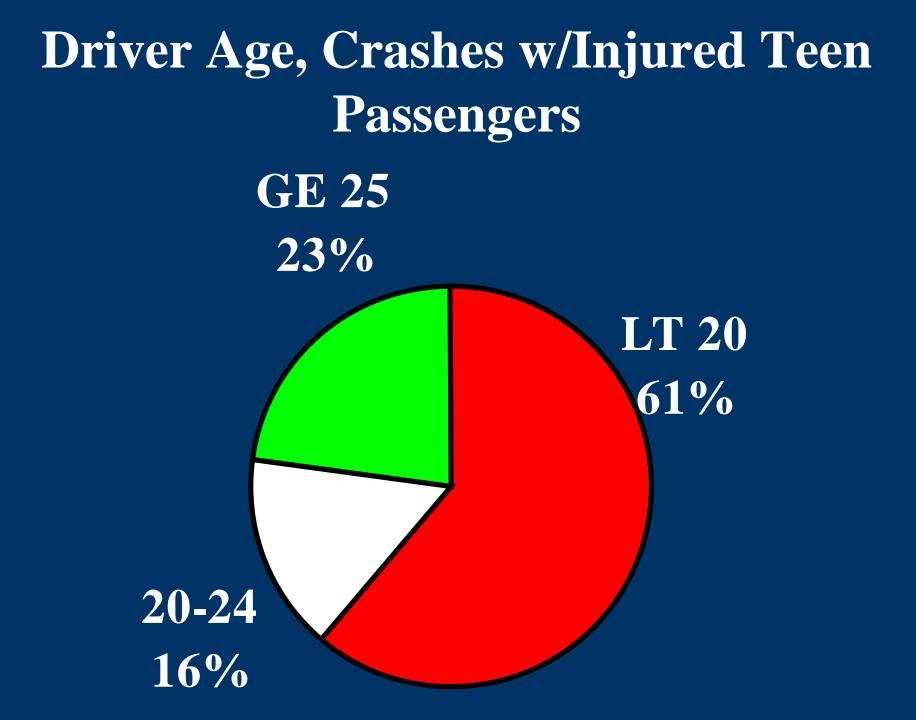


## RISK ASSESSMENT: Unintentional Injury Cost \$134 B in 2000, Ages 0-14

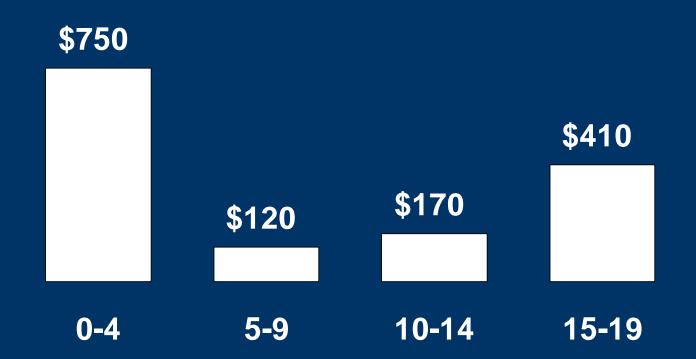


# Vehicular Injury Costs/1000 Kids by Age



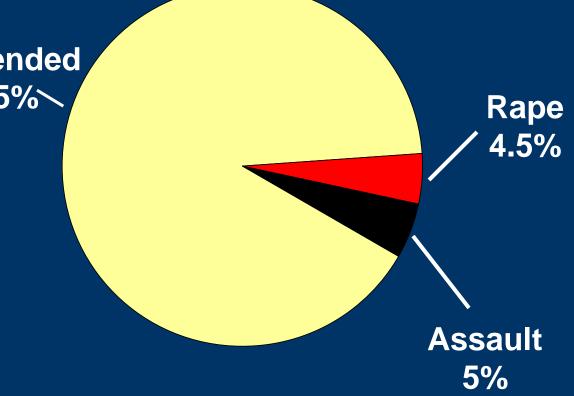


# **Annual Poisoning Costs/Child**

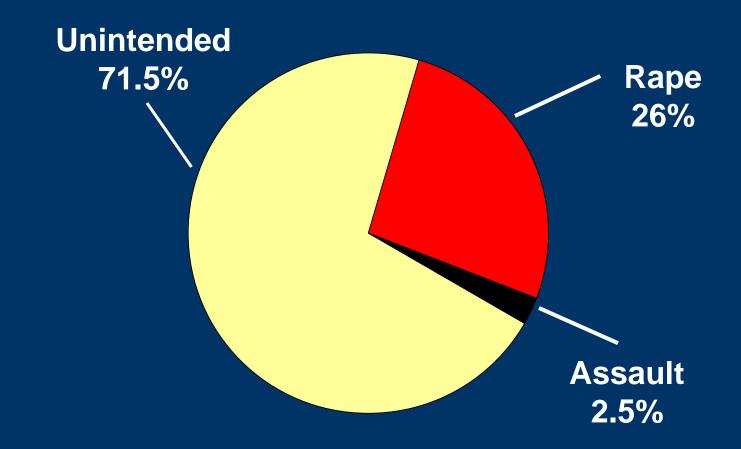


# **Cost of Injuries, Ages 0-4** \$51 B, 2000

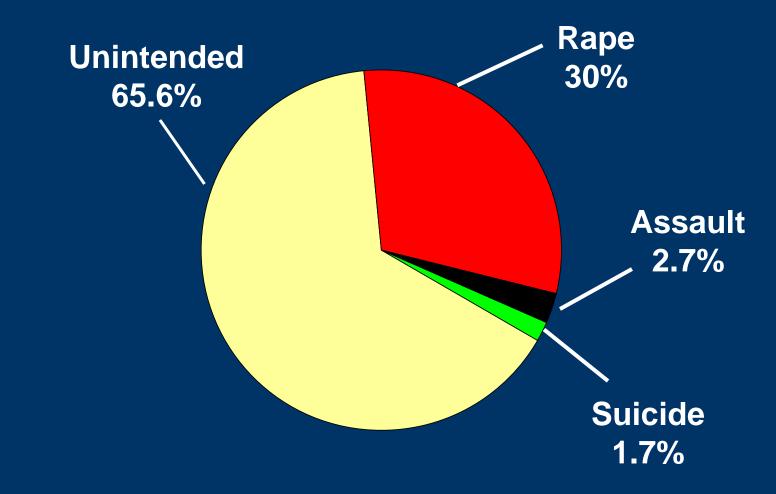




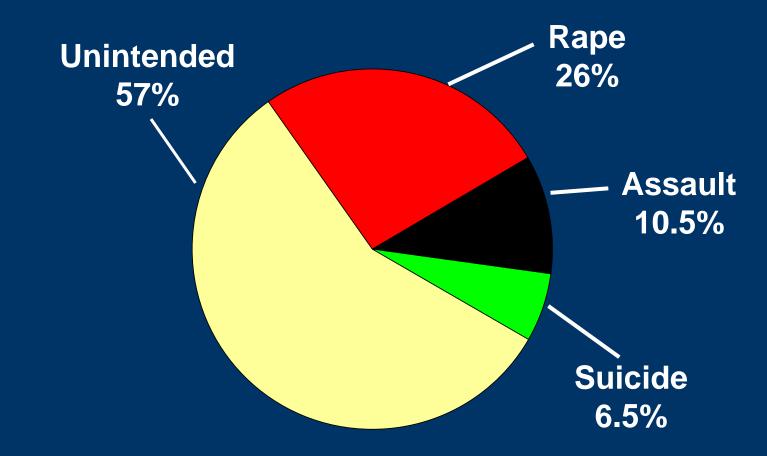
# Cost of Injuries, Ages 5-9 \$52 B, 2000



