



#### Youth Violence Prevention Research and Practice: A Public Health Approach

Presenters: Howard Spivak, MD Sarah Bacon, PhD

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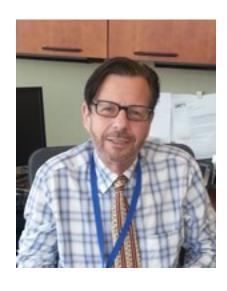


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# **Our Speakers**



Howard Spivak, MD
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# Youth Violence Prevention Research and Practice: A Public Health Approach

Howard Spivak, MD Sarah Bacon, PhD

Division of Violence Prevention

National Center for Injury Prevention and Control

Centers for Disease Control and Prevention



#### **Defining Youth Violence**

- Intentional use of physical force or power
- Threatened or actual
- □ Results in (or has high likelihood of resulting in)
  - Injury
  - Death
  - Psychological harm
  - Maldevelopment
  - Deprivation
- Ages 10-24

#### The Public Health Approach to Prevention

Increased use of evidence-based strategies

Implement and Disseminate

**Assess changes in violent behavior** 

Develop and Evaluate Prevention Strategies

Identify Risk, Protective Factors

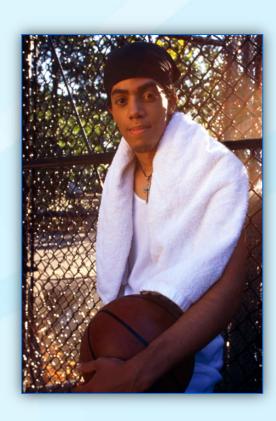
**Understand modifiable factors** 

Surveillance to Describe the Problem

Track trends in violent deaths, injuries, school shootings, and youth risk behavior; identify most affected populations and subgroups

# **Youth Violence**

13



# **Emergency Department Visits for Youth Violence**

- □ 1,738 assault-related injury visits for youth ages 10-24 each day
- **□**634,000 youth treated in 2012



CDC, National Center for Injury Prevention and Control. Web-based Injury Statistics Query and Reporting System (WISQARS). Available from: www.cdc.gov/injury/wisqars/nonfatal.html

#### **Disparities in Youth Violence Victims**

- ☐ Males and racial/ethnic minority youth experience the greatest burden of violent deaths
- ☐ Homicide rates among youth aged 10-24

Males:12.7/100,000

Females: 2.1/100,000

African American: 28.8/100,000

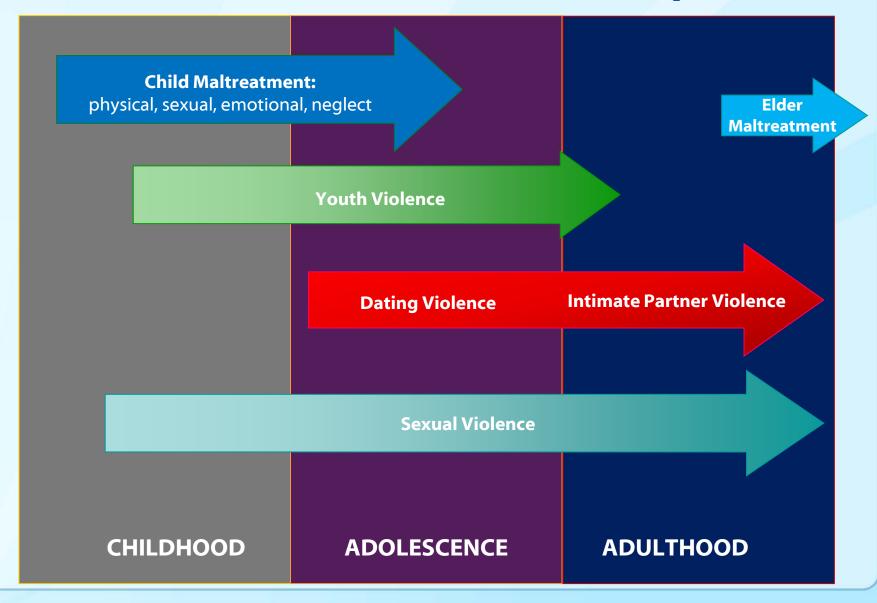
Hispanic: 7.9/100,000

Non-Hispanic White: 2.1/100,000



CDC, National Center for Injury Prevention and Control. Web-based Injury Statistics Query and Reporting System (WISQARS) Available from: webappa.cdc.gov/sasweb/ncipc/mortrate10\_us.html