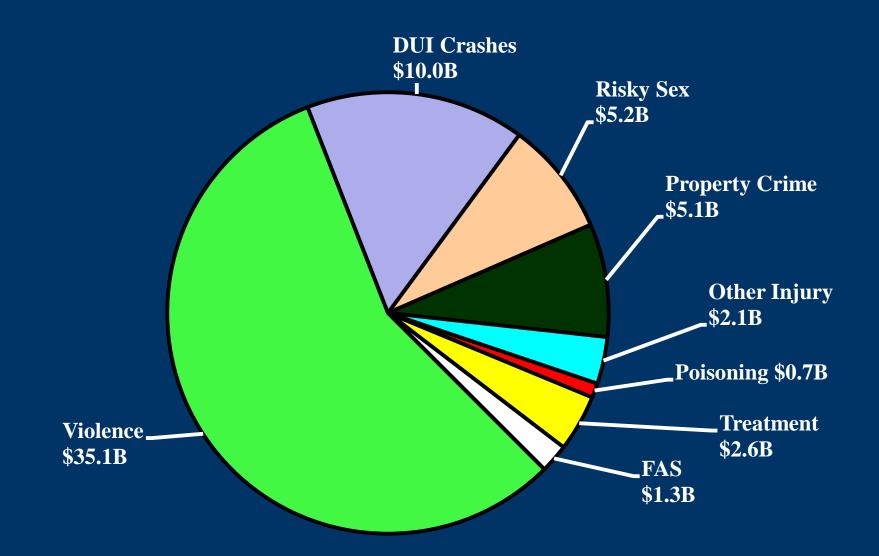
# Cost of Injuries, Ages 10-14 \$79 B, 2000



# Cost of Injuries, Ages 15-19 \$121 B, 2000



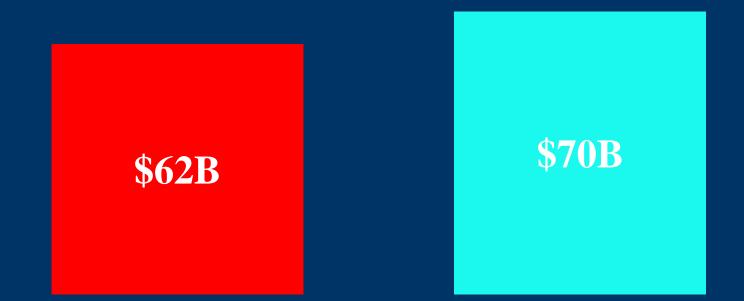
# Advocacy Underage Drinking Cost \$62 B in 2009



# How Can We Make \$62 B Comprehensible?



# Use a Yardstick



#### **Underage drinking**

US Depts Justice & Education

## Nationally, \$23.8 Billion of Booze Was Consumed by Underage Customers in 2009

# **\$23.8B**

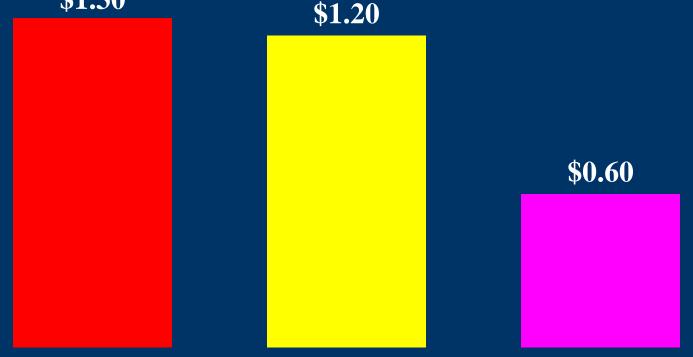


### **Underage Booze**



# Find a Sensible Exposure Measure To Divide By

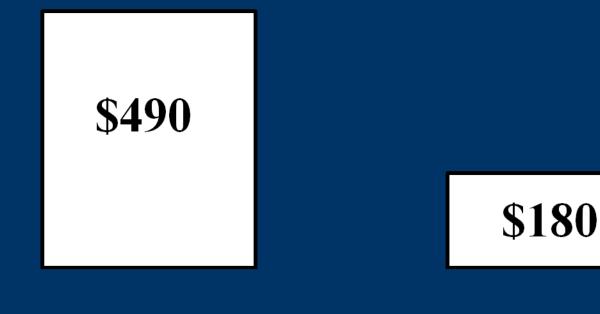
\$1.30



Medical and work loss due to underage drinking A drink

**Profits** 

# **Gunshot Cost Per Resident**



US



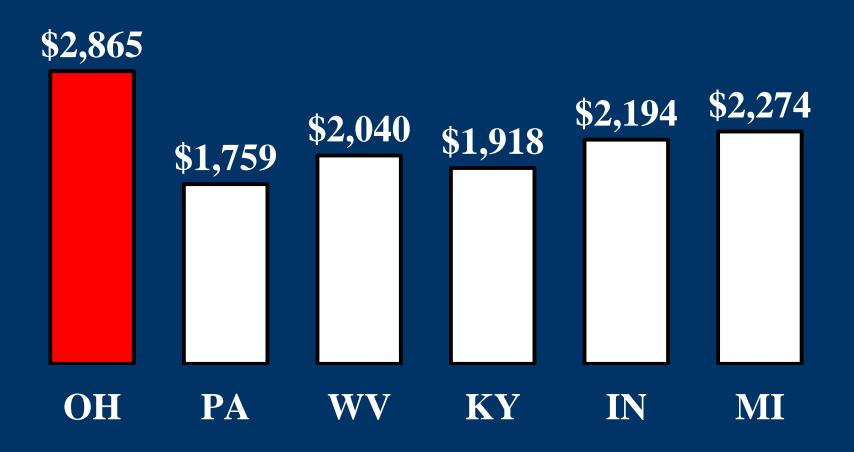
# **Gunshot Costs Per Gun**



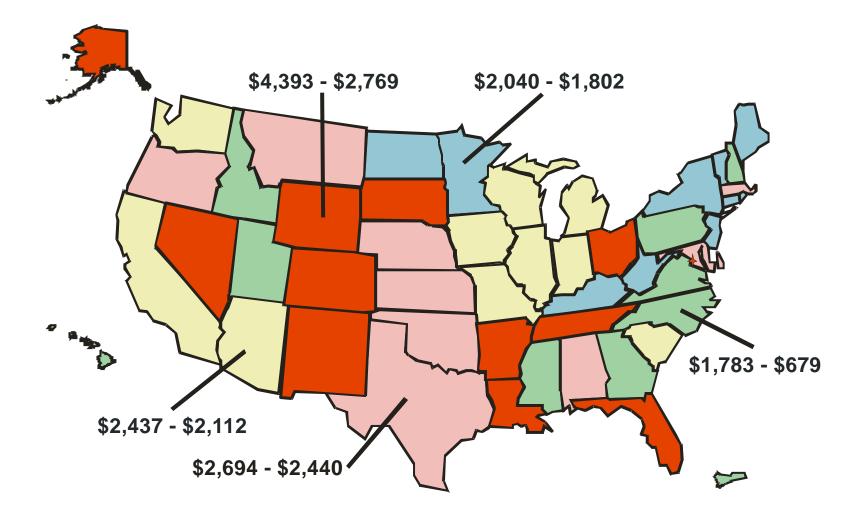




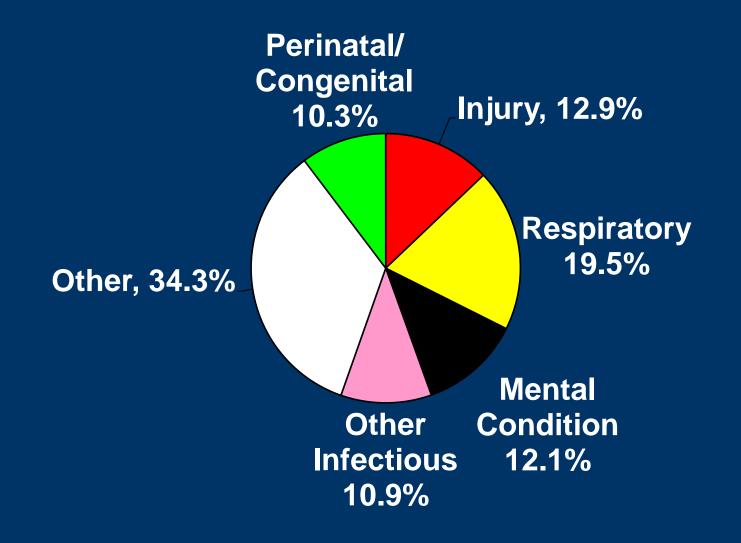
#### **Performance Comparison: \$/Youth**



#### **Costs of Underage Drinking per Youth Ages 14-20**



## BROAD PRIORITY SETTING Medical Spending, Ages 0-19, 2000



## **Resource Allocation** Leading Consumer products by % of nonfatal injury cost, Age <1, US

Rank	1995-96	%	2009-10	%
1	Stairs or steps	15	Beds (not cribs)	22
2	<b>Beds (not cribs)</b>	11	Floors	14
3	Floors	9	Sofas	7
4	Baby walkers	6	Stairs or steps	6
5	Tables	5	Car Seats	5
6	<b>Baby strollers</b>	4	Tables	3
7	Sofas	4	Chairs	3
8	Car seats	3	Strollers, Cribs, Shopping Carts (tie)	2

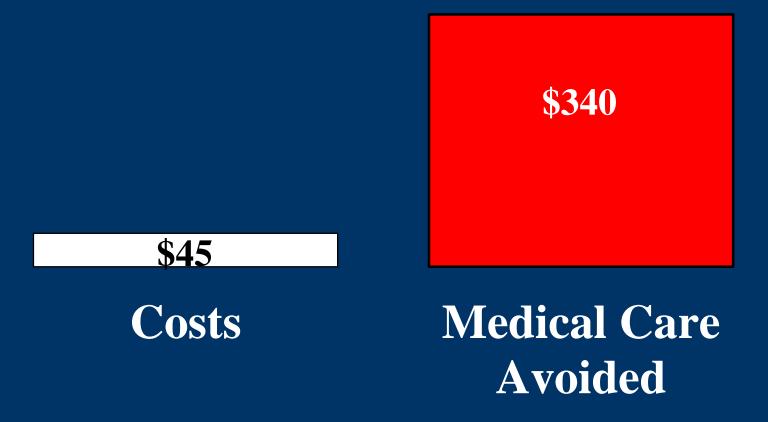
## **Resource Allocation** Leading Consumer products by % of nonfatal injury cost, US, 2009-10

Rank	Age 1-4	%	Age 5-9	%
1	Beds	9	Bicycles	8
2	Floors	7	Monkey bars	7
3	Stairs	7	Beds	5
4	Tables	5	Floors	4
5	Chairs	5	Football	3
6	Sofas	4	Trampolines	3
7	Poisoning	4	Stairs	3
8	Doors	4	Doors	3

#### Leading Consumer Products by % of Nonfatal Injury Cost, US, 2009-10

Rank	Age 10 – 14	%	Age 15 - 19	%
1	Football	14	Football	13
2	Bicycles	8	Basketball	11
3	Basketball	8	Bicycles	5
4	Soccer	5	Soccer	5
5	<b>Baseball/softball</b>	5	Stairs or steps	4
6	Skateboards	4	<b>Baseball/softball</b>	4
7	Stairs or steps	3	Skateboards	3

# **Program Evaluation** A Poison Control Center Call



### **Regional Trauma Care Raises Initial Care Costs by \$2,000/Admission, Saving \$5,400**



# The Average Child Seat Saves \$425 in Insurance and Tax Payments



 Costs are estimated from a perspective Society • Government Insurers Employers

# Incidence-based costs

- Lifetime consequences of injuries in one year
- Measure savings from prevention
- Must be discounted to present value

# **Burden Categories**

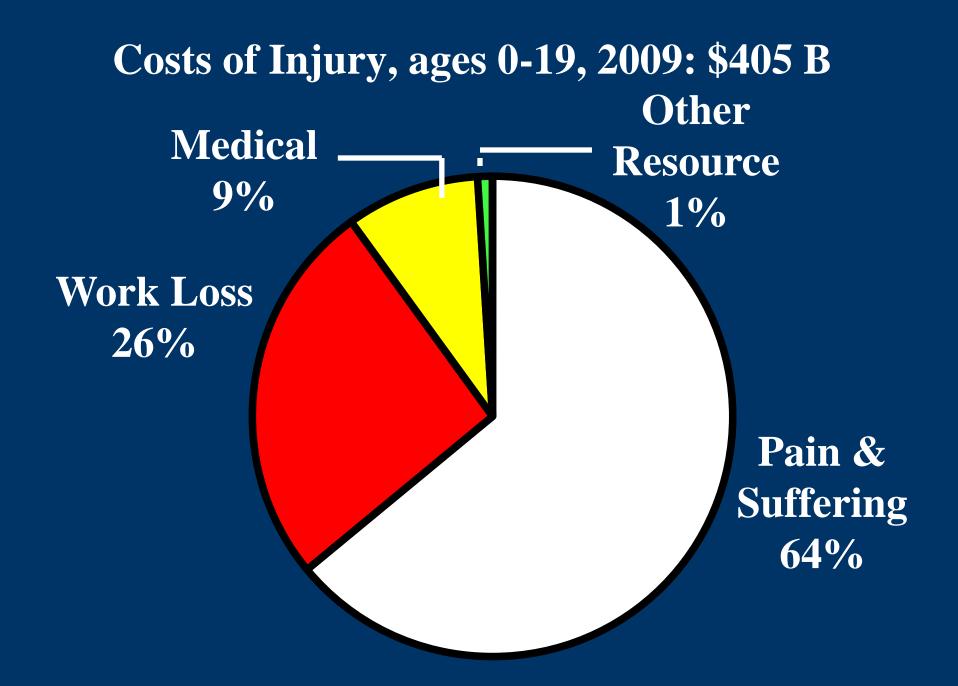
# • ECONOMIC COSTS

- Medical & mental health
- Other resources/ Tangible
  - Emergency services
  - Victim services
  - Legal/court/prison
  - Insur Admin