# Violence Across the Lifespan



#### **Effects of Violence**



# Costs







# **Violence is PREVENTABLE**



# The Importance of Evidence

"The President recently asked [for] an aggressive management agenda ... that delivers a smarter, more innovative, and more accountable government for citizens. An important component of that effort is strengthening agencies' abilities to continually improve program performance by applying existing evidence about what works, generating new knowledge, and using experimentation and innovation to test new approaches to program delivery. This is especially important given current fiscal challenges."

Office of Management and Budget Memo, July 2013

#### **Understanding Evidence**

Evidence tells us whether a program/practice/policy is achieving its intended outcomes.

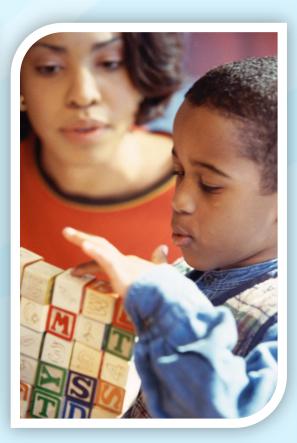
A CDC Guide to Understanding Evidence:

http://www.cdc.gov/violenceprevention/pdf/understanding\_evidence-a.pdf

# **Evidence-Based Programmatic Strategies**







#### **Factors that Affect Health**

Increasing Population Impact

Counseling & Education

Clinical Interventions

Long-lasting Protective Interventions

Changing the Context to make individuals' default decisions healthy

**Socioeconomic Factors** 

#### Examples

Nurse Family Partnerships

Trauma-informed care

Multi-systemic Family Therapy

Therapeutic Foster Care

Early childhood education

Universal School-based Prevention Programs

**Built environment** 

BIDs

Alcohol policies

Policies & interventions that address Poverty, education, housing, inequality, etc.

# **Community-Based Strategies**







# **Economic and Policy Strategies**







#### **Expanding the Evidence Base**







#### **Centers of Excellence in Youth Violence Prevention:**

- Partner with a high-risk community
  - Six centers: Chicago, Flint, Denver, Baltimore, Richmond, Robeson County NC
- Implement a comprehensive package of evidence-based strategies
- ☐ Evaluate the impact on community-wide rates of violence

#### **Building Public Health Capacity and Leadership**

# Funding four local health departments in Houston, Boston, Portland, and Salinas, CA to:

- Partner across sectors
- Make data-driven decisions
- Leverage existing resources
- Implement strategies based on the best available evidence
- Evaluate prevention strategies





#### **Future Challenges**

- Community capacity, readiness, infrastructure
- Dissemination of evidence-based programs
- Basic Research
- Systems Relationships for Prevention Infrastructure
- Translation and Adaptation
- Crossover Prevention

#### **Federal Partnerships for Greater Impact**

- National Forum for Youth Violence Prevention
  - Multiple federal agencies working together
  - Coordinated out of OJJDP
  - Oversight by Steering Committee lead by the White House Domestic Policy Council
  - Aligning efforts, resources and technical assistance
- Working with 10 cities currently
  - Core teams of Mayor, Police Commissioner, School Superintendent and Health Commissioner
  - Working across the spectrum from prevention to reentry
  - Aligning resources, coordinating efforts, developing comprehensive plans, creating inclusive processes



# Sites to visit for more information: www.cdc.gov/violenceprevention vetoviolence.cdc.gov

The findings and conclusions in this presentation are those of the author and do not necessarily represent the official position of the Centers for Disease Control and Prevention.





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