Property damage

- Work loss
  (productivity)
  - Wage work
  - Household work

# • QUALITY OF LIFE









# **163 Interventions**

	Youth	Adult	Youth & Adult	Total
Motor Vehicle	10	0	28	38
Impaired Driver	1	10	0	11
<b>Open Flame/Burn</b>	1	0	8	9
Violence	15	17	2	34
<b>Other Injury</b>	6	2	3	11
Substance Abuse	23	6	10	39
Tobacco	4	17	0	21
Total	60	52	51	163

# **Data Sources**

US & some international published and unpublished studies from 1987-2010 -Medline & Internet search -Bibliographic review -Contact with Federal agencies • Excluded analyses of occupational, air, rail, & water transport safety programs

# Methods

- Costs take society's viewpoint (everyone's costs count)
- Costs given in 2011 dollars
- Savings from demonstration programs reduced by 25% when scaled up

# Methods

- Serious study flaws were corrected when possible
- Studies were subjectively graded based on the rigor of program cost and effectiveness estimates
- Studies which showed reductions in fatalities, but ignored nonfatal injuries were excluded

# **Definitions: Costs and Savings**

- *Cost per Unit:* cost of the intervention for a single individual
- *Total Benefits per Unit:* the amount the intervention saved by preventing injuries & other problems
- Aggregate Benefit/Unit = Total Benefits Cost
- *Benefit Cost Ratio (BCR):* savings from preventing injuries divided by cost of the intervention
- Cost-effective: the BCR > 1.0 Return on investment in the intervention exceeds amount invested

### **Definitions: Costs and Savings**

- Cost per Quality Adjusted Life Year (Cost of intervention medical & other resource savings)/QALY: A QALY is a health outcome measure that assigns a value of 1 to a year of perfect health & 0 to death. The QALY measure captures the work loss & quality of life savings
- *Cost-saving:* cost/QALY < 0 which means that the cost of the intervention is less than the savings generated in medical and other resource costs

# **Choosing Interventions**

- We recommend interventions with a BCR <2 or cost/QALY > \$100,000 should rarely be implemented
- Some interventions with low BCRs may address unique component of injury problem
- Laws generally would have lower costs & higher BCRs from a government perspective

#### **Notable Newly Added Interventions**

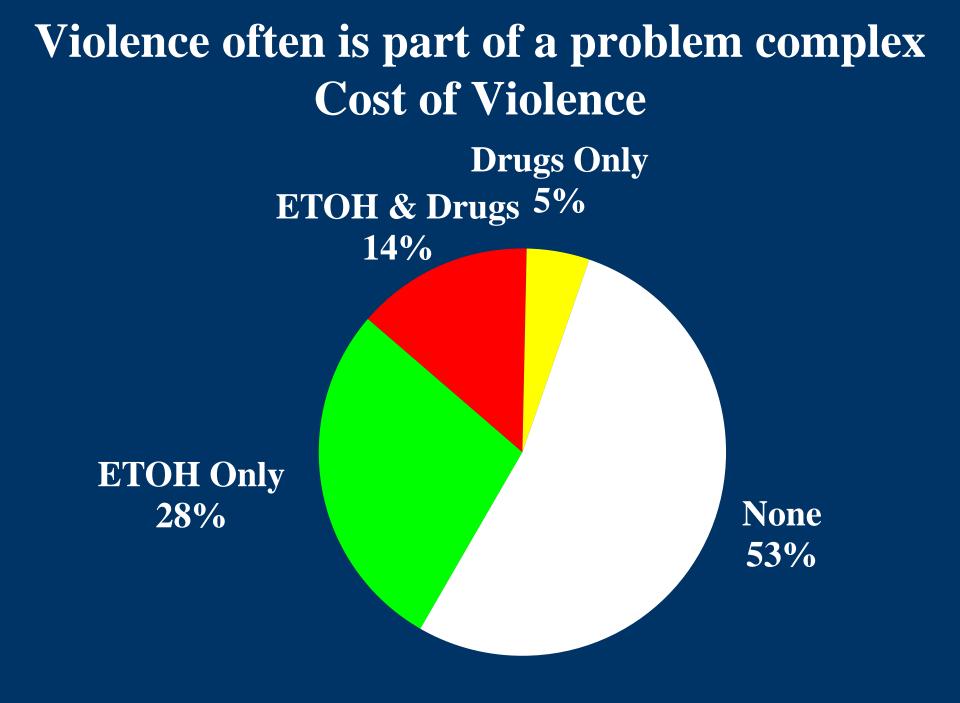
	BCR
20-Bed Domestic Violence Shelter	11
Speed Camera	19
Red Light Camera	4
Sprinklers in New Ranch House	6
Sprinklers in New Colonial or Town House	3
Mattress Flammability Standard	3
Baby Walker Redesign - Less Falls Down Stairs	46
Impact-Absorbing Playground Surfacing	2

# **Coming Soon**

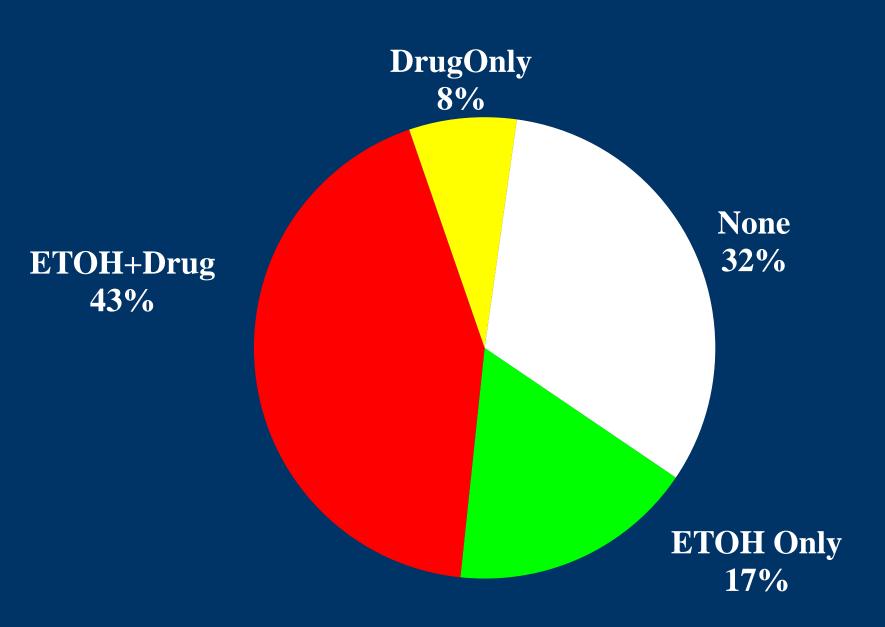
- More detail on graduated licensing?
- Tornado shelters
- **DWI courts**
- Triple P child abuse prevention



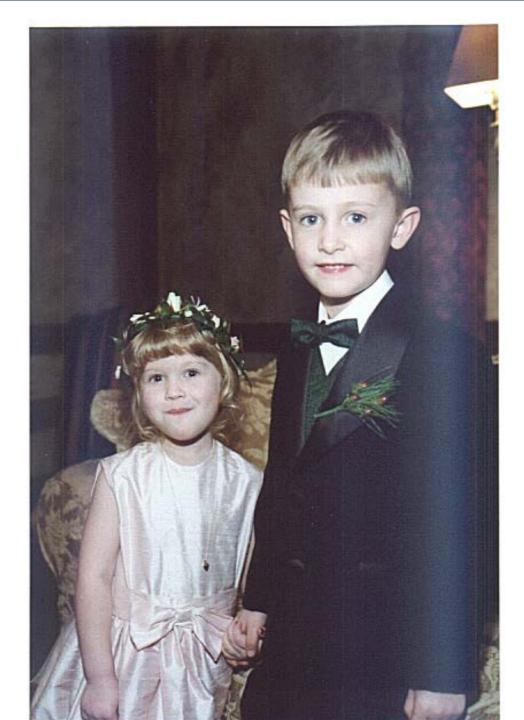
NON-OFFENDER VIOLENCE PREVENTION	Cost/ child	BCR
Nurse-family partnership home visitation to 1 <sup>st</sup> born	\$7,100	7.6
<b>Parent-teacher training</b>	\$4,700	3.9
<b>Big brothers-big sisters</b> <b>mentoring</b>	\$4,800	1.8
Head start + 12 home visits	\$20,500	4.9



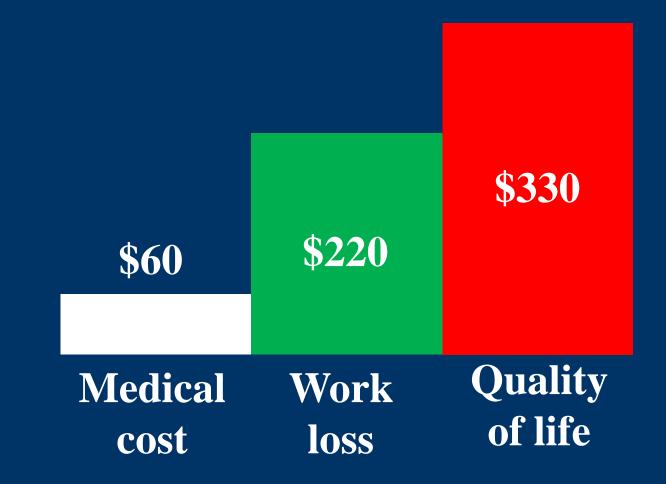
# **Cost of Youth Crime**



JUVENILE VIOLENCE MEASURES	Other Impact	BCR
Treatment foster care	Y	65
Multisystemic therapy	Y	39
Functional family therapy	Y	32
Aggression replacement training	N	90
Adolescent diversion	Ν	39
Intensive probation supervision	N	4.4
Boot Camp	Ν	0
Scared Straight	Ν	0

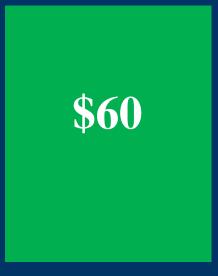


# A \$13 Bike Helmet for Kids 0-4 Saves \$610 (BCR 43)



# A \$13 Bike Helmet for Kids 3-14 Saves Insurers \$82

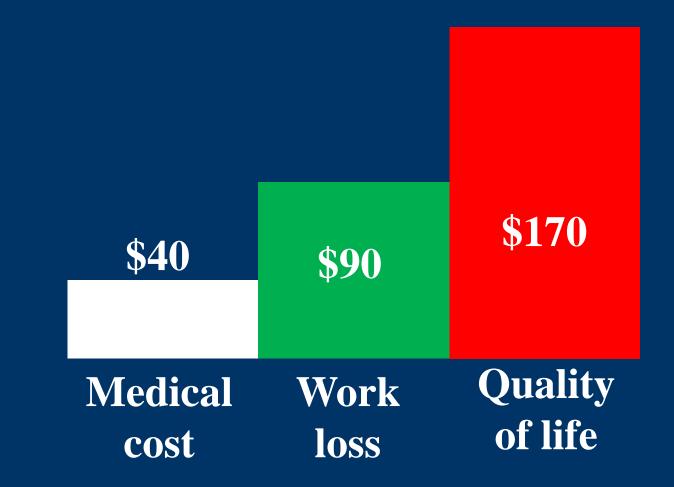




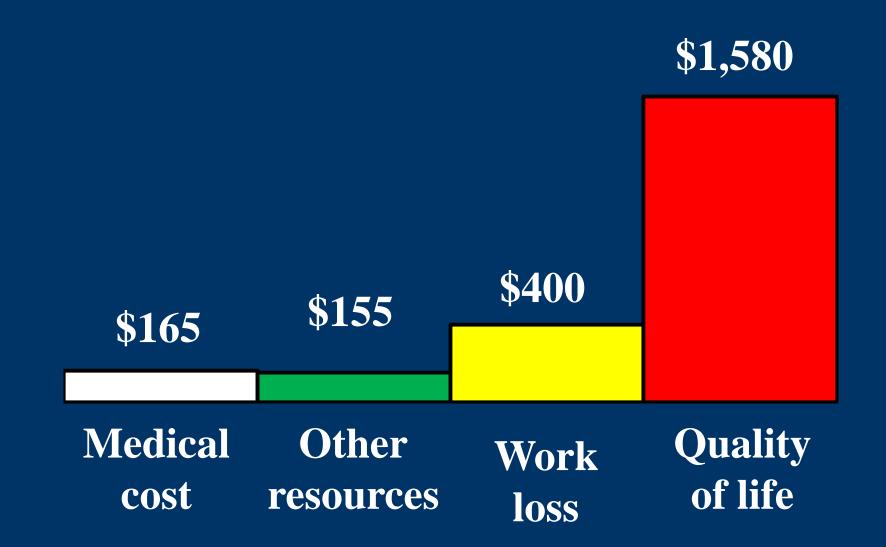
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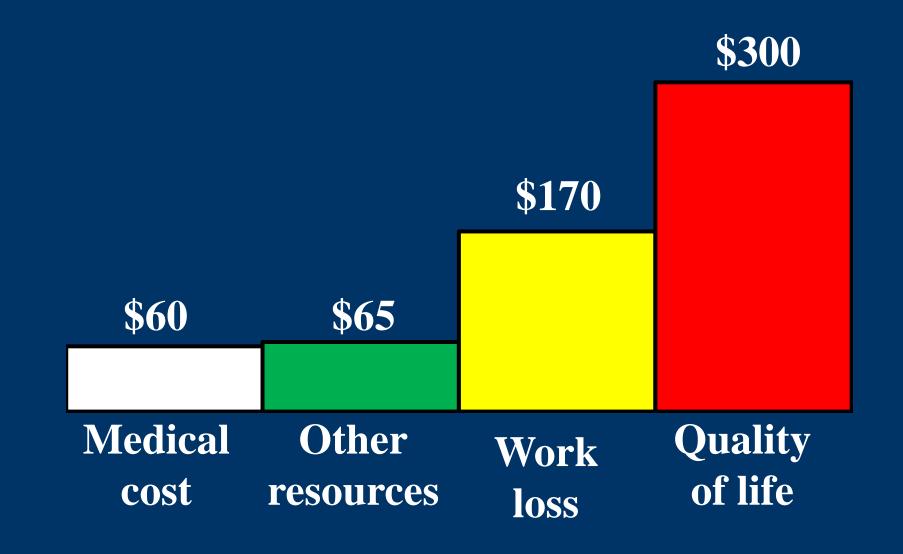
# A \$20 Bike Helmet for Ages 15 & Above Saves \$300 (BCR 15)



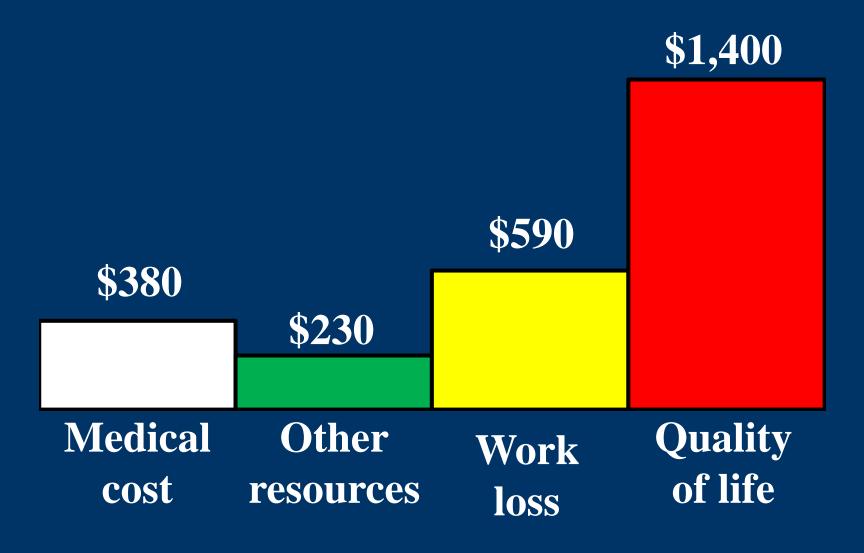
# A \$55 Child Seat Saves \$2,300 (BCR 42)



# Misuse Reduction (latch system + installation checks) Costs \$6/Seat & Saves \$600 (BCR 94)



# A Booster Seat with Back Costs \$35 and Saves \$2,600 (BCR = 72)



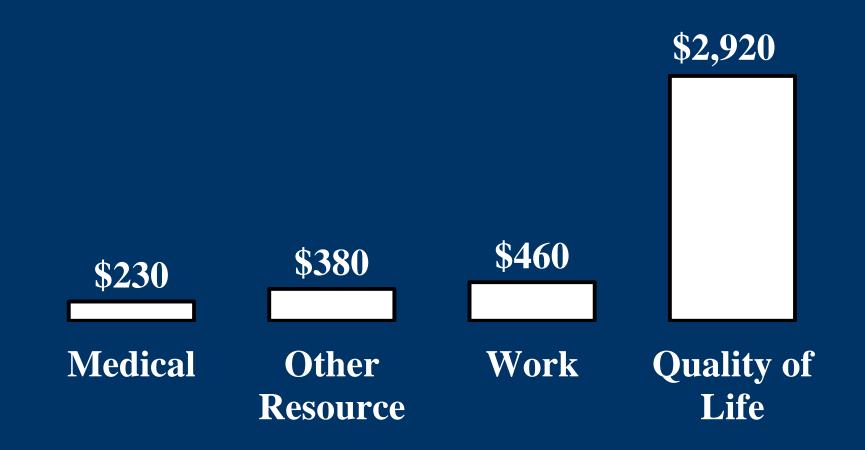
#### Equipping A Home with Smoke Alarms + Maintenance Costs \$45 & Saves \$850 (BCR 18)



# American Academy of Pediatrics TIPP Sheet Counseling for Ages 0-4 Costs \$12/Visit & Saves \$100/Visit (BCR 8.5)



#### Harlem Hospital Safe Communities Program Costs \$75/Child/Year & Saves \$4,000 (BCR 51)



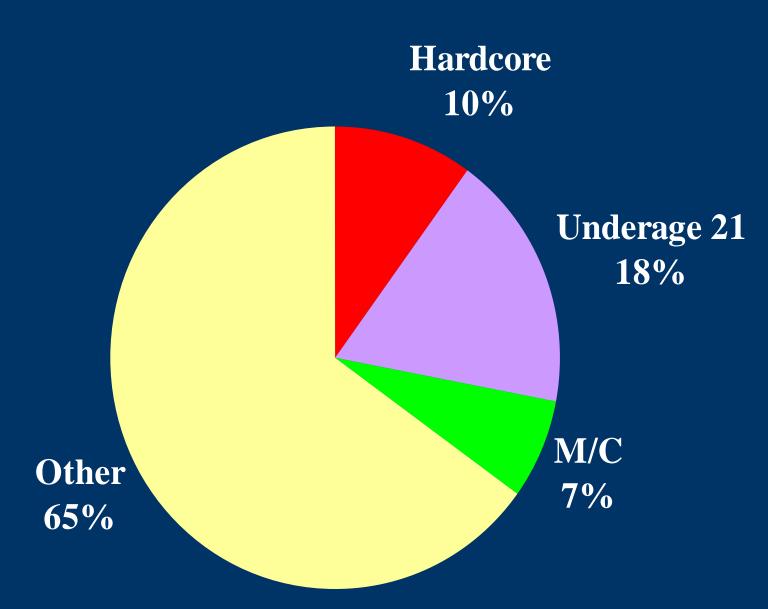
# DONT'T DRINK AND DRIVE



# **Program Selection**

- No one intervention will reduce most problems more than 10%-15%
- Need a package of complementary interventions

# **DWI Deaths**



	% Redux	BCR
ALL DRIVERS	<b>DWI Deaths</b>	
<b>Enforce SIP Laws</b>	11%	71
Admin License Revoc	6.5%	21
.08 Max Driver BAC	7%	14
<b>Intensive Breath Tests</b>	15%	7
Server Training	17%	3.3
YOUTH		
<b>0-Tolerance LT 21</b>	<b>4%</b> ( <b>20%</b> )	24
<b>Grad License/Curfew</b>	2% (5%)	8
21 MLDA	<b>4%</b> ( <b>19%</b> )	3.5



	% Redux	BCR/
RECIDIVISTS	<b>DWI Deaths</b>	ROI
<b>Ignition Interlock</b>	7%	7
Impoundment	4%	5
<b>Intensively Supervised</b> <b>Treatment</b>	4%	4
House Arrest	3%	3
<b>BROADER IMPACT</b>		
Child Seat Law	LT 1%	38
M/C Helmet Law	2.5%	3
<b>Primary Belt Law</b>	10%	18

<b>BROADER MEASURES</b>	% Redux DWI Deaths	BCR/ ROI
<b>Regional Trauma System</b>	14%	2.7
<b>Brief ETOH Intervention</b>	6%	31
20% Tax on ETOH	4%	10
30% Tax on ETOH	<b>6%</b>	6



## **Prevention Typology**

Universal/ Environmental

Selective/ Educational

Indicated/ Behavioral

# BCRs for School-Based Programs (T=tobacco, V=Violence)

PROGRAM	Cost/ Kid	MJ redux	Alc redux	BCR
All Stars T	\$170	6%	7%	37
Keepin' It Real T	\$160	5%	11%	29
Life Skills Training T	\$280	3%	1%	25
<b>Project Northland</b> T	\$500	7%	7%	21
<b>Project Star Midwest</b> Prev Pgm T	\$500	7%	3%	13
<b>Project Alert</b>	\$140	4%	0%	9

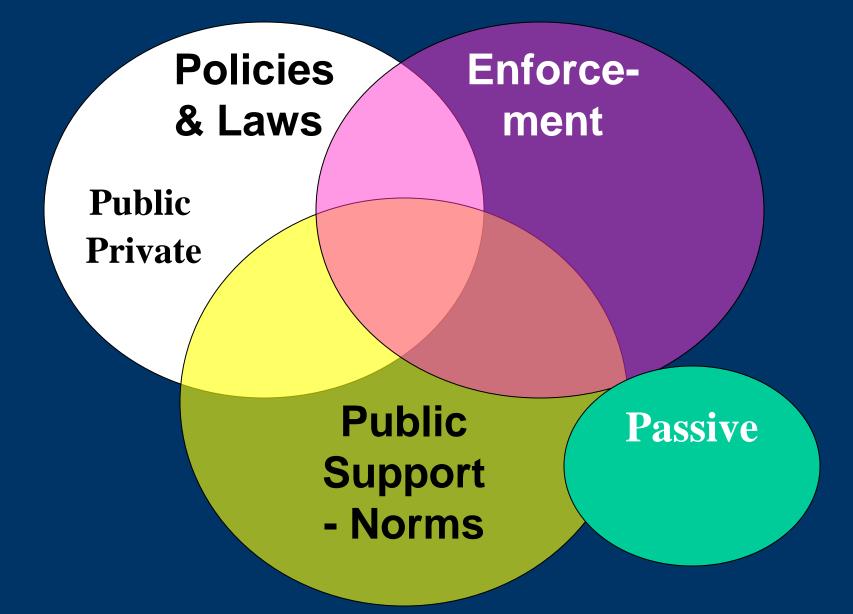
### **BCRs for Youth Development Programs**

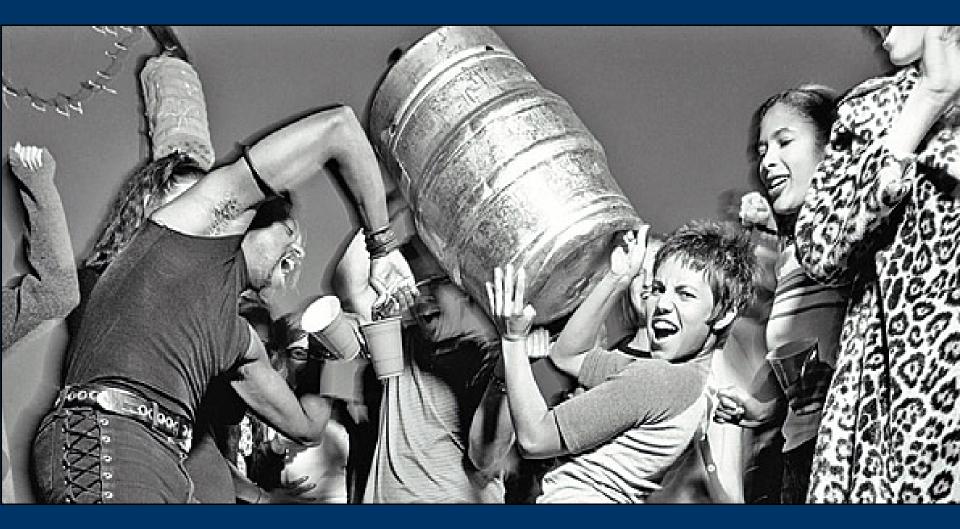
PROGRAM	Cost/ Kid	MJ redux	Alc redux	BCR
Family Matters T	\$200	?	7%	16
FamilyStrengtheningT	\$1100	15%	18%	13
SocialCompetncPromo	\$440	?	11%	9
AdolescntTransitionsT	\$1500	?	14%	8
<b>Child Development Pjt</b>	\$290	4%	4.5%	8
Guiding Good Choices (Prep f/Drug-FreeYrs) V	\$880	9% (0%)	8%	6

## **Program Selection Criteria**

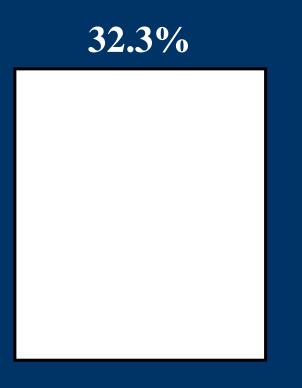
- Return on investment
- Aggregate benefits
- Affordability
- Local priorities & problems
- Appropriateness for the target population
- Political feasibility
- Government savings
- Immediacy of the impacts (weeks versus years)
- Intervention overlap
- Unevaluated spillover effects

# **Environmental Prevention**





# Retail Alcohol Monopolies (State Stores) Reduce Underage Drinking





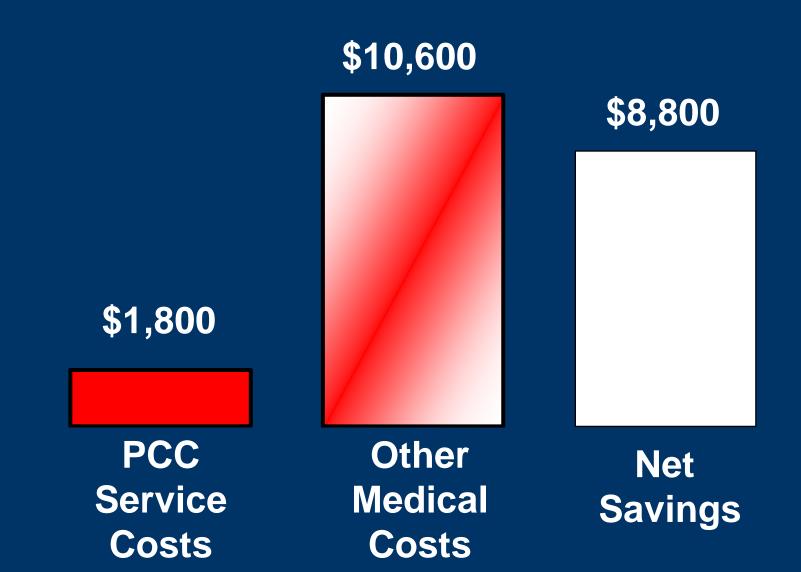
Wine & Spirits

**Spirits Only** 

# **BCRs for Environmental Interventions (costs & benefits computed comparably)**

	BCR
<b>Retain State Retail Sales Monopolies</b>	12
20% Alcohol Tax	10
30% Alcohol Tax	6
<b>Reduce Outlet Density by 10%</b>	9
<b>Restrict Alcohol Sales Hours/Days</b>	9
<b>TV Alcohol Advertising Ban</b>	9
21-Minimum Drinking Age	4
<b>Enforce Serving Intoxicated Patrons Law</b>	71
Mandatory Server Training	3

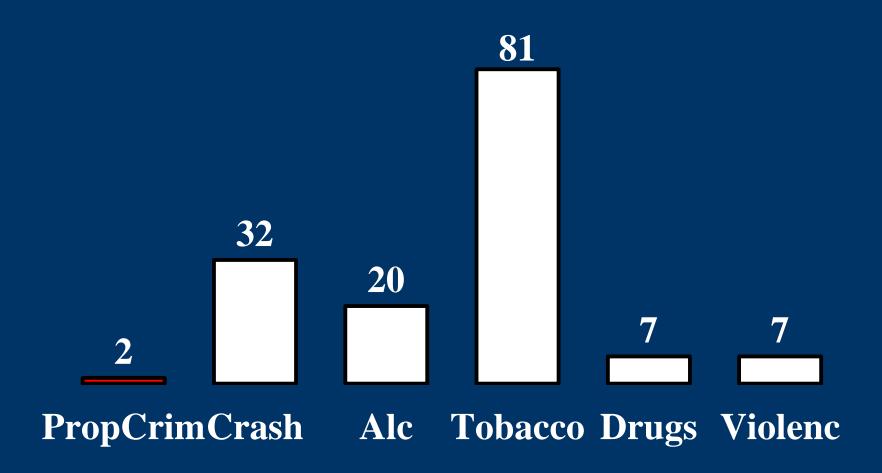
43 human exposure calls from rural areas prevent one hospital admission (Medical ROI 5.9)



If target intervention to Medicaid recipients

• 25%-50% of medical care savings go to the state

# BCR for State to break even on its investment



• Laws that interfere with personal freedom would have much higher BCRs if looked at governmental perspective only

- The job of the State is to protect and enhance the welfare of its citizens
- Like medical care, preventive health & safety efforts are designed to save lives & increase quality of life
- Savings to citizens & employers count

# Who pays the annual \$500B crash bill?

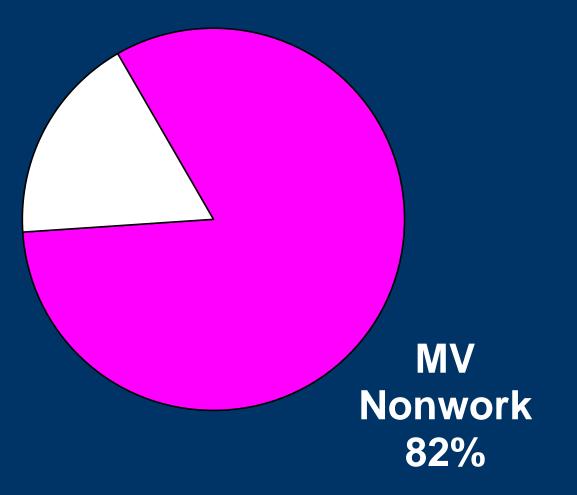
# Employers 17%

# Government 6%

Families 77%

## **Fringe Benefit Payments**



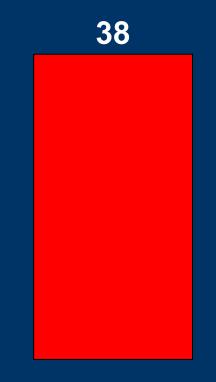


### Crash Injuries/1000 Working Adults/Year (Including Dependents)

#### Main Reason = Exposure: Most Miles Are Driven Outside Work

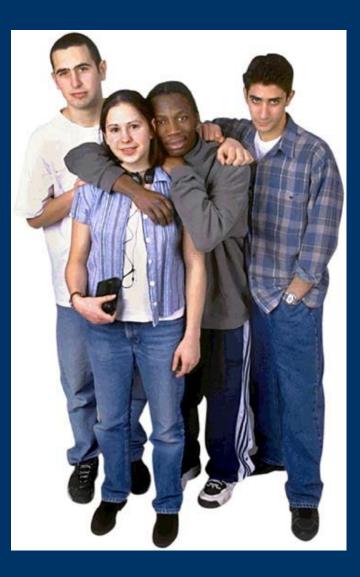


While Working



#### Not at Work

# 21 Minimum Drinking Age



# 21 Minimum Drinking Age

- Reduces % of youth who drink & binge
- Raises age of initiation which lowers the risk of alcoholism in adulthood
- Reduces youth DWI deaths by 19%
- Reduces alcohol-involved youth suicides by 27%

## • Confuses college presidents

# If Sell Off Retail Spirits Monopolies in VA or WA

- Spirits consumption rises 21%
- Total consumption rises 6-7%
- State loses \$200-300M/year in revenue net of taxes on added sales
- The real price is a crime wave
- State pays \$50 million/year for added harm; 225 residents die/year
- Industry's slides are bogus; label 6 states w/o retail monopolies as control states

# **Online Resources**

- ROI fact sheets, costs of child abuse & neglect by state at http://www.childrenssafetynetwork.org/publications\_resources/ showPubByTopic.asp?pkTopicID=10
- Underage drinking by state www.udetc.org/factsheets
- Hospitalized injury by cause & age group in 38 states, 2007; impaired driving in 50 + DC – www.hsc.wvu.edu/icrc/AHRQFORM.asp
- Crime costs by state, total or alcohol & drug involved : e-mail taylor@pire.org (also use that address for problems or free technical assistance. Dexter Taylor, PhD, 301-755-2796)
- WISQARS cost module injury deaths by state & cause
- Report on SA prevention ROI http://store.samhsa.gov/shin/ content/SMA07-4298/SMA07-4298.pdf
- Economic evaluation of public health laws & enforcement http://papers.ssrn.com/sol3/papers.cfm?abstract\_id=2012618

#### **References: Injury Costs & Prevention Savings**

- The Cost of Child and Adolescent Injuries and The Savings from Prevention, T Miller, E Finkelstein, E Zaloshnja, D Hendrie. In K Liller (ed.), *Injury Prevention for Children and Adolescents: Research, Practice, and Advocacy*, Second Edition, Washington DC: American Public Health Association, 21-82, 2012.
- Economic Evaluation of Injury Prevention and Control Programs, T Miller, D Hendrie. In G Li, S Baker. *Injury Research: Theories, Methods and Approaches*, New York: Springer, 641-666, 2012.
- Incidence and Economic Burden of Injuries in the United States, 2000, with E Finkelstein, P Corso, T Miller, I Fiebelkorn, E Zaloshnja, B Lawrence. New York City: Oxford University Press, 2006.
- Cost-Outcome Analysis in Injury Prevention and Control: 84 Estimates for the United States, T Miller, D Levy, Medical Care, 38:6, 562-582, 2000.

#### SUMMARY

- Injury is the leading child health risk
- Prevention yields large savings for taxpayers
- Often unrealistic to expect State gov't savings unless we target to Medicaid population
- Laws & enforcement often save the State \$
- People do not understand big numbers
- Select costs to suit the audience
- You cannot spend some savings
- Put a face with the \$





#### **Contact Information:**

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- George Bahouth: <a href="mailto:gbahouth@pire.org">gbahouth@pire.org</a>

#### www.ChildrensSafetyNetwork.org

Thank you for attending today's session!